

Bachelor of Music Degree Music Therapy

General Education

University-wide General Education requirements (see University catalog)
PAS 214 African American Music (Arts & Humanities content), ANTH 205 Music in World Cultures (Social & Behavioral Sciences content: Cultural Diversity competency), COMM 115 Interpersonal Skills (Oral Communication content) and PSYC 201 Intro. to Psychology (Social & Behavioral Sciences content) are recommended **34 cr. hrs.**

Common Music Core (MUS)

Music Theory 141-242
(four 4-hour courses) 16
Music Literature 361
(four 3-hour courses) 12
Principal Ensemble
(eight 1-hour courses) 8
Recital Attendance 097
(six semesters of "S") 0
Introduction to Conducting 359 2
Analysis 347 2
Applied Lessons 8
Intro. to Music Study 100 1
Piano Proficiency Examination 0
49 cr. hrs.

Minimum total credits 139 cr. hrs.
(may vary slightly depending upon General Education courses)

Music Therapy Major Area (MUTH)

Introduction to Music Therapy MUTH101 1
Music Therapy Techniques 201-202 6
Clinical MT Applications I-VI 213-414 3
Psychology of Music 301 3
Intro. to Research in Music Therapy 302 3
Improvisation for MT 311-312 2
Practicum in Music Therapy I-IV 321-422 4
Piano Accompaniment for MT 315 1
Principles & Practices of MT 431-432 6
MT Training Group I-II 325-326 2
Music Therapy Internship 451 2
33 cr. hrs.

Supportive Area

Piano Class MUS 131-232 (four 1-hr courses; if applied principal is piano, may take 4 cr. hrs of music electives in lieu of class piano) 4
Computers and Music I 553 2
Percussion Methods & Techniques 137 1
Intro. to Jazz Improvisation 118 1
Guitar Class I-II 217-218 2
Voice Class 227 1
Developmental Psychology PSYC 361 or Life-Span Dev. Psychology PSYC 363 3
Human Anatomy & Physiology HSS 202 3
Abnormal Psychology PSYC 385 3
Intro. to Exceptional Children EDSP 540 3
23 cr. hrs.

The Music Therapy curriculum meets the competency requirements of the American Music Therapy Association (AMTA). Students must complete a minimum of 1200 hours of clinical training, with at least 180 hours in pre-internship experiences and at least 900 hours in internship experiences. Students completing the Music Therapy curriculum are eligible to take the examination to become a Board Certified Music Therapist, offered by the Certification Board for Music Therapists. MUTH 451, Music Therapy Internship, 2 c.h., is to be completed at the end of all coursework. It must be at least 900 hours and may be done as a 6-month, full-time internship. The American Music Therapy Association requires that a student must receive a grade of C- or better in each music therapy core course in order to be eligible for the internship, and that the internship be completed within 24 months after completion of music therapy coursework.

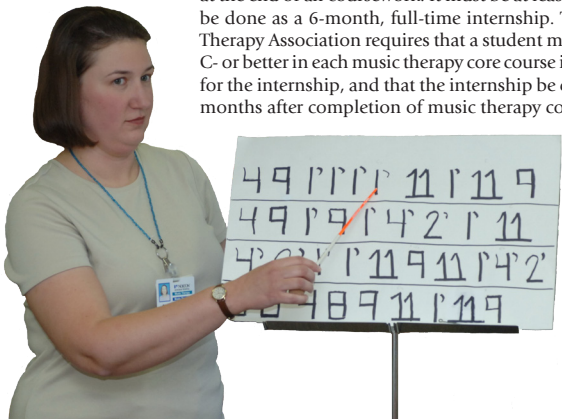


Photo by Tom Fougereousse

U of L School of Music
Music Therapy Department
Belknap Campus
Louisville, KY 40292

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Igniting Innovation
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The University of Louisville is an equal opportunity institution.



It's Happening Here.

Photo courtesy of Visually Impaired Preschool Program (VIPS)

Music Therapy

at the

University of Louisville School of Music

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Music Therapy Program

The Music Therapy program at the University of Louisville was established in 2000 as the first program in Kentucky to educate music therapists. The program builds upon the excellent education offered by the School of Music and U of L, enthusiastic local music therapists, the vibrant Louisville arts community, and the rich variety of educational and health-related facilities in the Louisville area to offer an excellent music therapy education.

Music therapy is defined by the American Music Therapy Association (AMTA, www.musictherapy.org) as the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program. A music therapist might be described as one who uses music as a tool in doing therapy. Music therapy interventions can be designed to:

- promote wellness
- manage stress
- alleviate pain
- express feelings
- enhance memory
- improve communication
- promote physical rehabilitation



Photo by Tom Fougere

The music therapy education offered at U of L, leading to a Bachelor of Music degree, is approved by AMTA. A student who completes the degree is qualified to take the examination to become a Board Certified Music Therapist (MT-BC) through the Certification Board for Music Therapists (www.cbmt.org).

