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PROCESS GROUP

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1190 E Broadway, Louisville, KY 40204 www.mandalalouisville.com
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Health Insurance

Kentuckiana Regional Planning & Development Agency (KIPDA) Assister Program
Rensha Reeder – (502) 536-0195
  o rensha.reeder@kipda.org
  o www.kipda.org

Passport Healthcare (Table 19)
  o Ashlee Workman
  o (502) 212-6667
  o 5100 Commerce Crossings Drive, Louisville, KY 40229
  o ashlee.workman@passporthealthplan.com
  o www.passporthealthplan.com

Primary Care Physicians

Dr. Eli Pendleton
  o Family Medicine
  o Hormone Replacement Therapy – LGBTQ Care
  o www.uoflphysicians.com/192221556-eli-pendleton
  o 215 Central Ave, Suite 100, Louisville, KY 40208

Dr. Clayton Smith (English/Spanish)
  o LGBTQ Health Care, HIV Pre-Exposure Prophylaxis (PrEP), Gender-Affirming Care for Transgender & Non-binary individuals, and Hormone Therapy.
  o Internal Medicine at UofL Physicians Outpatient Center 401 E. Chestnut Street, Suite 370, Louisville, KY 40202
  o (502)-588-4500
Dr. Kari J Zahorik  
- Family Medicine and Hormone Replacement Therapy  
- (502) 636-7444  
- 2355 Poplar Level Road, Suite 200, Louisville, KY 40217

Dr. Donna Metz-Dunn  
- 4950 Norton Healthcare Boulevard, Louisville, KY 40241  
- (502) 394-6200

Norton Highland Family Medicine  
- Dr. Rachel Busse, Dr. Steven Roszell, & Dr. Laura Hawley  
- 2470 Bardstown Road, Louisville, KY 40205  
- (502) 454-9151

Dr. Terry Weiss  
- Deer Park Family Doctors  
- 1603 Stevens Avenue, Louisville, KY 40205  
- (502) 451-5955

Nanine Henderson, D.O.  
- 4010 DuPont Cir, Suite 200, Louisville, KY 40207  
- (502) 893-4522

Marianne Hutti, ARNP  
- 3900 Kresge Way, Suite 31, Louisville, KY 40207  
- (502) 895-2489

Dr. Phil Bressoud - *UL students only*  
- 215 Central Ave, Suite 110, Louisville, KY 40208  
- (502) 852-6479

Joanne Brown, ARNP  
- 740 South Limestone Street, Lexington, KY 40536  
- (859) 323-5823
Dr. Keisa Bennett  
o  2195 Harrodsburg Road, Lexington, KY 40504

Dr. Rosemarie Conigliaro  
o  830 South Limestone Street, Lexington, KY 40536  
o  (859) 323-0303

**Gynecology**

Dr. Carrie Thonen  
o  (502) 425-7659  
o  www.athenahealthandwellness.com  
o  Hormone Replacement Therapy

Dr. S. Paige Hertweck  
o  3991 Dutchmans Lane, Suite 303, Louisville, KY 40207  
o  (502) 629-3730

Rebecca Terry, M.D. FACOG  
o  Women First, 3900 Kresge Way, Louisville, KY 40207  
o  (502) 891-8700  
o  Specializing in Transgender Men’s Health

Dr. Robert Hunter  
o  4612 Chamberlain Lane, Louisville, KY 40241  
o  (502) 271-5999

**Endocrinology**

Dr. Lisal J. Folsom  
o  Pediatric Endocrinology, Adult Endocrinology, LGBTQ Health Care, Gender-Affirming Care for Transgender and Non-Binary Individuals, and Hormone Therapy  
o  401 East Chestnut Street, Suite 310, Louisville, KY 40202  
o  (502) 588-4600
Dr. Mehdi Poorkay
  o  4950 Norton Healthcare Boulevard, Suite #202, Louisville, KY 40241
  o  (502) 629-5400

Dr. Lisa Tannock
  o  740 South Limestone Street, Lexington, KY 40536
  o  (859) 323-2232

Pediatrics

Dr. Christine Erin Lam Brady; Bingham Clinic
  o  christine.brady@louisville.edu
  o  (502) 588-0800
  o  Specialty Areas include: Pediatric Psychology & Psychiatry Consultation
  o  Areas of Interest include: Pediatric consultation/liaison, chronic illness coping, biofeedback, LGBTQ advocacy and services

