

Flood-related Personal Health and Safety Information

With the recent flooding on campus, you may have questions regarding your personal health and potential exposure to waterborne illnesses. Generally, most people will not need any special treatment or immunizations following the recent flooding event.

Recommendations:

You should observe any wounds exposed to contaminated flood water for any redness, swelling or drainage. Should any of these symptoms develop, please seek medical attention as soon as possible.

Individuals who sustained cuts and/or puncture wounds while working on flood remediation efforts and who have not had a tetanus vaccination within the past five years should receive a tetanus booster.

Anyone who may have accidentally ingested flood waters and who develops gastrointestinal symptoms such as fever, vomiting or diarrhea should seek medical attention as soon as possible.

If you have been working in flood water, remember to wash hands prior to eating. Once finished working for the day, remove and clean contaminated clothing and then shower.

Do not enter closed buildings until UofL administration has cleared the buildings for entry or temporary access has been authorized.

Throw away food that has come in contact with flood water.

Recognize that stress increases as a result of flooding, personal losses, clean-up and restoration.

Where to seek attention:

- **Belknap Campus Health Services Center** is temporarily located in the basement of the Environmental Health and Safety Building located at 1800 Arthur Street right across from Harley Davidson. A provider will be available for anyone needing assistance during regular operating hours. Please contact the health center at 852-6480 for any additional concerns.
- **Health Sciences Center Health Services Office** is fully operational and has added providers to assist with anyone needing medical advice or treatment. Please contact the HSC Health Services Office at 852-6446 for additional information.
- **After Hours Treatment**, should you need urgent treatment for flood-related health issues after-hours, please go to the nearest health care facility for assistance and notify your supervisor as soon as possible the next day.
- **Stress related concerns** can increase as a result of flooding, personal losses, cleanup and restoration.
 - **Employees** experiencing stress because of the flooding may be referred to the employee assistance program for short-term counseling services at 502-589-HELP. This is a free program available to all employees.
 - **Students** experiencing stress related to the flooding may contact the counseling center at 852-6585 for assistance.

Important Phone Numbers

Campus Health Services-Belknap	852-6480
Campus Health Services-HSC	852-6446
Counseling Center (Students)	852-6585
Employee Assistance Program	589-4357
Environmental Health and Safety	852-6670
Physical Plant	852-6241
Public Safety	852-6111