

**CURRICULUM VITAE****WELBY WINSTEAD, M.D.**

<b>OFFICE ADDRESS:</b>	Division of Otolaryngology (502) 852-6994 Myers Hall University of Louisville Louisville, Kentucky 40292	
<b>EDUCATION:</b>	Northwestern University Evanston, Illinois Bachelor of Arts	1968-1972
	Johns Hopkins University School of Medicine Baltimore, Maryland Doctor of Medicine	1972-1976
<b>INTERNSHIP:</b>	University of Chicago Hospitals and Clinics Chicago, Illinois Surgery	1976-1977
<b>RESIDENCY:</b>	University of Chicago Hospitals and Clinics Chicago, Illinois Otolaryngology	1977-1980
<b>FELLOWSHIP:</b>	University of Pennsylvania Graduate Hospital Philadelphia, Pennsylvania Facial Plastic Surgery	1980-1981
<b>BOARD CERTIFICATION:</b>	American Board of Otolaryngology	1980
<b>LICENSURE:</b>	Illinois MD-024409-E Pennsylvania 036-055181 Kentucky 21606 Indiana	1977 1980 1981
<b>APPOINTMENTS:</b>	Assistant Professor Department of Surgery Division of Otolaryngology University of Louisville Louisville, Kentucky	1988-Present
	Guthrie Clinic Sayre, Pennsylvania	1984-1988
	Assistant Professor	1981-1984

Department of Surgery  
 Division of Otolaryngology  
 University of Louisville  
 Louisville, Kentucky

**Active Staff:**

University of Louisville Hospital 1988  
 Louisville, Kentucky

Norton Hospital 1988  
 Louisville, Kentucky

Kosair Children's Hospital 1988  
 Louisville, Kentucky

Veterans Administration Hospital 1988  
 Louisville, Kentucky

**Courtesy Staff:**

Jewish Hospital 1988  
 Louisville, Kentucky

Alliant Medical Pavilion 1988  
 Louisville, Kentucky

**PROFESSIONAL  
 ORGANIZATIONS:**

American Academy of Otolaryngology-  
 Head and Neck Surgery 1980

American Academy of Facial Plastic  
 and Reconstructive Surgery 1981

Falls City Medical Society 1981

American College of Surgeons 1987

Jefferson County Medical Society 1988

Kentucky Medical Association 1988

American Rhinologic Society 1991

Society of University Otolaryngologists 1991

Physicians for Social Responsibility 1997

**COMMITTEES:**

Veterans Administration Hospital  
 Pharmacy and Therapeutics Committee 1991  
 Laser Committee, Chairman 1993

Jefferson County Medical Society Environmental Health Committee Indigent Care Committee	1991-94 1994
Kentucky Outlook 2000, Steering Committee	1994
Rhinology and Paranasal Sinus Committee, American Academy of Otolaryngology - Head and Neck Surgery	1994
American Rhinologic Society Education Committee	1998
Renewal of Certification Study Guide in Otolaryngology - Head and Neck Surgery - AAO-HNS Foundation Writing Committee	1998
University of Louisville Hospital Credentials Committee	2001
<b>OFFICES:</b>	
President, Louisville ENT Society	1991
<b>HONORS AND AWARDS:</b>	
National Achievement Scholarship	1968
National Medical Fellowship	1972

## PUBLICATIONS

### Articles:

**Winstead W.:** Surgical Complications of the CO<sub>2</sub> Laser, Ear Nose Throat J, 61(9):512-16, 1982.

**Winstead W:** Bone Grafts. Ear Nose Throat J, 65(11):21-26, 1986.

Stock CR, **Winstead W**, Martinez SA: Odontogenic Necrotizing Fasciitis of the Neck, Ear Nose Throat J, 66(2):12-20, 1987.

**Winstead W:** An Update on Chronic Sinusitis. Ky Med J, 88:177-83, 1990.

**Winstead W**, Connely TV, Raff MJ: Rhinoscleroma: A Case Report and Clinical Update, American Journal of Rhinology. 7:6:281-85, 1993.

**Winstead W**, Connely TV: Endoscopic Management of Orbital Subperiosteal Abscess,

Proceedings XXIV Panamerican Congress of Otolaryngology and Head and Neck Surgery, Margarita Island, Venezuela, November 1994.

Goldman JL, Ganzel TM, **Winstead W**: Embolization as Definitive Treatment of Epistaxis in the Pediatric Patient, ENT Journal, 74(7): 490-92, July 1995.

**Winstead W**: Sphenopalatine Artery Ligation: An Alternative to Internal Maxillary Artery Ligation for Intractable Posterior Epistaxis. Laryngoscope, 106:667-69, May 1996.

