Women’s Support Group

[](https://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjCkrWCqs3KAhVkv4MKHYJBCKoQjRwIBw&url=http://airshipdaily.com/blog/female-subcultures-of-the-world-alay-zoku&bvm=bv.112766941,d.amc&psig=AFQjCNGyXVQhLLfy_XG60Uj4Wgv4Cr-TJg&ust=1454098513541678)

Join us for a time of healing, sharing, and empowerment in a safe, judgment-free environment for students. The group will address many issues we struggle with as women: self-esteem, identity, relationship, body image, work/school/life balance, health, family, and so much more.

Location: U of L Counseling Center at Cardinal Station, 215 Central Ave, Suite 201

Time/Date: Wednesdays 4:30 PM-5:30 PM

If you are interested in joining the group or have questions, feel free to contact the group leader, Dr. Sarah Kolb, at 852-6585 or via email [skrams02@exchange.louisville.edu](mailto:skrams02@exchange.louisville.edu)