

UNIVERSITY OF LOUISVILLE

Post-Bac Pre-med Certificate Program Orientation Handbook

CONGRATULATIONS!

Now that you're in the program, what's next?



WELCOME ABOARD!

We want to **keep you in the program**
to complete the program.

There are program requirements you must meet in order to receive your pre-medical certificate; committee letter of recommendation and assured admission to the University of Louisville School of Medicine.

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PROGRAM REQUIREMENTS

- You must complete the minimum pre-med requirements.
- You must complete 30 credit hours of pre-med/science coursework at U of L.
- You may be required to take additional recommended upper level science courses in order to meet the 30 hour requirement.
- You must have a 3.3. post-bac grade point average and 3.5 science gpa by the completion of the program.
- You must attend at least half of the enrichment workshops each semester.
- You must participate in at least half of the community service projects each semester.
- You must have a mock interview before receiving your committee letter of recommendation for medical school.
- ❖ **If you have difficulty meeting these requirements, please consult with the Program Advisor.**
- ❖ ***If you fail to meet these requirements at anytime during the program, you are at risk of being dismissed and may resume as a regular non-degree Post-Bac.***

ASSURED ADMISSION REQUIREMENTS -GPA

GPA

- If ≥ 24 hours within the U of L Post-Bac program and Post-Bac GPA ≥ 3.6 then will be interviewed.
- If ≥ 30 hours within U of L Post-Bac program and Post-Bac GPA ≥ 3.5 then will be interviewed.
- If U of L Post-Bac GPA does not meet these requirements then the applicant goes into pool for regular admission consideration.

ASSURED ADMISSION REQUIREMENTS – Interview Score

INTERVIEW SCORE

- Interview score ≥ 28 total points for two interviews (average ≥ 3.5) with no section below 3 (**Note:** 3 is average).
- Interviews will be offered after the applicant has successfully completed ≥ 24 hours as outlined in **Item 1.** above.
- If interview total points ≤ 27 then the applicant goes into pool for regular admission consideration.

ASSURED ADMISSION REQUIREMENTS – MCAT Score

MCAT

- MCAT must be scheduled such that the score is available on or before **May 15** of the year of desired matriculation.
- MCAT ≥ 9.0 average (with not less than 8 on any individual numerical section) and at least N in the writing sample, all during one testing; with GPA and interview standards also met, then “Assured Admission.”
- If MCAT $< 9.0/N$ then the applicant goes into pool for regular admission consideration.
- The MCAT may be retaken a second time as long as Item **3.a.** is fulfilled. However the most recent score will then be the score of action and must meet Item **3.b.** for an assured admission.

ASSURED ADMISSION REQUIREMENTS – MCAT Retake

If the necessary score is not achieved with the second attempt, the student must meet with the Post-bac Program Director (PD) to discuss options and the possibility of a third attempt. The PD will then meet with Admissions personnel to determine if a third assured admission attempt will be allowed.

GETTING ACQUAINTED



INITIAL CONSULTATION

Since we'll be working together for the next year or two, we need to get acquainted. Every student in our program has an initial consultation with the Program Director who also serves as the pre-med advisor. This consultation allows us to further discuss your interest in becoming a physician and to begin working out a program plan. Follow up consultations are held throughout the semester.

WHAT IS A PROGRAM PLAN?



A program plan serves as your academic road map.

- **For starters**, we will review your transcript to see what remaining pre-med courses you need to take or repeat.
- **Next** we will decide which courses you will take for the next 2-6 semesters (1-2 years).
- **Then** we will review the pre-requisites for each class and see which of those classes are open for the current semester.
- **Lastly**, you can register for those courses based on the days and times that work for you via U Link.

In addition to your course load, we will also schedule a tentative date for taking the MCAT and applying to medical school (these dates are pending your success in the pre-med courses).

REGISTERING FOR CLASSES

- Once you've been admitted into the University of Louisville, you may register for classes. Go to <http://hal.louisville.edu> to find a listing of classes being offered for the semester you are entering.
- Find the classes and the preferred day and time to attend then you may register for classes on-line through U-Link.
- Once you have logged on to U-Link, select the **Student Services tab** (top of the left column); then go the Registration column (far right column) and scroll down to Enrollment Shopping Cart to begin searching for and selecting classes.
- Once you've selected your courses and clicked enroll you may then go to Add Classes and add them to your schedule.
- If you have any registration problems, please call 502-852-6522 .

