

# Ebola

## Guidelines for Students, Staff and Faculty returning from West Africa

The University of Louisville is issuing the following guidelines to physicians, faculty, staff and students who may be returning from travel to Sierra Leone, Guinea, Liberia or Nigeria, the countries involved in the current Ebola outbreak in West Africa. While the probability of transmission of Ebola Virus Disease is highly unlikely, UofL wants to ensure a safe and healthy campus during this outbreak. These guidelines explain the protocol for monitoring travelers' health upon their return to the university community. Therefore, UofL has put in place the following **protocol for all physicians, faculty, staff and students who have recently traveled to or are planning to travel to Sierra Leone, Guinea, Liberia or Nigeria. All guidelines are based on current CDC and WHO recommendations.**

### Who to contact upon return

- **Physicians, faculty, staff and students:** Prior to returning to work after travel, UofL faculty/staff should contact Trish Cooper, RN at Campus Health Services for a brief risk assessment in regards to the Ebola outbreak. Trish may be reached at 852-6479. This line is answered 24 hours per day.

### Symptoms of Ebola Virus Disease:

- Fever of 101.5 or greater
- Headache
- Joint and muscle aches
- Abdominal or stomach pain
- Weakness
- Lack of appetite
- Vomiting, and/or diarrhea
- Rash
- Red eyes
- Hiccups
- Cough
- Chest pain
- Difficulty breathing
- Difficulty swallowing
- Unexplained bleeding or blood in your stool or vomit

**What if I develop a fever or symptoms?**

If you have traveled to a high risk country in the past 3 weeks and develop a fever of 101.5 degrees or higher or any of the symptoms listed above, **DO NOT REPORT TO WORK OR SCHOOL**. You should seek medical care immediately. Call your healthcare provider or facility in advance to notify them of your symptoms and risk of Ebola Virus Disease exposure. This allows the staff or facility to prepare for your safe arrival and care. Do not use public transportation, as you may expose others. If you are unable or too ill to get yourself to the doctor or emergency room, call 911 immediately.

Thank you for your commitment to providing a safe environment. We truly care about your personal well-being.