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Nursing Student
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The Main Vein

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Nursing Student Council News

As a new school year has begun, new goals have been established by the nursing student council. President Alyssa Compton has named the following:

HSC

- Hold monthly meetings with top 3, executive board, and all cohort presidents.
- Update Nursing Student Council website.
- Update Blackboard Organization and add all current students.
- Poll students about how they would like the budget spent.
- Keep 2nd floor bulletin board updated.
- Hang and pass out flyers about upcoming events as well as emailing.
- Work with cohort officers to establish a cleaning schedule for student lounge.
- Create a Facebook page and keep it updated with upcoming events.
- Promote the end of year event with flyers, Facebook, and email to have a better turnout.

Owensboro

- Broadcast monthly meetings to Owensboro and be sure their representatives are present.
- Top 3 visit Owensboro once a semester to meet the representatives.
- Divide NSC budget equally between all students. Encourage Owensboro representatives to be sure to spend all that they were allotted.

STUDENT COUNCIL

Community

- Participate in a canned food drive and donate food to local homeless shelters.
- Collect items throughout the school year to send to soldiers overseas.
- Establish a School of Nursing Relay for Life team.
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- Organize a HSC Blood Drive through the American Red Cross.
- Donate all leftover food from events to a local homeless shelter.
- Sell items in NSC office during lunch breaks to raise money for a legacy item.
- Have bake sales to use for community events or legacy item.
- Buy School of Nursing t-shirts to sell outside of the student lounge during lunch breaks and at orientations.



TIPS FOR PASSING THE NCLEX

1. **Assess, Assess, Assess:** In almost all cases something can be done before contacting the MD.
2. **Prioritize:** Delegate to the appropriate support personal and prioritize your tasks.
3. **Review Medical Terminology:** Understand the definition of all medical abbreviations and terminology used in the NCLEX questions.

Tips adapted from: <http://www.nclexinfo.com/>

NCLEX QUESTION: Time to Test What You Know

A client is prescribed Prednisone following an exacerbation of IBD. Which of the following client findings is the highest priority?

- A. The client is having difficulty sleeping.
- B. The client's morning blood glucose is 140mg/dL.
- C. The client reports having a sore throat.
- D. The client indicates a gain in weight.

Answer: C; The greatest risk to the client taking Prednisone is the risk for infection due to immunosuppression.

Faculty Spotlight

Diane Orr Chlebowy PhD, RN

Dr Chlebowy has been a nurse for for almost 30 years now and has been teaching for over 25 years. In the beginning of her professional career, she was a staff nurse on a pulmonary unit at The Ohio State University Medical Center. During her professional career, her primary focus has been in adult health nursing. She received her bachelor, masters, and doctorate degrees from The Ohio State University. While pursuing her master's degree, she became very interested in diabetes education and this led to her current interest in diabetes research. In 2010, she was appointed the Director of the BSN Program at the University of Louisville School of Nursing and continue to enjoy her administrative responsibilities in the undergraduate program.

What inspired you to become a nurse?

During middle school, I volunteered at a rehabilitation hospital and became very interested in becoming a nurse. Also, after high school, I worked as a nursing assistant at an extended care facility and this experience helped me to realize that nursing was indeed the right career path for me.

What is your specialty in nursing?

During my professional career, my primary focus has been in adult health nursing. I have worked extensively with adults with chronic illnesses and have spent many years educating and caring for adults with diabetes. My clinical background led me to my current diabetes research interests.

What was the scariest thing you've ever had to deal with medically?

I remember as a new graduate being a charge nurse and trying to manage my time while caring for a number of critically ill, dying patients at the same time.

What do you like most about your job?

I absolutely enjoy working with students and seeing their growth throughout the nursing program. I also enjoy working with talented faculty colleagues who are student advocates and work very hard to meet the learning needs of our students.

What advice would you give to someone who is interested in the nursing field?

Talk to other nurses. Nursing is an absolutely wonderful career with so many different opportunities!

Fun question: If you could do anything besides nursing, what would you do?

Volunteer at local schools and help special needs children.

STUDENT ORGANIZATIONS

Kentucky Association of Nursing Students

NSNA is a preprofessional organization for students enrolled in associate, baccalaureate, diploma, and generic graduate nursing programs. It is dedicated to fostering the professional development of nursing students. Member benefits include resources in career building and job opportunities, NCLEX reviews, discounts on study tools and some text books, partnerships with specialty nursing associations, and scholarships.

KANS is the Kentucky Association of Nursing Students and is the state's chapter of NSNA. This year's state conference is October 21-22 and Center for Courageous Kids in Owensboro KY. There will be many interesting and informative breakout sessions, NCLEX mini-review, fun activities, and more! For more information and to register please go to kansnews.wordpress.com.

Membership for KANS is affordable and easy. Go to nsna.org to become a member of this beneficial organization today

Bobbi Westbrook, President

Black Student Nurses' Association

The previous BSNA meeting was canceled however please plan to attend the next meeting 10/24 in the Cultural Center at 4:30 PM.

Organization Representative: Alona Pack

Contact Information: alona.pack@gwise.louisville.edu

UPCOMING EVENTS

CLASS OF MAY 2012 COMING SOON!

The class of May 2012 is planning to do a T-shirt fundraiser to help reduce the cost of their graduation fees. Let's support the cause by purchasing a logo T-shirt! More information coming soon!

DARE TO CARE

The School of Nursing will be participating in Dare to Care beginning in October and going through December. Any nonperishable goods will be accepted at the SON drop off. A pizza party will be awarded to the cohort with the most products at the end of the drive. Please support a great cause and donate!

GIVE THANKS WALK

Saturday November 19th at 8:30 am the Louisville Zoo will be hosting the Give Thanks Walk. It is free to participate and also kid friendly. Participants donating at least \$35 will receive a T-shirt for the event. Let's show our support and representing UofL's SON!

