

# Facebook, Twitter, & Instagram: *How can they be used to improve our mental and physical health?*

**Date:** January 29, 2015

**Time:** 7:00-8:00 p.m.

**Location:** Second Presbyterian Church  
3701 Old Brownsboro Road  
Louisville, KY 40207  
(I-71 to Zorn Avenue to left on Brownsboro Road/US 42  
To left on Pennington Lane to 3701 Old Brownsboro Road)

**Presenters:** Robert Caudill, M.D.  
Associate Professor,  
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## **Objectives:**

Attendees will.....

1. Be able to define and distinguish among several prominent social media platforms.
2. Be able to weigh various risks and benefits associated with use of social media.

*“Building Hope” community presentation series... .. free and open to the public*

Sponsored by:  
University of Louisville Depression Center  
UofL Department of Psychiatry and Behavioral Sciences  
UofL Health Care Outpatient Center  
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