



## **EAP Art Activity**

Pick one of the four ancestral proverbs and make an art piece of your own with the image and/or meaning. These will be displayed in the Diversity & Equity MPR back wall!

## Guidelines

- Include proverb written out on the piece
- No larger than 8x11
- Submit piece by Friday, August 28th to be featured on the DEC MPR wall









Sankofa is an African word from the Akan tribe in Ghana. The literal translation of the word and the symbol is "it is not taboo to fetch what is at risk of being left behind" or "Go back and get it."



In Lak'ech: You are my other me. If I love and respect you, I love and respect myself. If I do harm to you, I do harm to myself. -Mayan Inspired Poem, Luis Valdez



A common Zulu tribe greeting, Sawubona means "I see you, you are important to me and I value you". It's a way to make the other person visible and to accept them as they are with their virtues, nuances, and flaws. In response to this greeting, people usually say with "Shiboka", which means "I exist for you".



Ubuntu is a Nguni Bantu term meaning "humanity." It is often translated as "I am because we are," or "humanity towards others," or in Xhosa, "umntu ngumntu ngabantu" but is often used in a more philosophical sense to mean "the belief in a universal bond of sharing that connects all humanity.