

University of Louisville
College of Education and Human Development
 Requirements for Minor in Wellness Coaching

Education Advising and Student Services
 College of Education and
 Human Development
 University of Louisville
 Louisville, KY 40292
 (502) 852-5597

Name _____
 Address _____
 _____ Zip _____
 Phone # _____ Other Phone # _____
 Student ID# _____
 Email address _____
 Advisor _____

COURSE PREFIX	COURSE NUMBER	COURSE TITLE	CREDIT HOURS	TENTATIVE SEMESTER OFFERED	HOURS EARNED	GRADE EARNED
Core 12 hours						
HSS	382	Wellness Coaching Prerequisite: HSS 184; or instructor consent	3			
HSS	496	Internship in Wellness Coaching Prerequisite HSS 382	3			
HSS	501	Stress and Tension Control Offered spring Prerequisite: HSS 202	3			
PSYC	450	Exercise Psychology -WR Offered fall and summer Prerequisite PSYC 201	3			
Electives: Select 6 hours from the following						
ECPY	507	Learning Theory and Human Growth and Development : Requires 20 hours of service learning	3			
HSS	302	Nutrition in Healthy Living	3			
HSS	303	OR Human Nutrition Prerequisite: CHEM 101, CHEM 105, or CHEM 201				
HSS	394	Foundations of Exercise Physiology Prerequisite: HSS 202	3			
HSS	503	Obesity: Causes, Control Offered fall Prerequisite: HSS 202	3			
HSS	597	Special Topics in Health and Sport Sciences, as approved by advisor	3			
PEAC	350	Mediation and Conflict Transformation Prerequisite PEAC 325	3			
PSYC	581	Introduction to Health Psychology Instructor consent; PSYC 201 recommended	3			
SW	397	Motivation and Change Prerequisite: at least a Junior and minimum 3.0 GPA	3			
Minimum total hours			18			

Entrance Requirement: 2.50 Cumulative University of Louisville GPA.

Exit Requirements: 2.50 GPA is required in Wellness Coaching minor. No D's allowed in minor courses.

Program sheet Addendum Y N

THIS PROGRAM SHEET MUST BE SIGNED BY THE ADVISOR AND THE STUDENT AND SUBMITTED TO THE EDUCATION ADVISING AND STUDENT SERVICES OFFICE BEFORE THE STUDENT CAN BE UNCONDITIONALLY ADMITTED TO THIS PROGRAM.

Student _____ Date _____ Advisor _____ Date _____

Copy to: EASS Student Advisor Dept.