PURCHASING BOOKS



Books are a commodity and can be a major investment. There are three book stores on or surrounding campus:

Barnes & Noble Bookstore <http://louisville.bkstore.com/>
Student Activities Center, Belknap Campus

Grays Book Store, <http://uofl.graysbooks.com/>
4th & Cardinal Blvd. (near campus)

College Book Warehouse
<http://www.collegebookwarehouse.com/>
Corner of Brook & Brandeis (near campus)

You may consider purchasing used books at a discounted price or check with your fellow post-bac students to either borrow or purchase their book. Be sure to check the edition of the book to make sure it's the same one being used this semester. Also, consider purchasing study guides/aides associated with the class . You may order books on-line at the websites listed above.

FINANCING YOUR EDUCATION

Now that you're in the program, you need to pay for school. Tuition rates may be found at <http://louisville.edu/vpf/bursar/>

PAYMENT OPTIONS

- Pay out of pocket (your own funds)
- Arrange a payment plan with the Bursar's office
- Work at UPS through the Metro College (tuition covered) or the Earn and Learn program which reimburses their employees' tuition
- Apply for financial aid.

(If you need financial aid, you are eligible for Federal Stafford Student Loan through our program).

FAFSA

APPLYING FOR FINANCIAL AID

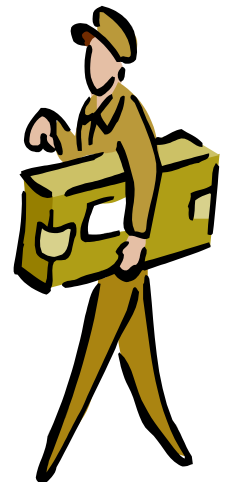
- You must complete the FAFSA form to apply.
- Go to <http://www.fafsa.ed.gov>. The U of L's Title IV code is **001999**.
- For more information about the student loan, please consult with Mr. Cedric Trigg, Financial Aid Advisor, 852-5511 or cdtrigo1@louisville.edu .
- Please visit the Financial Aid website <https://vhost.louisville.edu/student/services/financial-aid/devfinancialaid/index.ph>

UPS TUITION INCENTIVES

You can work at UPS part-time and they will pay your tuition or reimburse up to \$3,000 for undergraduate level courses.

The Earn and Learn Program at UPS allows you to work any shift. Metro College offers the night shift only. You can apply for either one at www.UPS.jobs.com .

CONTACT: THE METRO COLLEGE OFFICE
Ms. Donna Dunn, 852-2749
dorusho1@louisville.edu



VETERAN STUDENT SERVICES

If you are currently in the military or a veteran, there is an office available to assist you as you readjust to campus and civilian life.

VETERAN STUDENT SERVICES

CALL

502-852-6442

E-MAIL

veterans@louisville.edu

WEBSITE

<https://louisville.edu/veterans/about>

STOP BY

Houchens Building, lower level, room o8



CAMPUS CARD

If you are new to U of L, you will need to get a campus ID card.

The Cardinal Card Office is in the Houchens Building on the lower level.

Bring another form of ID with you and your student ID #.

For more information, please go to <http://louisville.edu/campuscard/> or call 852-7520.

CAMPUS PARKING

If you plan to park on campus, you must purchase a parking permit from the parking office. Most students purchase green. There are various green lots across campus, however, most students park at the Papa John's Cardinal Stadium and catch the shuttle into campus. There is some free parking along Floyd, Lee, Brook and on Fourth Street, but those spots fill up fast. There are meters on some of the streets that you may park on and spots in the garage or short term parking in the garage. Go to <http://louisville.edu/parking/> for more details or call 502-852-7275.



GETTING FAMILIAR WITH BELKNAP CAMPUS

If you are not familiar with the U of L Belknap Campus, it's a good idea to tour the area before classes begin. You may get a campus map from either the Admissions Office in the Houchens Building or the North or West Information Centers. Campus maps are also kept in the Post-bac Pre-medical Certificate Program Office. Take a stroll on campus during the weekend when its not as busy to find the various buildings you'll be having class.

Also be sure to visit <http://louisville.edu/admissions/newcards/nondegree-students> to get acclimated to campus life at U of L.

HOUSING

If you are relocating to Louisville, you will need housing. There are several on-campus apartments that give you independent living without feeling like you're living in a dorm.

