PUBLIC HEALTH

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Public health is the science of protecting and improving the health of a community or population through education, promotion of healthy lifestyles and research about disease and injury prevention. As a field, public health is focused on protecting the health of entire populations. These populations can be as small as a local neighborhood or as big as an entire country. This is in contrast to clinical professionals, such as doctors and nurses, who focus primarily on treating individuals after they become sick or injured.

Public health professionals try to prevent problems from happening by implementing educational programs, developing policies, administering services, regulating health systems and conducting research. Public health is a field ideal for anyone concerned about health disparities, interested in fighting for health care equity, quality and accessibility. Public health is multi-disciplinary—everyone can play a role.

IN ACHIEVING OUR VISION:

WE WILL extend the domain of public health to include all factors in the public's health.

WE WILL pursue health information sciences as an inseparable aspect of public health.

WE WILL work for close integration of individual health, health care and public health.



Beyond the classroom

STUDY ABROAD

The University of Louisville School of Public Health and Information Sciences (SPHIS) has seen an increase in the number of students going abroad to places such as Uganda, Africa, Costa Rica and Croatia. Real-world experiences like these can introduce you to new perspectives and can inspire new goals, such as joining the Peace Corps.

NATIONAL ORGANIZATIONS

The American Public Health Association (APHA) champions the health of all people and all communities. It strengthens the public health profession and speaks out for public health issues and policies backed by science. The Association of Schools and Programs of Public Health (ASPPH) also plays a leadership role in strengthening the capacity of the public health workforce. Visit aspph.org to learn more about the field of public health and career possibilities.

INTERNSHIPS

SPHIS students have a six-hour capstone requirement serving as the culminating academic and intellectual experience of their academic career. Examples of recent internships include Wilderness Corps, American Diabetes Association, Louisville Metro Department of Public Health & Wellness, Trilogy Health Services and University of Michigan Summer Enrichment Program.





DEGREE PROGRAMS AND CAREER OPPORTUNITIES

BA/BS IN PUBLIC HEALTH

The Bachelor of Arts and Bachelor of Science in Public Health will teach you the knowledge and skills you need to succeed for careers in public health, health care and various health-related and non-health-related fields. You will learn how to think critically and systemically, to communicate and to work in teams. Both degree programs prepare you for further professional or graduate education in public health, medicine, dentistry, nursing, urban planning and other disciplines. The SPHIS is accredited by the Council on Education for Public Health.

» Bachelor of Arts in Public Health

This degree program offers the opportunity to pursue liberal studies in public health.

» Bachelor of Science in Public Health

This degree program offers the opportunity to study public health practice or pursue coursework to support pre-health programs.

DESIGNATED TRACK OPTIONS

The BA and BS programs allow you to select a designated track. Please note the selection of a track is not required.

» Social Justice & Health Equity

Equips you for professions in sectors across the social determinants of health, with competencies applicable to a wide range of social justice and health equity issues.

» Pre-health Track

Prepares you for professional schools such as physical therapy or medical, dental or nursing school. You have the opportunity to integrate professional pre-requisite requirements into your degree program.

ACCELERATED BA-MPH

Allows you to complete the Bachelor of Arts in Public Health (BA) and the Master of Public Health (MPH) over a five-year period. MPH graduates are prepared for positions in the public-health workforce, health-related industries, academic organizations, or for further professional training or academic education.

CAREERS

U.S. News & World Report called public health one of the "hot college majors that lead to jobs." The demand for public health professionals continues to rise in response to global concerns such as air and water quality, potential pandemics, HIV and AIDS, and chronic disease. Rising insurance costs and increased awareness of public health and wellness have generated corporate and government support for prevention and education programs in areas such as nutrition, diabetes, obesity, tobacco use and workplace safety, among others. Graduates are prepared for positions in specific sectors of public health, health services, health education and/or public policy for which baccalaureate-level education is appropriate and for professional careers in fields such as health-services administration, health research, law, medicine, nursing and dentistry.

MINORS IN PUBLIC HEALTH

These minors are ideal for students majoring in biology or chemistry or preparing for a career in health care. There are five minors available:

- » Applied Statistics and Data Sciences
- » Epidemiology
- » Healthcare Management
- » Public Health Nutrition
- » Public Health

LIVING-LEARNING COMMUNITY

Live and study with other public health students in our Living-Learning Community (LLC). The LLC brings together public health, nursing and dental hygiene students, and fosters the exploration of these designated health-science careers. Advantages include focused activities such as faculty shadowing, team building and career exploration. Visit uofl.me/IIc to learn more.

Benefits

- » Transition assistance from high school to college
- » Opportunities to meet with students, faculty/staff, and campus/community partners outside of the classroom
- » Academic programs to assist with student success
- » Social and service activities



CONTACT

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