**Winstead W**: New Approaches to the Management of Epistaxis, In: Renewal of Certification Study Guide in Otolaryngology - Head and Neck Surgery, American Academy of Otolaryngology - Head and Neck Surgery Foundation, Kendall / Hunt Publishing Company, Dubuque, Iowa, 1998, pp 221-25.

**Winstead W**, Barnett, SN: The Impact of Endoscopic Sinus Surgery on Global Health Perception: An Outcomes Study, Otolaryngology - Head and Neck Surgery, 119:5, p486-91.

Wo, JM, Jabbar A, **Winstead WI**, Goudy SL, Cacchione R, Allen JW: Hypopharyngeal pH Monitoring Artifact in Detection of Laryngopharyngeal Reflux, Digestive Diseases and Sciences, 47:11, p2579-85, November 2002.

Bhatnager KP, Smith TD, **Winstead WI**: The Human Vomeronasal Organ: Part IV. Incidence, Topography, Endoscopy, and Ultrastructure of the Nasopalatine Recess, Nasopalatine Fossa, and Vomeronasal Organ, American Journal of Rhinology, 16, p343-50, 2002.

Winstead W, Rhinosinusitis, Primary Care Clinical Office Practice, 30:137-54; 2003.

### **Books:**

Martinez SA, Nolph MB, **Winstead W**, Ganzel TM: Self-Assessment of Current Knowledge in Otolaryngology-Head and Neck Surgery, Fourth Edition, Medical Examination Publishing Company, Inc., New York, 1984, 303 pp.

### **Book Chapter:**

Ganzel TM, Martinez SA, Nolph MB, **Winstead W**: Disorders of the Head and Neck. In: Essentials of the Surgical Specialties, Baltimore, MD, Williams and Wilkins. July 1993.

**Winstead W**: New Approaches to the Management of Epistaxis, in Renewal of Certification Study Guide in Otolaryngology Head and Neck Surgery, Jack L. Gluckman, MD, editor 1998.

### **Book Reviews:**

**Winstead W**: Otolaryngology: A Textbook by Gerald English, Ear Nose Throat J, 63:102, 1984.

### **Abstracts:**

Stock CR, **Winstead, W**, Martinez, SA: Odontogenic Necrotizing Fasciitis of the Neck, Program,

World Congress of Otolaryngology, May, 1985.

**Winstead W**, Connely TV, Raff MJ: Rhinoscleroma, American Rhinologic Society, Los Angeles, California, April, 1993.

Roisen FJ, Wang H, Giammara BL, Klueber KM, Lu C, Hatcher LM, **Winstead WI**: Human adult olfactory-derived stem cells. Society for Neuroscience, 2002 CD ROM.

## **PRESENTATIONS:**

Nasal Airway Patency and Its Influence on Facial Growth. Children's Dental Health Panel. Cable TV, Louisville, Kentucky, February, 1982.

Laryngeal Reconstruction. Kentucky Speech and Hearing Society Meeting, Louisville, Kentucky, April, 1982.

Frontal Sinus Disease: Complications and Management. Kentucky Medical Association, Louisville, Kentucky, September, 1982.

Acoustic Neuroma: Diagnosis and Treatment. Otolaryngology Grand Rounds, University of Louisville, March, 1983.

Orbital Blowout Fractures: Controversies in Management. Otolaryngology Grand Rounds, University of Louisville, May, 1983.

Rhinoplasty Panel. Kentucky Medical Association Meeting, Louisville, Kentucky, September, 1983.

Allergic Rhinitis. Allergy and Immunology Grand Rounds, Norton Hospital, Louisville, Kentucky, September, 1983.

Sinusitis. St. Anthony Hospital Family Practice Grand Rounds, Louisville, Kentucky, April 28, 1989.

Chronic Sinusitis. Radiology Conference, Humana Hospital - University of Louisville, August 3, 1989.

Chronic Sinusitis. Trover Clinic, Madisonville, Kentucky, July 26, 1989.

Functional Endoscopic Sinus Surgery. Kentuckiana Association of Operating Room Nurses, Louisville, Kentucky, May 1, 1990.

Indications, Technique and Pitfalls of Functional Endoscopic Sinus Surgery. Kentucky Society of Otolaryngology-Head and Neck Surgery, French Lick Springs, Indiana, June 10, 1990.

Sinus Endoscopy - Diagnosis and Treatment. Jewish Hospital, Louisville, Kentucky, August 28, 1990.

Issues in Smell and Taste Research. The Center for Research in the Special Senses, University

of Louisville, October 25, 1990.

Sinus Disorders. Department of Ophthalmology, University of Louisville, November 27, 1990.

Chronic Sinus Disease. Norton/Kosair Children's Hospitals Symposium, Louisville, Kentucky, December 8, 1990.

Functional Endoscopic Sinus Surgery. Alliant Health System Operating Room Nurses Meeting, Louisville, Kentucky, October 16, 1991.

