

ELEVENTH ANNUAL UNIVERSITY OF LOUISVILLE

# Depression Center Conference



### Registration Information

**Registration Deadline:** Deadline for online registration is 12 Noon, Thursday, November 9. Day of, walk-in registration is also accepted.

### How to register

Online: <http://bit.ly/depression17>

### Registration fees

Non UofL Healthcare professionals: \$100  
UofL Physicians, Nurses, Residents, Fellows, faculty and students: Free

### Refund policy

Requests for cancellation must be submitted to [cmepd@louisville.edu](mailto:cmepd@louisville.edu) on or before Friday, October 27, 2017. Requests received on or before Friday, October 27, 2017 will receive a full refund less a \$25 processing fee. No refund will be given for requests received after Friday, October 27, 2017.

### Special Services

All individuals are encouraged to participate. To request disability arrangements, contact us at [CME&PD@louisville.edu](mailto:CME&PD@louisville.edu) at least 14 days prior to the conference. Continuing Medical Education and Professional Development fully complies with the legal requirements of the ADA and the rules and regulations thereof.

### Accreditation Statement

The University of Louisville School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Continuing Education Credit

**Physician Credit** – The University of Louisville Continuing Medical Education office designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nursing Credit** – This program has been approved by the Kentucky Board of Nursing for 7.5 continuing education credits through University of Louisville Hospital, provider number 4-0068-7-18-1015. The Kentucky Board of Nursing approval of an individual nursing education provider does not constitute endorsement of program content.

**Social Work** – The Kentucky Board of Social Work has approved this program for 6.5 hours Approval Number: KBSW 2017 078.

**Psychology** – Kentucky Board of Examiners of Psychology has approved this program for 6 hours of continuing education credit.

**Marriage and Family Therapists** – Credit has been applied for with the Kentucky Board of Licensure for Marriage and Family Therapists (LMFT). Determination of credit is pending.

**November 9–10, 2017**

The Clifton Center, Louisville, Kentucky  
2117 Payne Street

<http://bit.ly/depression17>

## Conference Overview

The aim of this conference is to expand participant's knowledge and skills in the treatment of mood and personality disorders. With a focus on some of the most promising developments in biological psychiatry and psychotherapy, participants will learn about advanced methods for challenging clinical problems.

### Course Director:



#### Jesse H. Wright, MD, PhD

Professor and Kolb Endowed Chair in Outpatient Psychiatry  
Director  
University of Louisville Depression Center  
Department of Psychiatry & Behavioral Sciences  
University of Louisville  
Louisville, KY

### Keynote Speakers:



#### Kate Comtois, PhD, MPH

Professor  
Department of Psychiatry & Behavioral Sciences  
University of Washington  
Director of DBT Program  
Harborview Mental Health Services  
Seattle, WA



#### John F. Greden, MD

Rachel Upjohn Professor of Psychiatry and Clinical Neurosciences  
University of Michigan  
Executive Director  
University of Michigan Depression Center  
Ann Arbor, MI



#### G. Randolph Schrod, MD

Associate Clinical Professor  
Department of Psychiatry & Behavioral Sciences  
University of Louisville  
Managing Partner and Principal Investigator for TMS Research  
Integrative Psychiatry  
Louisville, KY

### Additional Faculty:

#### Laura Frey, PhD, LMFT

Assistant Professor  
Couple and Family Therapy  
Kent School of Social Work  
University of Louisville  
Louisville, KY

#### W. David Lohr, MD

Associate Professor, and Director of Research in Child and Adolescent Psychiatry  
Department of Pediatrics, Division of Child and Adolescent Psychiatry and Psychology  
University of Louisville  
Louisville, KY

#### Stephen S. O'Connor, PhD

Assistant Professor  
Department of Psychiatry & Behavioral Sciences  
Director of Faculty Research Development, and Associate Director  
University of Louisville Depression Center  
University of Louisville  
Louisville, KY

#### Christopher K. Peters, MD

Associate Professor  
Department of Pediatrics, Division of Child and Adolescent Psychiatry and Psychology  
University of Louisville  
Louisville, KY

#### Jessica Reis, MD

Instructor  
Department of Psychiatry & Behavioral Sciences  
University of Louisville  
Louisville, KY

#### Erika Ruth, MD

Assistant Professor, and Director, Addictions Program  
Department of Psychiatry & Behavioral Sciences  
University of Louisville  
Louisville, KY

#### Kathy Vincent, MD

Professor and Vice-Chair for Education  
Department of Psychiatry & Behavioral Sciences  
University of Louisville  
Louisville, KY

## Conference Schedule

**Public Presentation** (Free and open to the public; No CME Credits Offered)  
November 9, 2017, 6-7 p.m., The Clifton Center

**Target Audience:** Persons who suffer from mood disorders and related conditions, family members, caregivers, mental health advocates, psychiatrists, psychologists, social workers, nurses, and other mental health clinicians.

