

## Social Skills Group Treatment for Children with ADHD ages 8-11

at the **Noble H. Kelley Psychological Services Center (PSC)**

### **What is the Social Skills group treatment?**

Children with ADHD often have difficulty with social skills. They may have difficulty making friends or keeping friends, difficulty interacting with children in group settings, or trouble getting along with other kids. Our program teaches children skills to get along better with other children in a fun and supportive environment.

### **What skills are taught by the Social Skills group treatment?**

- Conversation skills
- Cooperating with other kids
- Initiating social interactions
- Dealing with teasing and bullying
- Making friends
- Dealing with group settings

### **How is the Social Skills group taught?**

- This program is conducted in a group format, with six to nine children enrolled at a time.
- There are a total of 12 weekly sessions, 90 minutes each. The children attend all 12 sessions.
- Parents are not in the room with the children during the group. Parents are asked to remain available in the Center's waiting area throughout the group sessions.

### **Does my child have to have a diagnosis of ADHD to participate in the group?**

No. Your child can still participate if you suspect they might have ADHD but they have never been tested, or even if they have social skills problems but not. Please be aware that the group was designed to treat the sort of social skills problems that are common among children with ADHD.

### **What are the dates/times and cost?**

- The group will be run Spring, Summer, and Fall. Participants are expected to attend all sessions if possible.
- The group fee is determined using a sliding scale based on income. A one-time fee covers the entire group program. Participants must also receive an intake evaluation prior to enrolling in the group. The Noble H. Kelley PSC does not bill directly to insurance.

### **How do I sign up?**

- If you are interested in signing your child up for the Social Skills group, please call the Noble H. Kelley PSC at **502-852-6782**.
- The Noble H. Kelley PSC is located at Suite 210 of Davidson Hall on the University of Louisville Belknap campus.