President, Louisville ENT Society, 1991. Speakers provided for meetings.

Endoscopic Sinus Dissection Course, University of Louisville, January 3, 1992.

Pediatric Sinus Disease. Allergy and Immunology Grand Rounds, Norton Hospital, Louisville, Kentucky, June 2, 1992.

Rhinoscleroma. American Rhinologic Society, Los Angeles, California, April 17, 1993.

Treatment of Sinusitis. Greater Louisville Allergy Society and Kentucky Society of Allergy and Clinical Immunology, Louisville, Kentucky, May 15, 1993.

Endoscopic Management of Orbital Subperiosteal Abscess. XXIV Panamerican Congress of Otolaryngology and Head and Neck Surgery, Margarita Island, Venezuela, November 6, 1994.

Management of Acute and Chronic Sinusitis. Alliant Medical Staff Grand Rounds, Louisville, Kentucky, May 1, 1996.

Air Pollution and Respiratory Tract Disease. West Louisville Community Environmental Task Force, July 9, 1996.

Update on Evaluation and Management of Upper Respiratory Tract Disease. Glaxo Medical Symposium, Louisville, Kentucky, July 13, 1996.

## **COURSES TAUGHT**

Advanced Endoscopic Sinus Surgery Dissection Course, University of Louisville, Annually 1990 - 1997

## **RESEARCH GRANTS:**

Frequency Changes in EEG Following Olfactory Stimulation. University of Louisville School of Medicine.  
\$2,815 1989

Prospective, Controlled, Double-Blind, Randomized, Multi-Center Clinical Trial Comparison of the Safety and Efficacy of Ciprofloxacin versus Clarithromycin in the Treatment of

Patients with Acute Sinusitis.  
 Drug Study D93-007, Miles Inc.  
**Winstead W**, Barnett, SN. \$44,040 1993-95

A Multi-Center, Randomized Study to  
 Evaluate the Safety and Efficacy of  
 Oral Levofloxacin with Amoxicillin/  
 Clavulanate Potassium in the Treatment  
 of Patients with Acute Sinusitis.  
 Robert W. Johnson Pharmaceutical  
 Research Institute. **Winstead W**,  
 Barnett S. \$10,000. 1994

A Multi-Center, Noncomparative Study to  
 Evaluate the Safety and Efficacy of  
 Oral Levofloxacin on the Treatment of  
 Acute Sinusitis in Adult Phase III  
 (Protocol #N93-006). Robert W.  
 Johnson Pharmaceutical Research  
 Institute. **Winstead W**, Barnett SN.  
 \$10,000 1994

A Multi-Center, Noncomparative  
 Study of Cefprozil 250 mg. BID or  
 500 mg BID in the Treatment of  
 Acute and Uncomplicated Bacteria Sinusitis.  
 Bristol-Myers Squibb Pharmaceutical  
 Research Institute. **Winstead W**,  
 Barnett SN. \$19,610 1995

## POSTGRADUATE EDUCATION

Association for Research in Otolaryngology, St. Petersburg, Florida, February 4-9, 1989

VIII ISIAN: International Symposium of Infection and Allergy of the Nose, International Rhinology Conference, Johns Hopkins University, June 11-13, 1989.

Contemporary Sinus Surgery, University of Pittsburgh, November 3-6, 1990.

Impact of Pollution on the Upper Respiratory Tract, National Institutes of Health, Washington, D.C., December 15-17, 1991.

Advanced Symposium for Sinus Surgeons, Shadyside Hospital, University of Pittsburgh, Vail, Colorado, February 9-14, 1992.

Interactive Surgery/Imaging of Paranasal Sinuses, Skull Base, Brain & Spine, John Hopkins University, Snowmass, CO, March 14-17, 1993.

COSM Annual Meeting, Los Angeles, CA, April 16-19, 1993.

International Advanced Sinus Symposium, University of Pennsylvania Medical Center, Philadelphia, PA, July 21-24, 1993.

HIV/AIDS Update for Physicians, Alliant Health Systems, Louisville, KY, March 18, 1994.

XXIV PanAmerican Congress of Otorhinolaryngology - Head and Neck Surgery, Margarita Island, Venezuela, November 3-6, 1994.

Head and Neck Reconstruction, Educational and Research Foundation for the American Academy of Facial Plastic and Reconstructive Surgery, Columbus, OH, May 18-25, 1995.

AAO-HNSF Annual Meeting, New Orleans, Louisiana, September 17-20, 1995.

1996 Mastering The Accreditation Process Workshop, Chicago, Illinois, March 15, 1996.

Cottle International Rhinology Centennial XVI ISIAN, Philadelphia, PA. June 5-8, 1997.

Supraesophageal Complications of Reflux Disease, Medical College of Wisconsin, Seattle, WA, August 6-8, 1998.