Dr. Ellen Cowley & Dr. Leo Schwendau
  o  All Children’s Pediatrics
  o  400 Blankenbaker Parkway, Suite 200, Louisville, KY 40243
  o  (502) 244-6373

Dr. Michael Foster & Dr. Suzanne Kingery
  o  411 E Chestnut Street, Suite F17, Louisville, KY 40202
  o  (502) 629-8821

Dr. Lisal J. Folsom
  o  Pediatric Endocrinology, Adult Endocrinology, LGBTQ Health Care, Gender-Affirming Care for Transgender and Non-Binary individuals, and Hormone Therapy
  o  401 East Chestnut Street, Suite 310, Louisville, KY 40202
  o  (502) 588-4600
**Psychiatrist**

Dr. Stephanie Hall  
- 4710 Champions Trace Lane, Suite 102, Louisville, KY 40218  
- (502) 458-8933

**Mental Health Professionals**

Mandala House  
- 1190 East Broadway, Louisville, KY 40204  
- (502) 309-2408  
- Ages 14+

Dr. Brighid Kleinman  
- 1711 Bardstown Road, Suite 202, Louisville, KY 40205  
- (502) 536-2768

Cynthia Fletcher, LCSW  
- 1711 Bardstown Road, Suite 102, Louisville, KY 40205  
- (502) 822-5821
Dave Harmon, LCSW
  o 4010 DuPont Circle, Suite 226, Louisville, KY 40207
  o (502) 896-8006

Dawn Pendleton, LMFT
  o 4000 Kresge Way, Louisville, KY 40207
  o (502) 377-1690

Janet Tharpe, D.Min. LMFT
  o 1169 Eastern Parkway, Suite 411, Louisville, KY 40217
  o (502) 324-6002

Richard Coomer, LCSW
  o Park Place Psychology 1169 Eastern Parkway, Suite 411, Louisville, KY 40217
  o (502) 473-7028

Martha Kinney, LCSW
  o 1748 Frankfort Avenue, Louisville, KY 40206
  o (502) 541-8877

Rick Purvis, Psy. D.
  o East Louisville Psychology Group, 1230 South Hurstbourne Parkway, Suite 245, Louisville, KY 40222
  o (502) 456-1990

Allan Bargar, MSM, M. Div.
  o 841 Corporate Drive, Suite 300, Lexington, KY 40503
  o (859) 296-5037

Marcia Bell, M.S., LMFT, CFLE
  o 228 E Reynolds Road, Lexington, KY 40517
  o (859) 273-5698
Clarity Counseling
  o  Dr. David Pascale-Hague
  o  466 East High Street, Lexington, KY 40507
  o  (859) 429-1362

Gretchen Rinehart, LCSW
  o  125 Chenoweth Ln, Suite 111, Louisville, KY
  o  (502) 876-4184

Creative Family Counseling; Lacey Ryan
  o  8134 New La Grange Rd, Louisville, KY 40222
  o  (502) 410-2457

Michelle Robards
  o  www.louisvillehealth.org
  o  (502) 225-3025
  o  Serving children

Meridian Behavioral Health – Louisville
  o  Dr. Warren Lambert & Dr. David Charles
  o  www.meridianbhservices.com
  o  4010 DuPont Circle, Suite 419, Louisville, KY 40207
  o  (502) 409-6993

Meridian Behavioral Health – Lexington
  o  Sean Blackburn, LCSW
  o  www.meridianbhservices.com
  o  120 Kentucky Ave, Suite 110, Lexington, KY 40502
  o  (859) 309-2655

Compass Counseling; Meg Manthos, M.Ed, LPA
  o  www.compasscaps.com
  o  7984 New LaGrange Rd, Lyndon, KY 40222
  o  (502) 426-2777
Coralie McEachron, CSW, LMFT  
- 120 Sears Ave, Suite 205, Louisville, KY 40207  
- (502) 509-2401

Michelle Stillwagon, LMFT, CST  
- Serving adults  
- [www.michellestillwagon.org](http://www.michellestillwagon.org)  
- mstillwagon@pm.me  
- (502) 721-0321

