

University of Louisville  
 College of Education and Human Development  
 Requirements for Bachelor of Science in Health & Human Performance  
 Concentration - Exercise Science

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone # \_\_\_\_\_ Other Phone # \_\_\_\_\_  
 Social Security # \_\_\_\_\_ Student ID# \_\_\_\_\_  
 Email address \_\_\_\_\_

Education Advising Center  
 College of Education and  
 Human Development  
 University of Louisville  
 Louisville, KY 40292  
 (502) 852-5597

**Degree Requirements:** A minimum of 123 hours with an overall grade point average of 2.25 is required including a minimum of 34 hours of general education requirements, which are available on separate sheet in the Education Advising Center. A minimum of 50 hours at the 300-level are required. Only one "D" will be accepted in HSS courses.

COURSE PREFIX	COURSE NUMBER	COURSE TITLE	CREDIT HOURS	SEMESTER OFFERED F/S/U	HOURS EARNED	GRADE EARNED
<b>Additional Courses Required (6 hours)</b>						
HSS	181	Academic Orientation	1			
HSS	101- 167	Physical Education Activity Courses	2			
HSS	184	Healthy Lifestyles I	3			
<b>Core Courses (30 hours)</b>						
HSS	180	First Aid and Safety Education	3			
HSS	202	Human Anatomy and Physiology	3			
HSS	293	Social and Psychological Dimensions of Physical Activity	3			
HSS	302	Nutrition in Healthy Living <b>OR</b>	3			
HSS	303	Human Nutrition	3			
HSS	320	Growth and Motor Development Across the Lifespan	3			
HSS	377	HSS Tests and Measurements	3			
HSS	387	Biomechanics	3			
HSS	394	Introduction to Exercise Science	3			
HSS	418	Diverse Populations in Physical Activity and Health	3			
HSS	492	Internship/Practicum in HSS	3			



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Name \_\_\_\_\_  
 Social Security \_\_\_\_\_  
 Degree Program \_\_\_\_\_  
 Content Area (if applicable) \_\_\_\_\_

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*Please list courses transferred from other Colleges/Universities.*

Course (course number and title)	SEMESTER HOURS	University or College

**Course Substitution**

Required Course (course number, title, and hours)	Substitution (course number, title, and hours)	Reasons for the Substitution

<b>NOTES</b> (any additional information regarding student's program)

THIS PROGRAM SHEET MUST BE SIGNED BY THE ADVISOR AND THE STUDENT AND SUBMITTED TO THE EDUCATION ADVISING CENTER BEFORE THE STUDENT CAN BE UNCONDITIONALLY ADMITTED TO THIS PROGRAM.

\_\_\_\_\_  
 Advisor Date Student Date

Copy to:                      EAC                       Student                       Advisor                       Dept.