

# ***Some Equivalent Preps***

***(expected > 90% Good/Excellent)***

<b><i>Breakfast, day before Exam</i></b>	<b><i>Noon, day before Exam</i></b>	<b><i>6 PM, day before exam</i></b>	<b><i>AM of Exam-day (finish 3h before leaving home)</i></b>
Regular	Clear liquid diet	[PEG 3L or PEG 2 L] + Bisacodyl 20 mg	PEG 1 L
Regular	Clear liquid diet	PEG 4 L or PEG 2 L + Bisacodyl 20 mg	Mg Citrate 300 ml + Gatorade 16 oz
Regular	Clear liquid diet	NaP 45 ml + Gatorade 1.9 L (2 Qt = 64 oz)	NaP 45 ml + Gatorade 1.45 L (1.5 Qt = 48 oz)
Regular	Clear liquid diet & Mg Citrate 300 ml + Gatorade 32 oz	Mg Citrate 300 ml + Gatorade 32 oz.	Mg Citrate 300 ml + Gatorade 16 oz.