There are also numerous off campus apartments that are only a few blocks away. If you choose to live further away from campus, consider a complex not far from the interstate to allow you decent traffic time.

APARTMENT LISTINGS

The Province

<http://louisville.livetheprovince.com/>

The Bellamy

<http://www.bellamystudentapartments.com/louisville/index.html>

Louisville Apartments (off campus)

<http://www.apartmentguide.com/apartments/Kentucky/Louisville/>

MAKING LOUISVILLE YOUR SECOND HOME

Moving to a new city or even a new neighborhood can be intimidating and a little overwhelming. You need to know where the nearest stores, gas stations, shopping malls and interstates are located; as well as the extras that Louisville has to offer.



Check out

<http://www.gotolouisville.com/index.aspx>

ENRICHMENT SESSIONS

Enrichment sessions are scheduled one Saturday per month.

These sessions may include the following:

- ❖ Medical Student Panel Discussions
- ❖ Physician Panel Discussions
- ❖ Health Care Presentations on various diseases and health care issues
- ❖ Cultural Competency Activities
- ❖ Team Building/Personal and Professional Development Activities
- ❖ Science Faculty

PLEASE NOTE: Students are required to attend at least half the sessions per semester. For example if four are held during the fall semester, students must attend at least two.

ENRICHMENT SESSIONS



COMMUNITY SERVICE

As a group we will have community service projects scheduled throughout the semester. Our goal is to serve the community and also learn about the needs of the surrounding area. If you are currently involved in community service, please continue to participate.

However, you are required to attend at least half of our scheduled community service projects per semester.

COMMUNITY SERVICE AT THE RONALD MCDONALD HOUSE



SHADOWING

Medical school applicants need to have clinical exposure.

- ❖ They need to see first hand what takes place in a health care facility.
- ❖ They need to see what physicians and other health care providers do and how they interact with patients.

How does this happen?

#1: You and the advisor will discuss areas of medicine that interest you.

#2: The advisor will seek physicians for you to shadow.

#3: Once initial contact is made by the advisor and the physician is receptive, you will follow up with the physician or office staff to schedule a shadowing appointment per your availability.

If shadowing during the semester is not possible then consider shadowing during fall break, winter break, spring break or during the summer.

SHADOWING APPOINTMENT

- You may be required to have HIPPA Training or sign a HIPPA document regarding patient privacy and a TB test.
- Depending on the physician, you may be shadowing him/her or their resident.
- Some physicians have you follow them the entire time, while others will have you sit and will call you in at certain times or during certain procedures.
- There may be some procedures that you can see and others that you might not be allowed to see due to the patient's wishes.
- Some shadowing appointments are very busy and engaging while others may not be. If it's a slow day, it is okay to ask if you could return on another day that may be busier. Be sure to thank them for the opportunity.

ACADEMIC ASSISTANCE

- Earning and maintaining good grades is crucial to succeeding in this program. You are strictly taking science courses which require your focus, ample study time and comprehension to excel. ***However, seek academic assistance when needed.***
- The REACH CENTER provides supplemental instruction, tutoring, study technique workshops and much more!

REACH

Resources for Academic Achievement

- The REACH Center is located in Strickler Hall.
- Go to www.reach.louisville.edu for more information about various services and sessions being held each semester.

STUDY GROUPS

Study groups are not required, but *encouraged*.

As you become better acquainted with your fellow post-bac classmates, take advantage of the resources you can provide each other.



YOUR PEER MENTOR

Our new students will be assigned a peer mentor that will help out on an “as needed” basis. Your peer mentor is a current post-bac student in our program who can provide advice and information about the Belknap Campus, the Louisville area or the classes you’re taking or will be taking. **You’re not alone in this pre-med journey.**

MEDICAL STUDENT MENTOR

A first year medical or MED (Medical Education Development Program) student from the U of L School of Medicine will be paired with you and serve as your mentor for one academic year. Mentors and mentees must complete an information sheet and the Program Advisor pairs them. The mentor serves as a support system, gives helpful advice about preparing for and succeeding in medical school and introduces their mentee to networking opportunities.



QUESTIONS?

- If you have any further questions or concerns, please feel free to stop by or contact our office at 502-852-2712 or send an e-mail directly to Tonia D. Thomas, tdthomo1@louisville.edu .