Ashley Hall  
- Serving adults and teens  
- 501 Washburn Ave, Louisville, KY 40222  
- (502) 386-8698

Sparrow Counseling; Cassie Edinger  
- 712 Washington St, Shelbyville, KY 40065  
- (859) 813-4448

John Russell Stanger, LMFT (2 locations)  
- 115 S Sherrin Ave, Suite 4, Louisville, KY 40207  
- 157 E Main St, Lebanon, KY 40033  
- [www.johnrusselstanger.com](http://www.johnrusselstanger.com)  
- (502) 276-8776

Bridge Counseling and Wellness  
- Debra Bell & Megan McMillan  
- [www.bridgeminbody.com](http://www.bridgeminbody.com)  
- 540 Baxter Ave, Louisville, KY 40204  
- (502) 694-9488

Lara M. West, LMHC  
- [www.laramwesttherapy.com](http://www.laramwesttherapy.com)  
- 127 East Chestnut Street, Corydon, IN 47112  
- 6000 Brownsboro Rd, Park Blvd, Suite G, Louisville, KY 40207  
- (317) 956-2030
Pride Counseling *Online Only*
- Professional online counseling for the LGBTQ community
- [www.pridecounseling.com](http://www.pridecounseling.com)

**Holistic Health Approach**

**Yogaia Yoga**
- 2720 Frankfort Ave, Above Carmichael's, Louisville, KY 40206
- [info@yogaiayogaschool.com](mailto:info@yogaiayogaschool.com)
- (502) 608-7735

**Fierce Fitness BY Design LLC**
- Holly Waldridge
- [fiercefitnesspt@gmail.com](mailto:fiercefitnesspt@gmail.com)
- 961 Baxter Avenue, Louisville, KY 40204

**Flex Appeal**
- Shawn Wallace LMT
- (502) 762-5916
- [shawnwallacelmt@gmail.com](mailto:shawnwallacelmt@gmail.com)

**Wellness Road Massage**
- Anna Collins LMT
- 1339 Hoertz Avenue, Louisville, KY 40217
- (502) 314-6373
- [wellnessroad@gmail.com](mailto:wellnessroad@gmail.com)
Surgeons

Dr. M. Bradley Calobrace & Dr. Chet Mays
(Louisville & Lexington)
- CaloAesthetics Plastic Surgery Center
  - 2341 Lime Kiln Lane, Louisville, KY 40222
  - (502) 899-9979
- CaloSpa Rejuvenation Center
  - 824 Euclid Ave, Suite A101, Lexington, KY 40502
  - (859) 251-6455

Transform Health Clinic (University of Kentucky)
- 1000 South Limestone, Lexington, KY 40536
- (859) 257-1000

Owensboro Health Medical Group
- Dr. Benjamin Kittinger
- Plastic and reconstructive surgery
- 1000 Breckenridge St, Suite 303, Owensboro, KY 42303
- (270) 688-3200

Voice Work

Dru Pilmer
- Louisville & Indiana
- Studio appointments in Louisville and mobile services
- (812) 207-6636

JoAnna Sloggy, MA, CCC-SLP
- UK Medical Center, Lexington KY
- joannasloggy@icloud.com
Hair, Cosmetics & Body Art

Mary Kay Cosmetics
- Kim Millbranth
- (502) 718-0377
- kmillbra@yahoo.com
- jconklin711@gmail.com

The Wig Shoppe
- Candy Shade
- thewigshoppe@bellsouth.net
- (502) 412-8810
- 1253 South Hurstbourne Pkwy, Louisville, KY 40222
Always Electrolysis - Sydney Stowe
  o  9932 Linn Station Road, Louisville, KY 40223
  o  (404) 304-7916 (texting preferred)

Bluegrass Electrolysis
  o  160 Moore Drive, Suite 201, Lexington, KY 40503
  o  (859) 276-1288
Bobby Brown Makeup
- Liz Clayton
- (502) 939-3806
- lizzbeth07@icloud.com

Focus Salon – Ryan Phillips
- 950 Baxter Avenue, Louisville, KY 40204
- (502) 585-5023
- www.focussalonhighlands.com

Wander Locks
- Wendy Jean
- (502) 639-5849
- 1515 Bardstown Road, Louisville, KY 40204

