

Health Behavior Change Research Laboratory

<http://louisville.edu/psychology/stetson/lab>

Professors: Dr. Barbara Stetson

Type of Position: Volunteer; Possibility of future course credit if student demonstrates strong work ethic.

Time Commitment: 10 hours per week. Two semesters minimum.

Semesters Position is Available: Spring 2019, Summer 2019, Fall 2019

Location of Work: Lutz Hall

Qualifications: We are seeking hard working and highly motivated students who are interesting in gaining health and psychology research experience. Advanced students who demonstrate a history of academic success, strong work ethic, and excellent interpersonal and communication skills are encouraged to apply. Research assistants will need to have access to reliable transportation to facilitate community and clinic recruitment.

Brief Description of Projects: We are accepting applications for research assistants to help with recruitment and data collection and management for a research project that examines technology use, emotional regulation and health behaviors and goals in young adults. This project explores direct and indirect associations of these factors with physical and mental well-being. Research assistants will assist Dr. Stetson and doctoral student Valery Bodziony with e-mail based recruitment and on-campus data collection in our lab in Lutz Hall.

Specific Tasks: Study Research Assistant activities include conducting brief interview/questionnaire eligibility screening and informed consent procedures, record participating body weight, administration of a fitness assessment (measurement of waist and hip circumference, blood pressure and heart rate, administration of Queen's College step test), provide assistance with online survey completion on a lab computer. Activities also include sending prompts for a follow-up session, tracking data collection and data management in RedCap and SPSS. RAs must complete IRB and HIPAA and confidentiality trainings prior to study activities. Attend lab meetings regularly. Complete background readings, as necessary.

How to Apply: Please email your Resume or CV, transcript and cover letter detailing your interests in this research position, future academic and professional goals, and relevant experiences to vrbodz01@louisville.edu. Please CC barbara.stetson@louisville.edu.

Contact: Valery Bodziony vrbodz01@louisville.edu and Dr. Barbara Stetson barbara.stetson@louisville.edu.