

Bachelor of Science

Health and Physical Education

Teacher Certification



“The faculty members are extremely knowledgeable and resourceful. This has provided me with knowledge and resources to become an effective **PE/Health teacher** in any environment.”

KHALISHA HENDERSON
Health and Physical Educator



“The UofL **Physical Education and Health Program** is everything you need to become an outstanding teacher. The faculty challenge you to make lessons that are thorough. The experience we get during observations and student teaching is amazing.”
CLAY HARDESTY | Health and Physical Educator



EMPOWER

 OUR YOUTH

P-12 Teacher Certification in Health & Physical Education

We empower teacher candidates with expert knowledge, hands-on experience, and a dynamic professional network designed to help launch a successful career.

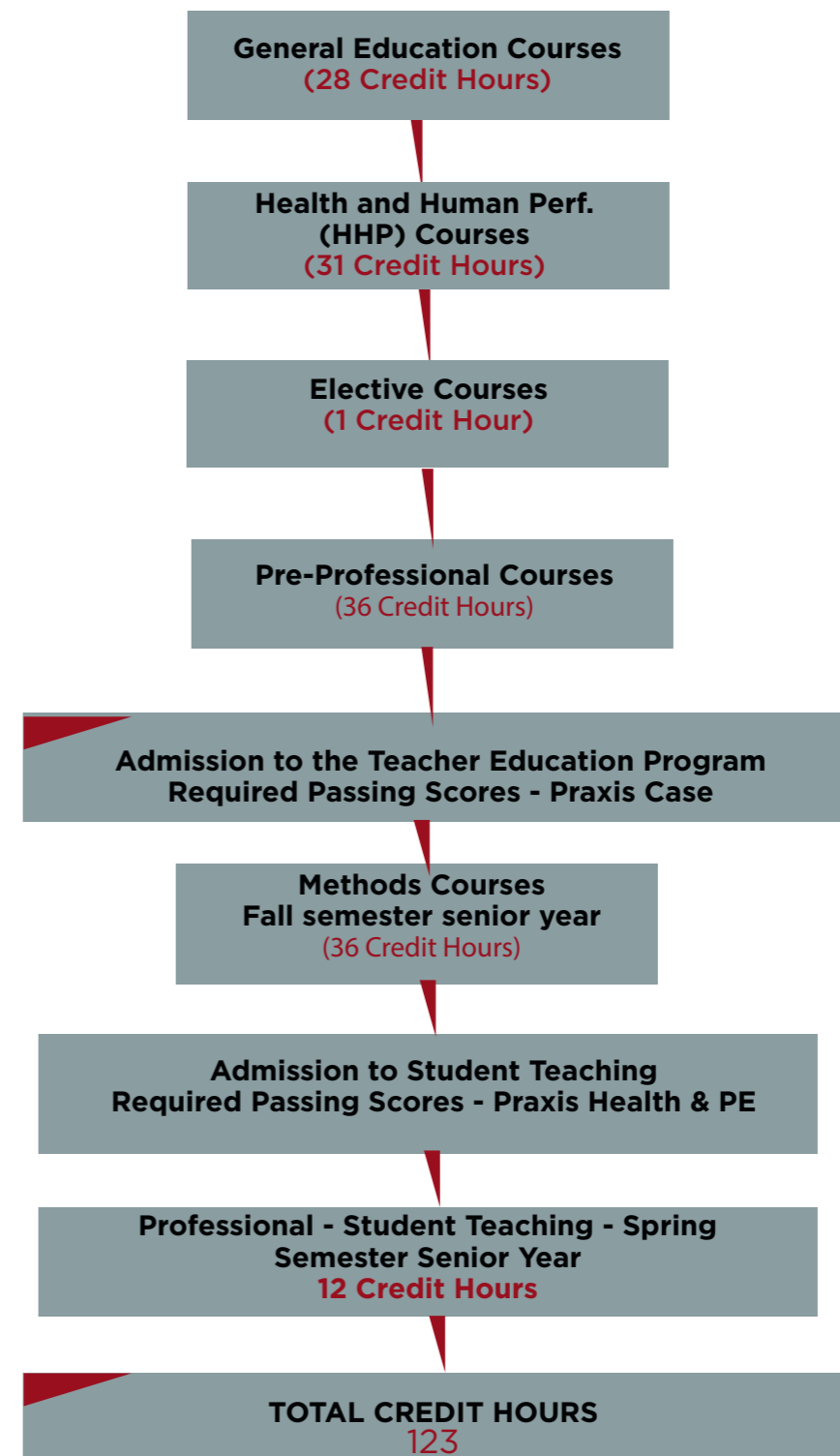
Application materials due February 1

Contact: **Carla Vidoni**
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Become a P-12 Certified Health and Physical Education Teacher

Your teaching pathway:

UNDERGRADUATE PROGRAM





TEACH HEALTH AND PHYSICAL EDUCATION

Certified Health and Physical Educators

Focus on your path to becoming a dynamic physical education teacher.

