YOGA & MUSTC

Thursday, January 8th & Thursday, January 15th

8:00-9:00pm

Location: SRC Room 200

FREE

ALL STUDENTS WELCOME

Instructor: Matt Harris

certified yoga instructor

Musician: Rob Monsma

guitar & keyboard

Co-sponsored by Intramural & Recreational Sports and the Health Promotion Office



Between the SAC and Houchens P:502.852.5429 louisville.edu/healthpromotion



@HealthyCards
UofL Health
Promotion



