

TIM&SARA
**Cultural Adaptation of a Socio-
Emotional Competency Program
for Adolescents**

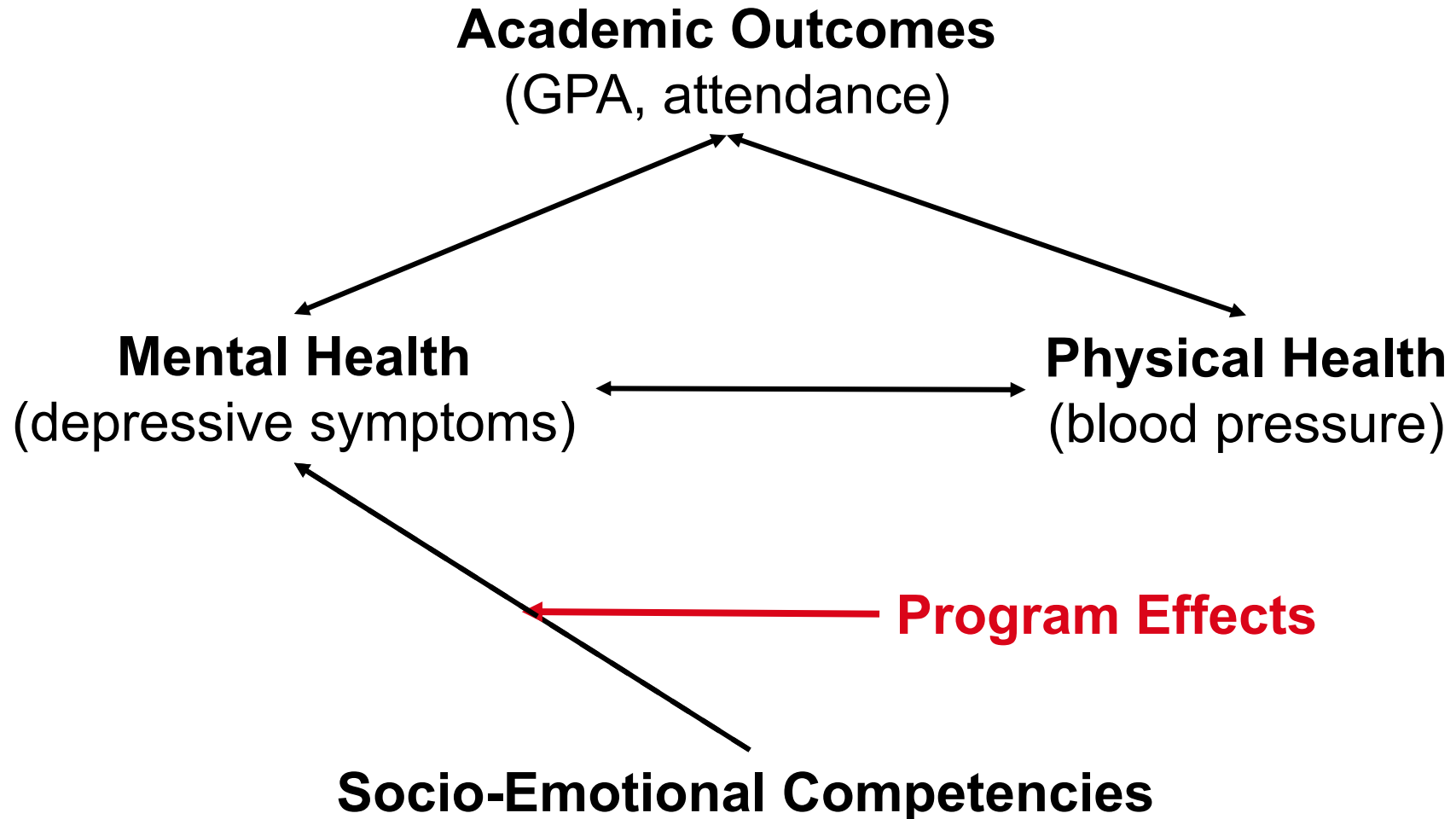
Patrick Pössel & Abbie Sell

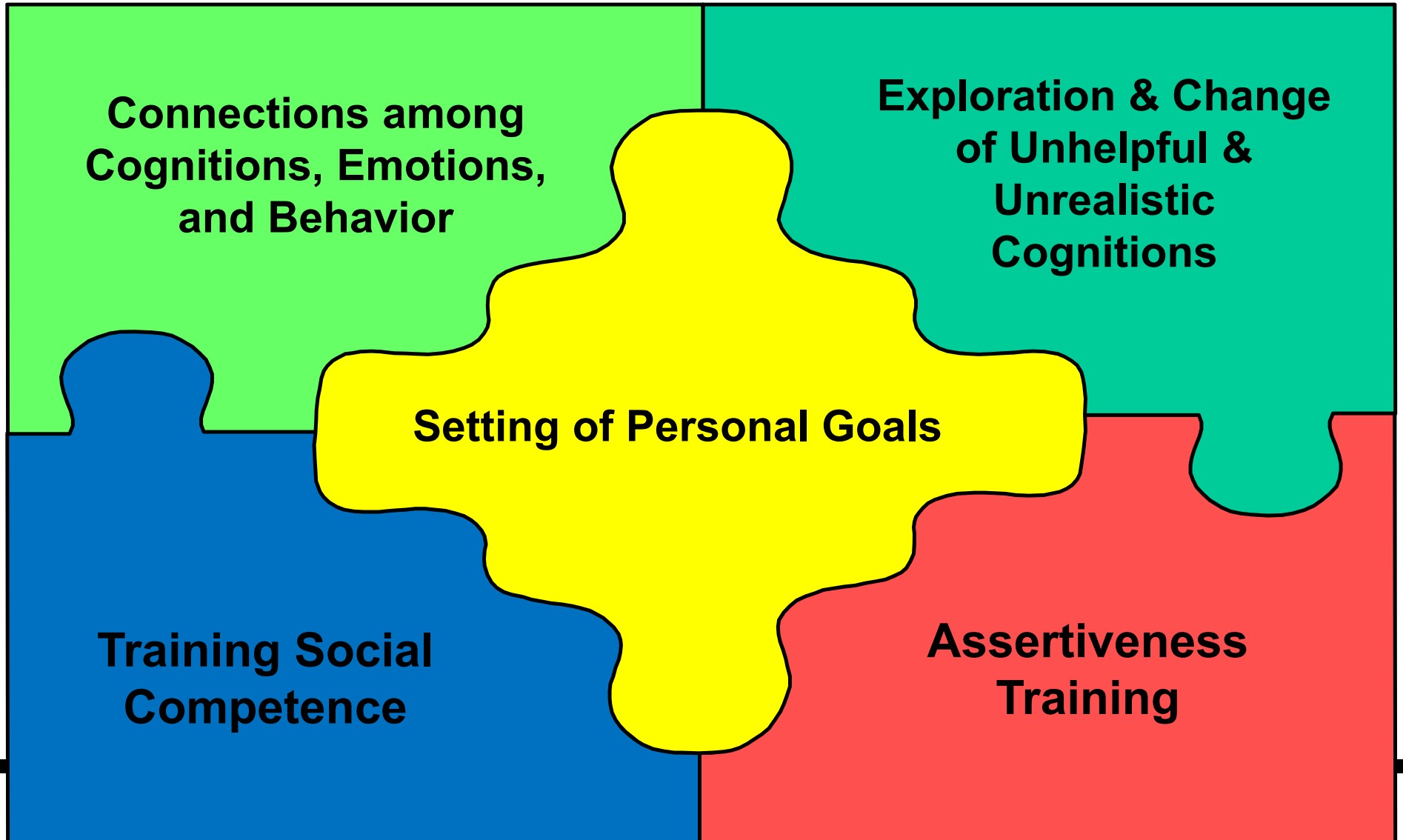
Supported by a Signature Partnership/Community
Engagement Initiative Grant

- Mission:
 - Promote healthy individuals and families residing in West Louisville through evidence-based and culturally tailored behavioral health services and research
 - Provide students with immersion in this diverse community to improve their clinical training
- Services (pro bono):
 - \$174,400 in services donated to the West Louisville community
 - Behavioral health counseling for individuals of all ages, couples, and families
 - Psychological assessments for all ages
 - Group therapy/socio-emotional competencies program (TIM&SARA)



Racial Disparities in Adolescence





- Impact of Societal Culture:
 - Purpose of Interaction (Assertiveness Training)

- Impact of Environment/Neighborhood:
 - Safety (Exploration and Change of Unhelpful & Unrealistic Cognitions)

Thank you for your Attention!

Patrick Pössel & Abbie Sell
Counseling Psychology
University of Louisville

Emails:

patrick.possel@louisville.edu abbie.sell@louisville.edu

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