OUR ADVANTAGES

- High employment rate in local school districts
- High initial salary - \$42,700 (Jefferson County Public Schools district)
- Team up with top notch professors who have extensive health and physical education industry experience

OUR FOCUS

Our focus is to prepare future teachers who can make a difference in the health and active lifestyle of children and youth from diverse backgrounds.

OUR MISSION

Our mission is to provide students in the Department of Health and Sport Sciences (HSS) with skills and knowledge to become leaders in Health & Physical Education curriculum and instruction at local, state, and national levels.



YOUR OPPORTUNITY

A teacher's impact lasts a lifetime.

EXPERIENCE

Every day is active. Students engage in our state of the art classrooms, gymnasias, and laboratories equipped with modern technology and physical activity equipment.

FACULTY

Our diverse team of professors have extensive teaching experience, an enthusiastic approach, and a strong professional network. They care for each individual student.

Our professors are connected to national and international associations, produce scholarly publications, and incorporate global trends to their teaching and research.

LIFESTYLE

Louisville is special because of large school districts for students to have hands-on experience. Students enjoy the affordable urban atmosphere and diverse community.



PROFESSIONAL EXPERIENCES

- In professional courses, students engage, observe, and co-teach health and physical education in diverse public school settings.
- Take advantage of opportunities to participate in volunteering events in public schools, parks and recreation settings. This is available in many stages of the program.

MAJORS CLUB

- The Physical Education & Health Majors Club provides students with extra social, recreational, professional and curriculum opportunities to complement the teacher preparation program.
- Students participate in activities such as fundraising, volunteering, sporting events, and professional development, including workshops and Praxis series study groups.

PARTNER SCHOOLS

Atherton H.S.	Barrett M.S.	Butler H.S.
Central H.S.	Chauncey E.S.	Cochran E.S.
Crosby M.S.	Doss M.S.	Engelhard E.S.
Fern Creek M.S.	JCT M.S.	Johnsontown Rd. E.S.
Jeffersontown E.S.	Jeffersontown H.S.	Klondike E.S.
Maupin E.S.	Medora E.S.	Meyzeek M.S.
Noe E.S.	Oldham County H.S.	Olmsted North M.S.
Seneca H.S.	Southern H.S.	TT Knight M.S.
Tully E.S.	Valley H.S.	Western M.S.

PRE-PROFESIONAL COURSES

HSS 200 | INTRODUCTION TO HEALTH ED

Course provides introduction to health determinants, health behavior change models, and the practice of health education in various settings.

HSS 270 | INTRODUCTION TO PHYS EDU

Provides students with opportunities to observe physical education teachers in K-12 schools. Students acquire knowledge history of sport, health, and physical education and current trends about youth sport development.

HSS 271 | TEACHING PHYSICAL EDUCATION

This course provides students with the basic effective teaching strategies along with research from which they are based.

HSS 326 | MOVEMENT SKILLS & CONCEPTS IN PHYSICAL EDUCATION

This course develops content knowledge in foundational skills including fundamental movement, rhythmic activities, gymnastics, lead-up/modified games, and fitness.

HSS 327 | INVASION & NET GAMES

This course involves development and analysis of invasion and net game skills used in the respective sports.

HSS 328 | TARGET & FIELDING GAMES

This course involves development and analysis of target game and fielding game skills used in the respective sports.

HSS 384 | PROGRAM PLANNING IN HEALTH EDUCATION

This course includes design, implementation, and evaluation of health instruction within the school and community setting.

HSS 455 | CURRENT TRENDS AND ISSUES IN HEALTH EDUCATION

This course involves examination of current literature, research and trends in the health education field.

HSS 462 | ALCOHOL AND DRUG EDUCATION

This course involves key components of drug education and prevention, including skill development.

HSS 463 | SEXUALITY EDUCATION

This course involves the best practices related to teaching sexuality education--methods, materials, and instructional technology for addressing education theories that will be used in designing effective lesson plans for teaching sexuality health education.

HSS 260 | CLASSROOM BEHAVIOR MANAGEMENT

This course teaches planning and designing instruction based on contextual (i.e., student, community, and/or cultural) and pre-assessment data (behavior teaching proposal HAT, tasks, classroom activities).

EDTP 107 | HUMAN DEVELOPMENT & LEARNING

This course involves principles of human development and learning as applied to home and school settings of children from birth to adolescence.

PROFESSIONAL COURSES

HSS 404 | METHODS ELEMENTARY PHYS ED

Course includes the philosophy, objectives, curriculum and methods of teaching physical education to elementary children. This course also includes 70+ hours of field experience in elementary physical education in public schools.

HSS 405 | METHODS IN SECONDARY PHYS ED

Philosophy, objectives, curriculum and methods of teaching physical education to secondary students. Must be taken prior to student teaching. Includes 70+ hours of field experience in secondary (middle or high) physical education in public schools.

