Organizational Skills Training for Children with ADHD in 2nd – 8th Grade

Noble H. Kelley Psychological Services Center (PSC)
Suite 210 of Davidson Hall, University of Louisville Belknap campus

What is Organizational Skills Training for children with ADHD?
Organizational difficulties are common problems among children with ADHD. Our program is an evidenced-based system for teaching children and their parents how to keep track of time, organize their school materials, and plan for assignments in a fun and supportive environment.

What skills are taught by Organizational Skills Training for children with ADHD?
- Getting Started
- Keeping track of assignments and materials
- Time Management
- Planning for long-term tests and assignments
- Building good habits

How does the Organizational Skills Training for children with ADHD work?
- This program is conducted in a one-on-one format. Each child works directly with an organizational skills trainer who specializes in working with children with ADHD.
- There are a total of 16 weekly sessions, 50 minutes each. Each session focuses on learning a specific organizational skill in a fun and supportive environment. The treatment focuses on teaching “real world” skills that can be used at both home and school using games and activities.
- Parents will meet with the organizational skills trainer at the end of each session to review what the child has learned.

Does my child need a diagnosis of ADHD to enroll in the Organizational Skills Training for children with ADHD?
No! Your child may participate if you suspect he or she might have ADHD but has never been tested, or even if he or she has organizational difficulties but does not have ADHD.

When is Organizational Skills Training for children with ADHD? How much does it cost?
- A one-time fee covers the entire program and is payable in installments. The fee is determined using a sliding scale based on income. The Noble H. Kelley PSC does not bill directly to insurance.
- The Noble H. Kelley PSC is open Monday-Thursday. The PSC is open from 9 AM-6 PM on Mondays and Thursdays and from 9 AM-8 PM on Tuesdays and Wednesdays. You can schedule a specific appointment time directly with the experienced organizational skills trainer.

Sign up by calling the Noble H. Kelley PSC at 502 – 852 – 6782.