While the music therapy training is currently at the undergraduate level, people who have a degree may take the courses that they have not already had that are required for board certification. This is the music therapy equivalency program that leads to being able to apply to become a Board Certified Music Therapist but does not lead to a degree.



Photo courtesy of Heuser Hearing & Language Academy

Music therapists work in a wide variety of clinical and educational settings: hospitals, clinics, psychiatric institutions, nursing homes, community mental health centers, hospice, prisons, and public and private schools, as well as in private practice. As part of its role in nurturing the growth of music therapy in Kentucky, U of L is involved in developing employment opportunities for music therapists and will assist graduates in finding employment.

People considering music therapy as a career are encouraged to read about music therapy and also to observe Board Certified music therapists working. A listing of qualified music therapists working in Kentucky is available at on the UofL Music Therapy website as a link to "Music Therapists Working in Kentucky." Potential music therapy students are strongly encouraged to read books and journal articles as well as information that is available on the Worldwide Web. Books that are recommended for those wishing to begin to understand this field are:

- Bruscia, K. (Ed.) (1991). *Case Studies in Music Therapy*. Gilsum, NH: Barcelona Publishers.
- Davis, W., Gfeller, K., & Thaut, M. (2008). *An Introduction to Music Therapy: Theory and Practice*, Ed. 3. Silver Spring, MD: AMTA.
- Wheeler, B. L., Shultis, C. L., & Polen, D. W. (2005). *Clinical Training Guide for the Student Music Therapist*. Gilsum, NH: Barcelona Publishers.

A number of journals are also available. For more information, please contact the Director of Music Therapy at barbara.wheeler@louisville.edu or 502-852-2316, or visit our web site: music.louisville.edu/therapy

Music Therapy Faculty

Barbara Wheeler, PhD, MT-BC, directs the music therapy program, teaches a variety of music therapy courses, and advises music therapy students. She came to the University of Louisville in 2000, having previously taught at Montclair State University in NJ. Her clinical work has been with children and adults with a variety of problems. Dr. Wheeler edited the book *Music Therapy Research: Quantitative and Qualitative Perspectives* and *Music Therapy and Music Therapy Research*, 2nd Edition, and coauthored *Clinical Training Guide for the Student Music Therapist*, and has written a number of articles and chapters. She is President of AMTA (2008-2009). Dr. Wheeler frequently speaks about music therapy both in the U.S. and abroad.

Shannon L. Bowles, MME, NMT, MT-BC, is an Assistant Professor of Music Therapy and U of L faculty liaison with Norton Audubon Hospital in Louisville. Ms. Bowles teaches and supervises students in various music therapy courses. Since receiving her degrees in Music Therapy from the University of Kansas, she has worked with individuals and groups of all ages, ranging from school-age children to older adults. She frequently speaks about music therapy to various groups throughout the state. She is Treasurer of the Music Therapy Association of Kentucky (MTAK). Ms. Bowles is a doctoral candidate in gerontology at the University of Kentucky.

Cheryle Lawrence, MA, MT-BC, teaches Piano Accompaniment for Music Therapy. She has been teacher and music therapist in Jefferson County Public Schools for 20 years, most recently gaining Rank I status. She is an on-site supervisor for music therapy students. Mrs. Lawrence is actively involved in state music therapy and Orff-Schulwerk associations. She maintains membership in national therapy and education organizations and serves a local church as organist and children's choir director.

Julia Purcell, MT-BC, Teaches Music Therapy Improvisation I and II and supervises students in their clinical work. Julia received her Music Therapy degree from Michigan State University and currently works at Hazelwood Center, a residential training facility for adults with Developmental and Cognitive Disabilities. She has served as the Government Relations Chair for MTAK for the past 3 years. She plays in a bluegrass/old-time band.

Linda Thieneman, MM, MT-BC, teaches the Music Therapy Training Group, an experiential learning class for music therapy majors. She completed her music therapy equivalency at UL, and currently provides music therapy for patients on the Oncology Unit at Baptist Hospital East and at the Brown Cancer Center. Ms. Thieneman's extensive background in pastoral ministry and music education has given her broad experience in working with a wide variety of ages and situations.

Jenny Branson, MT-BC, teaches Clinical Applications. A classically trained percussionist, she completed music therapy equivalency training at the University of Louisville and now works as a medical music therapist for Norton Healthcare. The University of Louisville and Norton Healthcare share a strong partnership through clinical training, research, and program development collaboration. She is President of the Music Therapy Association of Kentucky (MTAK).

Clinical Music Therapy Faculty

These faculty members are hired by the University of Louisville to observe music therapy students doing clinical work.

Joy Berger, DA, MT-BC
Paige Robbins Elwafi, MT-BC
Greta Gillmeister, MT-BC, NICU MT
Lorinda Jones, MA, MT-BC
Jenny Krider, MT-BC
Kerry Willis, MT-BC