Twisted Images - Tattoos & Piercings
- 1225 Bardstown Road, Louisville, KY 40204
- (502) 473-7400
Lealye Beauti
- Serretha Kamara
- leighlyebeauti@gmail.com
- (502) 291-0077

Sephora (Located within Oxmoor Center)
- Two Senior Artists are versed in Transgender make-up styles
- One-on-one or group class sessions can be scheduled
- 7900 Shelbyville Rd, Louisville, KY 40222
- shannon.boyle@sephora.com
- (502) 326-2966 ext. 3

Community

Transwomen National
- President Lacy Dodge – lacydodgehudgins@icloud.com
- (502) 593-8055
- www.facebook.com/groups/transwomennational
Louisville Youth Group Inc. (LYG)
  o  417 East Broadway, Louisville, KY 40202
  o  (502) 430-2016
  o  www.louisvilleyouthgroup.org

KY Health Justice Network Trans Health Advocacy
  o  transhealth@khjn.org
  o  (502) 403-6174

Fairness Campaign
  o  Chris Hartman
  o  2263 Frankfort Avenue, Louisville, KY 40206
  o  (502) 893-0788

Louisville Metro Police Department
  o  Officer Johnny Burgraff – Community Services Division
  o  400 South First Street, Louisville, KY 40202
  o  (502) 574-8868

University of Louisville LGBT Center
  o  Blaz Bush
  o  blaz.bush@louisville.edu
VOICES of Kentuckiana
  o  Jeff Buhrman
  o  (502) 583-1013
  o  info@voicesky.org

Louisville Metro Public Health and Wellness
  o  400 E Gray Street, Louisville, KY 40202
  o  (502) 574-6520

Volunteers of America Mid-States
  o  570 South 4th Street, Louisville, KY 40202
    (Main Office)
    o  (502) 636-0771
  o  933 Goss Avenue, Louisville, KY 40217
    (HIV & Sexual Health Services)
    o  (502) 635-4511

Spalding University
  o  Egan Leadership Center
  o  901 S 4th St, Louisville, KY 40203
  o  (502) 585-9911

Queer Kentucky
  o  Spencer Jenkins
  o  www.queerkentucky.com
**Support Groups**

Trans Kentucky Support Group
- Meets the 1st Saturday of each month @ the Lexington Pride Center
- 389 Waller Ave, Suite 100, Lexington, KY 40504
- (859) 253-3233

Louisville Trans Men
- louisvilletransmen@gmail.com
- (502) 509-7576
- [www.louisvilletransmen.com](http://www.louisvilletransmen.com)

Kentuckiana Transgender Support Group
- [www.facebook.com/groups/kentuckianatransgendersupportgroup](http://www.facebook.com/groups/kentuckianatransgendersupportgroup)

Kentuckiana Transgender Partner Support Group
- [www.facebook.com/groups/kentuckianatransgenderpartnersupportgroup](http://www.facebook.com/groups/kentuckianatransgenderpartnersupportgroup)
- Resa Sandora
- (502) 251-1555

PFLAG- Louisville
- [www.pflaglouisville.org](http://www.pflaglouisville.org)
- Support for LGBTQ parents and families

**Clothing**

Macy’s ‘My Stylist’
- Terri Cardwell
- (502) 817-1107
- terri.cardwell@macy.com
- [www.macys.com/social/my-stylist](http://www.macys.com/social/my-stylist)
BLÔFISH Clothing Co.
- 714 East Market St, Louisville, KY 40202
- (502) 727-2007

Torrid Clothing
- St. Matthews Mall, 5000 Shelbyville Rd, Suite 1610, Louisville, KY 40207
- (502) 897-1134

Prosthetics & Body Shaping

Pure Romance by Courtney
- courtneyhpureromance@gmail.com
- www.pureromance.com

F2M Binders at Underworks
- www.f2mbinders.com
- 1-800-242-4224

Religious & Spiritual partners

Douglas Blvd. Christian Church
- 2005 Douglas Boulevard, Louisville, KY 40205
- (502) 452-2629

Crescent Hill Baptist Church
- 2800 Frankfort Ave, Louisville, KY 40206
- (502) 896-4425

Crescent Hill Presbyterian Church
- 142 Crescent Ave, Louisville, KY 40206
- (502) 893-5381

