

National Vaccine Awareness Month 2018

Keeping up to date on your vaccines is just one of many ways to help protect your health and even your grades. Immunizations are the single most effective method to ensure that you have a healthy future. So what vaccines do you need?

Most young adults who have completed their primary immunizations need the following vaccines to protect against serious diseases:

- **Meningococcal conjugate** vaccine and **Meningococcal serogroup B** vaccine to protect against meningitis and bloodstream infections (septicemia).
- **HPV** (Human Papillomavirus) vaccine to protect against cancers and genital warts caused by HPV.
- **Tdap** vaccine to protect against tetanus, diphtheria and whooping cough (pertussis).
- **Annual Flu** to protect against seasonal flu—Free to all students.

Young adults may also be vaccinated with a serogroup B meningococcal vaccine. Parents can send their preteens and teens to middle school, high school and college protected from vaccine-preventable diseases by following the recommended immunization schedule.

For more information regarding please go to: www.cdc.gov/vaccines/events/niam.html