



## It's time to change how we view a child's growth.

From birth to 5 years, there are milestones children should reach in terms of how they play, learn, speak, and act. A delay in any of these areas could be a sign of a developmental problem, even autism. Fortunately, the earlier a delay is recognized, the more you can do to help them reach their full potential.

### Kentucky "Learn the Signs. Act Early."

For more information call: 502.852.7799 • <https://louisville.edu/education/kyautismtraining/actearly>

Seek early intervention, if your child is under age 3, contact the First Steps Program at (800) 442-0087.

Contact your local school district's special education department, if your child is age 3 or older to secure special education services your child is entitled to under the Individuals with Disabilities Education Act (IDEA).



[www.cdc.gov/actearly](http://www.cdc.gov/actearly) | 1-800-CDC-INFO

Department of Health and Human Services  
Centers for Disease Control and Prevention  
Learn the Signs. Act Early.