4th Avenue United Methodist Church
- 318 South Catherine St, Louisville, KY 40203
- (502) 585-2176
Daylight Church
  o  At Stonybrook 20 Theaters on Hurstbourne Parkway
  o  Sunday morning service at 10am
  o  www.daylightchurch.com

Highland Baptist Church
  o  1101 Cherokee Rd, Louisville, KY 40204
  o  (502) 451-3735

First Unitarian Church
  o  809 S 4th St, Louisville, KY 40203
  o  (502) 585-5110

Nightlife

Purrswaytions
  o  2235 S Preston St, Louisville, KY 40217
  o  (502) 821-2126

PLAY Louisville
  o  1101 East Washington Street, Louisville, KY 40206
  o  (502) 882-3615

Chill BAR Highlands
  o  1117 Bardstown Road, Louisville, KY 40204
  o  (859)-913-8679
Food & Snacks

Day’s Coffee Shop
- 1420 Bardstown Road, Louisville, KY 40204
- (502) 456-1170

Vint Coffee
- 2309 Frankfort Avenue, Louisville, KY 40206
- (502) 894-8060
Heine Brothers’ Coffee
  o  3060 Bardstown Road, Louisville, KY 40205
  o  (502) 458-7770

Dittos Bar & Grill
  o  1114 Bardstown Road, Louisville, KY 40204
  o  (502) 581-9129

Old 502 Winery
  o  120 South 10th Street
     Louisville, KY, 40202
  o  (502) 540-5650

The Hub
  o  2235 Frankfort Ave,
     Louisville, KY 40206
  o  (502) 777-1505

Veterinary Services

Crestwood Animal Hospital
  o  6321 KY-146, Crestwood, KY, 40014
  o  (502) 241-4117

Bannon Woods Veterinary Hospital
  o  11116 Dezern Ave, Fairdale, KY 40118
  o  (502) 363-6304

Louisville, KY Realtors

Caperton Realty
  o  www.capertonrealty.com
  o  (502) 386-3017
  o  adam@capertonrealty.com
Ken Cordle
  o  www.kencordle.semonin.com
  o  (502) 724-9614

Rick Bancroft
  o  www.rickbancroftrealtor.com
  o  (502) 338-8377

Angela Turner *Keynote Speaker*
  o  angelaturner.mywayrealestate@gmail.com
  o  502-644-1709

INDIANA
HEALTH & WELLNESS

Primary Care Physician

Dr. Angela Crone
  o  3605 Northgate Court, New Albany, IN 47150
  o  (812) 941-9355

Gynecology

Dr. Marilyn Mahan
  o  Professional Arts Building
    1919 State Street, Suite 340, New Albany, IN 47150
  o  (812) 945-5233

Psychiatrist

Dr. Mary Bouldin
  o  460 Spring Street, Jeffersonville, IN 47130
  o  (812) 280-2080
**Mental Health Providers**

**Dr. Kathleen Kirby**
- 1015 East Spring Street, New Albany, IN 47150
- (812) 949-1066

**Lara M. West, LMHC**
- 127 East Chestnut Street, Corydon, IN 47112
- 6000 Brownsboro Rd, Park Blvd, Suite G, Louisville, KY 40207
- (317) 956-2030

**Nova Counseling Alternatives; Carrie Hunter, M.A., M.Div., LMFT**
- LGBTQ Specialist
- Ages 12+
- 1941 Spring St, New Albany, IN 47150
- (812) 206-3291

**Resa Sandora, LCSW**
- Serves Kentuckiana; children and teens
- Wings to Soar 100 W Court Ave, Suite 203, Jeffersonville, IN
- (502) 251-1555

**Pride Counseling *Online Only***
- Professional online counseling for the LGBTQ community
- [www.pridecounseling.com](http://www.pridecounseling.com)

**Surgeons**

**Dr. Greg Steinbock**
- 101 Hospital Boulevard, Jeffersonville, IN 47130
- (212) 282-3899

**University Gender Affirmation Surgery**
- Dr. Sidhbh Gallagher
- 545 Barnhill Drive, Emerson Hall 232, Indianapolis, IN 46202
- (317) 274-3636
Body Art

