

INSTRUCTIONS FOR FILLING OUT PRACTICUM AND INTERNSHIP SUMMARY

I. COUNSELING ACTIVITY

- A. INDIVIDUAL COUNSELING ACTIVITY refers to face-to-face individual, couple or family interaction between client and therapist. Children are considered birth to 12 years of age, adolescents 13 to 18, adults over 18. Couples are same or opposite sex individuals who are in a romantic relationship. They may be dating, committed to each other or married. Families are groups of individuals who define themselves as a family. This may be adults and children or adults and their parents or other adults who are defined as family members. There need not be a genetic relationship. The definition of family includes traditional married couples with children or parents, same sex couples with children or parents/other adults defined as family members.

Counseling sessions of 30 minutes or less count as ½ hour. Counseling sessions from 31 to 60 minutes in length count as one hour.

- Vocational/Educational planning is defined as career counseling or educational planning. This includes dealing with problems occurring in an educational setting.
- Interpersonal is defined as relational problems; e.g., the focus of counseling is on problems occurring between the client and other individuals.
- Intrapersonal is defined as problems focused within the individual. The primary focus of counseling is upon thoughts and beliefs of the client about themselves and how they experience emotion.
- Marriage/Family includes interventions into the partner/couple or family systems.
- Other may include behavior modification interventions as a primary mode of therapy, interventions focused upon parenting, or other interventions that do not meet the above criteria. Please describe.

B. GROUP COUNSELING

The number of groups refers to different types of groups rather than the number of sessions. For instance, a student might lead a psychoeducational group on grief and co-lead a group of individuals who have experienced sexual violence. This would be two (2) groups. The total number of sessions is how many individual group sessions of any type the student has led or co-led. The total number of hours is how many hours of group the student has led or co-led. This includes only actual time in-group, not preparation time.

Type/Focus of group(s) include psychoeducational, support, therapy, here and now (growth group), social skills, and other. The focus would be information, support for some issue, general therapy or specific problem focused therapy, etc. Describe the specific problem or issues the group is designed to address. This may include support for patients recently released from mental hospitals, education about HIV/AIDS, social skills for AD/HD male children, etc.

Hours of supervision for group only (also include in summary below) means supervision focused on group only. There hours are also contained in the summary of supervision.

C. CONSULTING ACTIVITY

Consulting activity is any activity where the student provides expertise to someone that is not primarily focused upon therapy. For instance, consulting with a teacher about modifying the behavior of a child, consulting with an agency about their programs in a certain area that is within the expertise of the student/agency, helping an agency develop a program to serve a particular population, helping an agency understand the population they are serving. Examples include consulting with a girl scout troop leader about her troop where several girls are experiencing the divorce of their parents; helping a family resource director select therapeutic games for her volunteers to play with referred children, examining a curriculum for possible emotionally loaded subjects; or helping a parent who is not currently in therapy with you understanding the needs of their geriatric-aged memory impaired parent. Briefly describe consulting activity and number of contacts.

D. ASSESSMENT ACTIVITY

Assessment includes administering, scoring and writing reports using psychological instruments. It also includes using behavioral observation. Briefly describe any assessment procedures, instruments used, etc.

II. SUPERVISORY ACTIVITY

Class Supervision refers to the entire practicum class, e.g., the number of hours spent in class. Group supervision is the amount of time the student receives supervision on-site in a group format (more than one supervisee and one or more supervisors). These two categories of supervision are added together and reported here since practicum class is generally group supervision.

Individual Supervision is the amount of one-on-one supervision between practicum on-site supervisor and student.

Educational activities refer to any educational forum provided by the practicum site. It may be on-site or at another location. It may be a formal workshop or informal instruction.

On-Site Supervision is the total of practicum on-site group and individual supervision.

TOTAL refers to the number of hours in class and the number of hours for all other supervision in individual and group formats.