

## **Alumni Spotlight**

***Katrina Neubauer Kaufman***

***Community Health Graduate May 2014***

Katrina Neubauer Kaufman is the Program Coordinator at University of Louisville's Health Promotion Office. She works to create and provide services and programs to support students' resilience and wellbeing. Katrina trains and supervises student Health Advocate Leaders and specializes in the areas of fitness and movement, food, nutrition and cooking, and student and volunteer engagement. Her work provides the opportunity to collaborate with many campus partners including the BRICC Coalition, PEACC Center, Intramurals, Counseling Center, various academic departments, i2a, housing and residence life, athletics, First Year Initiatives, and more! Katrina has her Bachelor's of Science in Communication and her Master's of Education in Community Health from the University of Louisville. Go Cards!



## ***Mandy Parente***

### ***Community Health Graduate May 2015***

Mandy Parente is the Health Education Coordinator in the Counseling and Wellness Center at New College of Florida, in Sarasota, Florida. As the first Health Educator in the history of New College, Mandy is currently working towards creating a sustainable health promotion program that is tailored for the unique dynamics of a small, public, liberal arts, honors college. In her role as the Health Educator, Mandy also serves as the Chairperson for the Campus Wellness Committee, and as a Case Manager for the Student Care Team. Mandy holds a Bachelor's of Arts in Criminal Justice from the University of West Florida, in Pensacola, Florida, a Master's of Education in Community Health from the University of Louisville, and is a Certified Health Education Specialist.



## ***Ime Okpokho***

### ***Community Health Graduate May 2015***

Ime Okpokho is the Healthy Actions Program Manager at the YMCA of Greater Louisville. Ime oversees the associations' youth wellness programs including Y5210, Metro Youth Advocates, and Run. Louisville, Run! Y5210 is a youth wellness program teaching children in K-5<sup>th</sup> grade the importance of leading a well-balanced lifestyle by consuming 5 servings of fruits and vegetables, having 2 hours or less of screen time, 1 hour or more of physical activity, and 0 sugary drinks. Metro Youth Advocates develops youth's skills to inspire, inform, and engage them to take an active role in identifying their community needs to effectively advocate for policy change. Run. Louisville, Run! partners youth with adult mentor runners to complete the Louisville Triple Crown which is made up of 3 races: the Anthem 5 K, the Rhodes 10K, and the Papa John's 10 miler. In addition, she helps with the YMCA's Diabetes Prevention Program and is currently working on implementing a youth obesity prevention program. Ime earned her Bachelor of Science in Health and Human Performance with a concentration in Public Health Education and her Master's of Education in Community Health both from the University of Louisville, and is a Certified Health Education Specialist. GO CARDS!



## **Student Spotlight**

***Kelly Krawiec***

***Community Health Graduate Student***

Kelly Krawiec is a Community Health (Med) student in the Department of Health and Sport Sciences at the University of Louisville in Kentucky. She received her BS in Health and Human Performance with a concentration in Public Health Education from the University of Louisville in 2013. Kelly has participated in multiple community health outreach programs including an employee wellness smoking cessation program, YMCA's youth healthy living program (Y5210), youth leadership conferences (LTC), YMCA's Adult Day Center program, and YMCA's Diabetes Prevention Program. She has also participated in multiple health advocacy events, including Youth Advocacy Day at the Capitol Hill in Frankfort, KY, Kentucky Teen Institute's Fall Summit in Bowling Green, KY, and Society of Public Health Education's Annual Advocacy Summit in Washington D.C. Kelly's main focus is centered around improving the quality of life in end of life elderly care. She has researched different levels of this issue while in the Med program, including the interpersonal, intrapersonal, and research component. Currently, Kelly is focusing on building her experience with policy change and research analysis. She is working with a healthcare analytics company in Louisville focused on improving care for Medicare and Medicaid patients. Her overall goal with her MEd background is to change the social and psychological well-being of elderly individuals by implementing programs and policy changes in end of life care facilities.



## ***Tiffany Monyhan***

### ***Community Health Graduate Student***

Tiffany Monyhan is the Program Coordinator for the Office of Graduate and Postdoctoral Studies at the University of Louisville School of Medicine. In her role, she assists the department in the recruitment and support of Masters and PhD students in the Integrated Programs in Biomedical Sciences, where students are equipped to conduct vital health research. Tiffany has a passion for all things health and wellness. She has been published in the state health journal *Kentucky Association for Physical Education, Recreation, and Dance* and her main areas of focus in her studies are health disparities, health advocacy, and nutrition and food access in disadvantaged communities. Tiffany received her Bachelor of Arts in Sociology and is currently in her last semester of the Masters of Education in Community Health program at the University of Louisville.

