

2021 Annual Depression and Mood Disorders Conference - Schedule
“Progress in the Treatment of Mental Disorders: Practical Skills for Clinicians”

Professional Conference – November 5, 2021 (CME and Continuing Education credits offered)

Virtual, via Zoom. Registration link: <https://bit.ly/UofLDCC21>

Morning Keynotes:

8:50 AM

Welcome, Jesse H. Wright, M.D., Ph.D.

9-10 AM

Treatment of PTSD: What’s New, What Works”

Barbara Rothbaum, Ph.D.



Professor and Associate Vice-Chair of Clinical Research, Director, Trauma and Anxiety Recovery Program, Department of Psychiatry and Behavioral Sciences, Emory University School of Medicine

Learning Objectives:

- 1) become familiar with the signs and symptoms of post-traumatic stress disorders; learn to recognize PTSD in patients and understand its consequences and common comorbidities, particularly mood disorders
- 2) become familiar with various treatments for PTSD, including description and rationale for treatment as well as available data on its efficacy

10-11 AM

“Pharmacological Approaches to Treatment-Resistant Depression (TRD)”

Maurizio Fava, M.D.



Psychiatrist-in-Chief, Massachusetts General Hospital, Associate Dean for Clinical and Translational Research, and Slater Family Professor of Psychiatry at Harvard Medical School

Learning Objectives:

- 1) to become familiar with the most common pharmacological strategies to the treatment of resistant depression and with the evidence for their efficacy
- 2) to learn about some of the most recently discovered drug treatments for resistant depression

11 AM-12 Noon

“Unraveling the Complexity of Eating Disorders”

Cheri Levinson, Ph.D.



Associate Professor and Director, Eating Anxiety Treatment Laboratory, Department of Psychological and Brain Sciences, University of Louisville

Learning Objectives:

- 1) enhance knowledge of the different types of eating disorders
- 2) understand treatment options for eating disorders
- 3) learn about novel treatment research for eating disorders

12 Noon-1 PM

---Lunch---

Afternoon Workshop:

1-2:30 PM

“Exposure Therapy for PTSD”

Barbara Rothbaum, Ph.D.

Learning Objectives:

- 1) become familiar with cognitive behavioral therapy (CBT) for PTSD. Specific CBT techniques to be covered include prolonged exposure
- 2) learn the basics of prolonged exposure and its efficacy with PTSD

2:30 PM - Complete online Conference Evaluation and receive Certificate of Attendance. Social Work participants certificates will be emailed.