

Puberty Resources

Books from Amanda L. King Resource Library:

Couwenhoven, Terri. (2007). *Teaching Children with Down Syndrome About Their Bodies, Boundaries, and Sexuality: A Guide for Parents and Professionals*. Bethesda, MD: Woodbine House, Inc.

Schwier, Karin. (2000). *Sexuality: Your Sons and Daughters with Intellectual Disabilities*. Baltimore, MD: Paul H Brookes Publishing Co.

Wrobel, Mary. (2003). *Taking Care of Myself: A Healthy Hygiene, Puberty and Personal Curriculum for Young People with Autism*. Arlington, TX: Future Horizons Inc.

Websites:

<http://www.iidc.indiana.edu/irca/Medical/Puberty.html>

<http://www.iidc.indiana.edu/irca/Medical/Mword.html>

<http://www.nichcy.org/Documents/connections/sexualityeducation.aspx>

<http://www.nichcy.org/FamiliesAndCommunity/Pages/militaryfamilies.aspx>