

UofL Counseling Center

International Student Support Group

This support group is the place to talk about your adjustment to U.S. life and receive support from other international students. We will cover topics such as homesickness, adjusting to the U.S. school system, making friends, coping skills, etc. We are also open to other topics group members would like to address.

Location: U of L Counseling Center 215 Central Ave Suite 201 at Cardinal Station (on the #94 shuttle bus route).

Time/Date: Fridays 3:00pm – 4:30pm, starting on February 26

Please call or email the Counseling Center to confirm your first group session.

If you are interested in joining the group or have any questions, please contact group leaders at (502) 852-6585 or via email

Ted (Tetsuo) Sato at t0sato01@exchange.louisville.edu or

Dr. Ruby Casiano at r0casi01@exchange.louisville.edu

