

UNIVERSITY OF  
**LOUISVILLE**®

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KENTUCKY AUTISM  
TRAINING CENTER 

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Housing Options for Adults with ASD

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Heidi Cooley-Cook

# Prevalence of Individuals with ASD

**49,705 Adults  
with ASD in KY**

\*based on 1 in 68 applied to 2013  
census data for state of KY

## Webinar Series

October 7 – Housing Options for Adults with Autism

November 12 – How to Access Services Available through the Kentucky Office of Vocational Rehabilitation

December 10 – Accessing, Recognizing, and Advocating for Quality Employment Supports

\* All webinars will begin at 12:00 pm EST and will be archived on the KATC YouTube channel

# Housing Options

- With Support
  - Independent
-

# Housing Options

- With Supports
    - Own home/condo
    - Rent home/condo/apartment
    - With Family
    - With Friend
    - With a Service provider
    - Dormitory
-

# Supports for Community Living Waiver

- Participant Directed non-medical, non-residential services
- Blended traditional and participant directed services
- Traditional Services

\*\*\* must have an intellectual disability and eligible to receive services at an ICF/MR and meet Medicaid requirements

\*For more information call 502-564-7702

# Supports for Community Living Waiver

- ❖ Voluntary Participation
- ❖ Freedom of Choice
- ❖ Respect for the Participant
- ❖ Human and Civil Rights
- ❖ Integration into the Larger Natural Community
- ❖ Participation in Care
- ❖ Quality of Care

# Supports for Community Living Waiver

Types of Residential Services

- Technology Assisted Level I Residential Services
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# Supports for Community Living Waiver

## Types of Residential Services

- Technology Assisted Level I Residential Services
  - Level II Residential Services
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# Supports for Community Living Waiver

## Types of Residential Services

- Technology Assisted Level I Residential Services
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- Shared Living

# Supports for Community Living Waiver

## Types of Residential Services

- Technology Assisted Level I Residential Services
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# Michelle P. Waiver

- Homemaker
- Attendant Care
- Personal Care
- Behavioral Supports
- Respite
- Environmental and Minor Home Adaptations

\*Contact our local Community Mental Health Center

# Home and Community Based Waiver

- Homemaker services
- Personal Care Services
- Respite Care
- Minor Home Adaptations
- Attendant Care

\*Ask for Home Health Agency that perform as HCB provider

# Hart Supported Living Program

May cover expenses/services not covered by other programs/waivers/insurance

- One-Time
- On-Going

\*Ask for Regional Hart-Supported Living Coordinator  
502-564-6930

# Housing Options

- Independent
  - Own home/condo
  - Rent home/condo/apartment
  - Dormitory

# Other Possibilities

- Live with parent, sibling, or friend
  - Focus on learning skills necessary for independent living
- Attend Carl D. Perkins Vocational Center and live in dormitory
  - Programs available to assist with social, daily living, academic, and vocational skills
- Attend college and live in dormitory
  - Programs may offer academic, social, and living support



## Other Possibilities

- Carl D Perkins Vocational Training Center
  - Skill Training Programs
  - Academic and Lifeskills Program of Higher Achievement (ALPHA)
  - Access to College Programs
    - Paintsville or Prestonsburg
  - Life Skills Enrichment Program
    - 3 month program

\*Contact 1-800-443-2187

# Other Possibilities

- Kelly Autism Program – Western Kentucky University
  - Private dorm room
  - Study tables
  - Mentoring
  - Socials

\* Contact 270-745-4527

# Any Housing Option

Ensure needs are met

- Safety
- Financial
- Transportation
- Communication
- Nutrition

Previously Recorded Webinars:

- Safety
- Accessing Disability Services at Public Postsecondary Institutions in KY
- Show Me The Money

## Questions?

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<https://louisville.edu/education/kyautismtraining>

