

This Event is Free and Open to the Public

“Computer Programs and Apps for Mental Health: How Technology Can Help You Overcome Depression and Anxiety”

7:00 p.m. – 8:00 p.m.

Wednesday, December 5th, 2018

University of Michigan Depression Center Auditorium
4250 Plymouth Road, Ann Arbor

Presenter

Jesse H. Wright, M.D., Ph.D.

Kolb Endowed Chair of Outpatient Psychiatry
Director, Depression Center
University of Louisville

Pioneering researcher on computer-assisted
psychotherapy.



About the Topic

Come hear this special, free public lecture that will show you:

- 1) Computer programs and applications for depression and anxiety
- 2) How live psychotherapy can work with programs and apps
- 3) Show how to use these tools



Funding for the NNDC Visiting Professor Program was awarded through a competitive grant from the NNDC (nndc.org), a nonprofit association of leading depression and mood disorders centers from across the United States.

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