

Do I have Measles????

Signs and Symptoms of Measles

Symptoms start 7 to 14 days after exposure (average 10days)

First Symptoms:

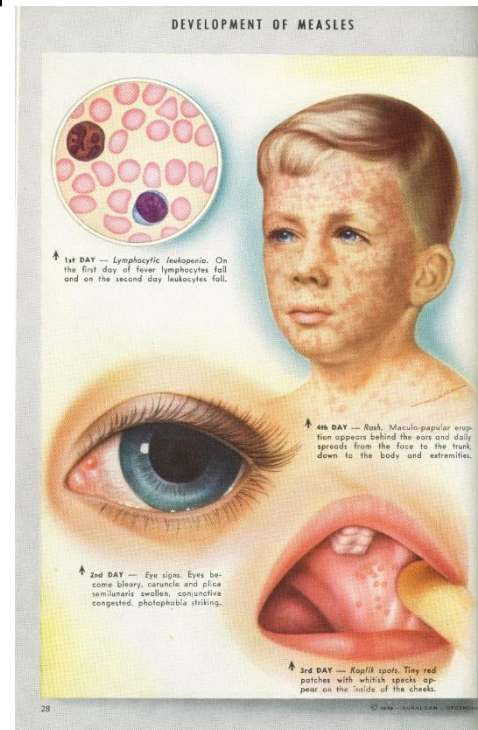
high fever (> 101.1), lasts 4-7 days
cough,
runny nose (coryza), and
red, watery eyes
([conjunctivitis](#)).

2 to 3 Days Later:

Tiny white spots (Koplik spots)
may appear inside the mouth.

3 to 5 Days Later:

A rash starts. Flat red spots
appear on the face at the
hairline and spread downward
to the rest of the body.



I think I have Measles. What do I do next?

- Check if you have had your two MMR vaccinations.
- Call Campus Health Services, **502-852-6479**, and let them know you are concerned you have measles. Please talk with the staff about your symptoms. We will make special arrangements to have you evaluated.
- **DO NOT GO TO ANY DOCTORS OFFICE OR CLINIC WITHOUT CALLING THEM FIRST!!**
 - Measles is airborne and very, very contagious. You will put others at risk, if you are not cautious and follow the plan to be evaluated.
 - **90%** of the people close to that person who are not immune will also become infected.
- Wear a mask or facial covering until you come to the back door of the clinic where you will be given a special mask.

<https://www.cdc.gov/measles/about/transmission.html>

<https://www.cdc.gov/measles/hcp/index.html>

Is Measles really a big deal?

Remember: 90% of the people close to that person who are not immune will also become infected.

- Common complications from measles include ear infections, bronchitis, pneumonia, and diarrhea.
- healthy children can become sick enough to require hospitalization.
- One out of every 1,000 measles cases will develop acute encephalitis, which often results in permanent brain damage.
- One or two out of every 1,000 children who become infected with measles will die from respiratory and neurologic complications.
- Subacute sclerosing panencephalitis (SSPE) is a rare, but fatal degenerative disease of the central nervous system characterized by behavioral and intellectual deterioration and seizures that generally develop 7 to 10 years after measles infection.

<https://www.cdc.gov/measles/about/transmission.html>

<https://www.cdc.gov/measles/hcp/index.html>