### Learning Objectives

1. Recognize that that "one size treatment will never fit all," and the aim is to develop personalized, precision treatments for each depressed person.
2. Summarize the progress that is being made to find the "best treatment for each person."
3. Describe the steps that may be required to attain and maintain the goal of lifetime wellness.

### Session

5:45-6 PM	<b>Registration</b>
6-6:45 PM	<b>Depression 2017: Finding the Best Treatment for Each Person</b> John F. Greden, M.D.
6:45-7 PM	<b>Questions and Answers</b>

## Professional Conference

November 10, 2017, 7:45 a.m.-4:30 p.m., The Clifton Center

**Target Audience:** Psychiatrists, psychologists, social workers, nurse practitioners, primary care physicians, and other mental health clinicians.

### Learning Objectives

1. Describe the strategies and barriers for determining personalized, precision treatments for depressions and bipolar illnesses.
2. Identify the fundamental theories and methods of dialectical behavior therapy.
3. Define clinical indications and expected outcomes for neuromodulation therapies for depression.
4. Describe DBT methods that can help disabled persons succeed at work.
5. Identify effective strategies for treatment of depression in children and adolescents.
6. Describe current "best practices" in the diagnosis and treatment of opiate dependence.
7. Recognize early warning signs of depression treatment resistance; detail strategies to overcome them.
8. Identify clinical strategies to support both suicide attempt survivors and their family members.
9. Describe the risks and benefits of pharmacotherapy and psychotherapy during the perinatal period.

### Morning Session:

7:45-8:20 AM	<b>Registration and Continental Breakfast</b>
8:20-8:30 AM	<b>Welcome</b> Jesse H. Wright, M.D., Ph.D.
8:30-9:20 AM	<b>Personalized, Precision Treatments for Depressions and Bipolar Illnesses: The Time has Come!</b> John F. Greden, M.D.
9:20-9:45 AM	<b>Break</b>
9:45-10:35 AM	<b>Dialectical-Behavior Therapy in Action: Core Principles and Methods</b> Kate Comtois, Ph.D., MPH
10:35-11:35 AM	<b>Synapses to Circuits: Neuromodulation of Brain Dysrhythmias in Depression</b> G. Randolph Schrod, Jr., M.D.
11:35 AM-Noon	<b>Panel Discussion</b> Drs. Greden, Comtois, Schrod, and Wright
Noon-1 PM	<b>Lunch</b>
1-2:30 PM	<b>Afternoon Session:</b> <b>Workshop I</b> (schedule at right); Participants choose one workshop for each time slot: 1-2:30 PM and 2:50-4:20 PM
2:30-2:50 PM	<b>Break</b>
2:50-4:20 PM	<b>Workshop II</b>
4:30 PM	<b>Conference adjourns</b>

### Workshops:

1-2:30 PM	<b>1. Using DBT to Move from Symptom Reduction to Life Change: A Plan to Work</b> Kate Comtois, Ph.D., MPH
	<b>2. Treatment of Depression in Children and Adolescents</b> Christopher K. Peters, M.D. W. David Lohr, M.D.
	<b>3. The Opiate Epidemic: What Can Clinicians Do?</b> Erika Ruth, M.D.
2:50-4:20 PM	<b>1. Preventing Treatment Resistant Depression: It May Be Possible</b> John F. Greden, M.D.
	<b>2. Helping Families Heal After a Suicide Attempt: Clinical and Family Systems Approaches</b> Stephen S. O'Connor, Ph.D. Laura Frey, Ph.D.
	<b>3. Treatment of Perinatal Depression: From Preconception Planning Through Pregnancy to the Post-partum Period</b> Kathy Vincent, M.D. Jessica Reis, M.D.



We thank our supporting and exhibiting companies for their participation in the "2017 Annual Depression Conference: Searching for Solutions: Advances in the Treatment of Mood and Personality Disorders" conference!

A final listing of supporters and exhibitors will be available at the meeting.