Bananafish Tattoo Parlor
  o 421 State St, New Albany, IN 47150
  o (812) 725-1351

Community

TREES, Inc.
  o Transgender Resource, Education & Enrichment Services
  o 2043 South Bend Avenue, Suite 255,
    South Bend, IN 46637
  o (219) 331-4665
  o info@webetrees.org

Spectrum - Indiana University Southeast
  o sespectr@ius.edu
  o www.twitter.com/IUSGSA

The IUS GSA offers Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex, and Asexual+ support to strengthen and uphold an inclusive campus
Indiana Transgender Network
  o  www.indianatransgendernetwork.com

Rainbow Jacket
  o  www.rainbowjacket.wixsite.com/home
  o  Clothing bank for transgender, queer, and gender-nonconforming youth in Evansville, IN

Support Groups

Indianapolis Transgender Support Group and Resources
  o  Eskenazi Health
  o  (317) 880-6042

Queer Space
  o  www.facebook.com/queerspaceEVV/
  o  genderwarrior@gmail.com

Kentuckiana Transgender Support Group
  o  www.facebook.com/groups/kentuckianatransgendersupportgroup

Kentuckiana Transgender Partner Support Group
  o  www.facebook.com/groups/kentuckianatransgenderpartnersupportgroup
  o  Resa Sandora
  o  (502) 251-1555

Nightlife

PRIDE Bar + Lounge
  o  504 State St, New Albany, IN 47150
  o  (812) 200-9546
PRIDE FESTIVALS OF KY & IN

PINK (University of Louisville) March 29, 2019
Kentuckiana Pride Festival June 14 & 15, 2019
Southern Indiana Pride Festival June 22, 2019
Louisville Pride Festival September 21, 2019
Bowling Green Pride October 5, 2019
NATIONAL IN-STATE & OUT-OF-STATE RESOURCES

OutCare Health
  o Online Database of LGBTQIA+ friendly providers
  o www.outcarehealth.org

Gay & Lesbian Medical Association (GLMA)
  o www.glma.org
  o GLMA has an extensive database of Transgender Health Resources and other LGBTQ resources

Tri-State Alliance (TSA)
  o www.tsagl.org/resources.html
  o Serves the LGBTQ communities of Indiana, Illinois, and Kentucky

World Professional Association for Transgender Health (WPATH)
  o Promotes care, education, research, advocacy, public policy, and respect in transgender health
  o www.wpath.org

Planned Parenthood
  o www.plannedparenthood.org
  o 1-800-230-PLAN

National Center for Trans Equality
  o www.transequality.org

Transgender Legal Defense and Education Fund
  o www.Tidef.org

Jim Collins Foundation
  o www.jimcollinsfoundation.org
  o Provides financial assistance for surgery
GLBT National Resource Database
  o  1-888-843-4564

Transpulse
  o  www.transgenderpulse.com
  o  Talk line, forums, and resources

Out and Equal Workplace Advocates
  o  www.outandequal.org

Life Outside the Binary
  o  www.Lifeoutsidethebinary.com

TS Roadmap
  o  www.Tsroadmap.com
  o  Information on name, gender marker, and birth certificate changes

Trans Youth Family Allies
  o  www.imatyfa.org
  o  1-888-462-8932
SUICIDE PREVENTION

TransLifeline
  o  1-877-565-8860
  o  www.Translifeline.org

Trevor Project
  o  Trevor Suicide Hotline: 1-800-273-8255
  o  Helpline: 1-866-488-7386
  o  Talk Line: 1-800-246-7743

National Suicide Prevention Lifeline
  o  Talk line: 1-800-273-8255
  o  Lifeline: 1-825-Lifelines

Veteran Crisis Line
  o  1-800-273-8255 Ext. 1

LGBTQ Suicide & Suicide Risk
  o  www.afsp.org/about-suicide/lgbtq-suicide-suicide-risk
FREE IN HOME HIV TESTING

KNOWLEDGE IS POWER. KNOW YOUR STATUS.

HIV TREATMENT WORKS

Tests are free, confidential and only take 15 minutes!

Scheduling a test takes less than 1 minute
At www.voamid.org/HIV

Be entered to win a $50 gift card.
If you have questions, please call Volunteers of America at (502) 635-4505.
Transgender Resource Guide 2019
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