

Suicide Assessment for Clinicians Working with Individuals & Families

This workshop will cover suicide risk assessments and the important implications for working with individuals and families. Materials covered in this workshop are adapted from M. David Rudd's *Assessment and Management of Suicidality*, which is a resource guide for clinicians who wish to learn the skills needed to assess, manage, and treat clients at risk for suicidal behavior. This guide covers key components for mitigating suicide risk, and it remains a leading resource for training new and experienced clinicians. Participants will learn the prevalence of suicide and important terminology, how to conduct suicide risk assessments, how to determine the appropriate response based on risk level, and how to manage ongoing suicide risk.

After this training, attendees will be able to

- Demonstrate an ability to screen for self-harm behavior and suicide risk
- Recognize a systemic perspective of suicide that highlights the role of family members, friends, and treatment providers
- Understand their scope of practice for suicide and know where to refer individuals beyond their scope of practice.

For more information, please contact:

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Presenter

Dr. Laura M. Frey is a Licensed Marriage and Family Therapist and an Associate Professor in the Couple & Family Therapy Program in the Kent School of Social Work at the University of Louisville. She has extensive clinical experience providing suicide risk assessments and crisis intervention with individuals and their families. She studies the intersection of family processes and mental health. With funding from the American Foundation for Suicide Prevention, she researches family dynamics after a family member attempts suicide.