HSS 485 | METHODS IN HEALTH EDUCATION

Covers planning, instructional strategies, implementation and assessment of health education related to practical living at the middle and high school levels. Course includes 70+ hours of field experience in secondary (middle or high) physical education in public schools.

HSS 420 | READING AND WRITING ACROSS CURRICULUM

Course involves International Literacy Association standards through authentic classroom experiences with English learners in public schools.

HSS 414 | STUDENT TEACHING IN ELEMENTARY PHYSICAL EDUCATION

Five weeks of supervised observation, participation, and teaching health education at the elementary school level (P-5).

HSS 415 | STUDENT TEACHING IN HEALTH EDUCATION

Five weeks of supervised observation, participation, and teaching health education in middle and high schools.

HSS 416 | STUDENT TEACHING IN SECONDARY PHYSICAL EDUCATION

Five weeks of supervised observation, participation, and teaching health education in middle and high schools.

HSS 477 | CAPSTONE SEMINAR: INITIAL TEACHER CERTIFICATION

Professionalism, reflective teaching skills, and understanding the learner with the instructional context.



-- Samantha Pitts
B.S. '14
MAT '15
Physical and
Health Educator
Central High
School

"The Physical Education and Health Program was a very supportive environment with great resources and opportunities. The courses were very thorough and challenged each student to really work on increasing their skill set. Best of all, the professors are on your side and they do everything they can to assist you. You will graduate with a whole new family by your side."



LOUISVILLE PROFESSORS



CARLA VIDONI

Carla Vidoni received a Ph.D. in Physical Education Teacher Education at Ohio State University, a Master in Education in Physical Education/Teacher Education at University of Nebraska-Lincoln, and a Bachelor of Science with licensure in K-12 Physical Education at São Caetano Physical Education School in Brazil. She taught PK physical education for 10 years. Her primary research is related to how teaching strategies involve students' social interactions in physical education. She is SHAPE American Research Fellow, and a member of the International Association for Physical Education in Higher Education (AIESEP).



CHERYL KOLANDER

Cheryl A. Kolander received her Health and Safety Doctorate (HSD) and Master of Science in Physical Education from Indiana University-Bloomington, and her Bachelor of Arts in Physical Education from Luther College in Iowa. In addition to teaching Health Education courses, she coordinates the School Health program at the University of Louisville. She served as an examiner for the National Council for Accreditation in Teacher Education (NCATE) and Education Professional Standards Board (EPSB). She served as lead program reviewer for the Society of Health and Physical Education (SHAPE) America.



SETH ECKLER

Seth Eckler earned a PhD in Physical Education Teacher Education from the University of Kentucky where he also received a Master of Science in Education and a Bachelor of Science with licensure in both K-12 Physical and Health Education. He has taught both primary and secondary Physical and Health Education as well as being a secondary schools Athletic Director. Seth's primary research interest is related to physical educator teaching behaviors and how those behaviors impact student activity and enjoyment during physical education class. He is a reviewer for the Journal of Physical Education Recreation and Dance Strategies: A Journal for Sport and Physical Educators.



MARTHA PHILLIPS

Martha Phillips received her Master of Arts in Teaching (MAT) and Bachelor of Science in Health and Human Performance - Physical Education and Health from the University of Louisville. In addition to teaching at UofL, she teaches Health Education at Jeffersontown High School. In her public school career, Martha has taught physical education, served as a Kentucky Teacher Internship Program (KTIP) resource teacher, and also as a cooperating teacher.



TARA SCANLAN

Tara Scanlan received a Master of Arts in Teaching (MAT) and Bachelor of Science in Health and Human Performance - Physical Education and Health from the University of Louisville. She is a National Board Certified Teacher in Early and Middle Childhood Physical Education. Tara taught K-5 Physical Education for 11 years in local public schools. She has worked with Jefferson County Public Schools since 2008 presenting professional development workshops and mentoring physical education teachers. Tara has coached elementary basketball, cross-country, cheerleading, and rock climbing during her career.



CODY WINDHORST

Cody Windhorst received her Master of Arts in Teaching (MAT) and Bachelor of Science in Health and Human Performance - Physical Education and Teacher Preparation from the University of Louisville. She received a Bachelor of Science in Business from Indiana University Southeast. She teaches introduction classes for Secondary Physical Education, coordinates field placements, and offers undergraduate advising. She also serves as a Teacher Educator for first year teachers completing their Kentucky Teacher Internship Program (KTIP).



MARY WURST

Mary Wurst received her Master of Science in School and Community Health, and Bachelor of Science in Health and Human Performance - Physical Education and Health from the University of Louisville. In addition to teaching at UofL, she teaches Health Education at Butler Traditional High School. In her public school teaching career, Mary has served as a trainer in the mental wellness and resiliency program called Source of Strength, as a resource teacher during the Kentucky Teacher Internship Program (KTIP), and as a cooperating teacher for student teachers.



louisville.edu/education/degrees/bs-hhp-pe-teach-prep

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