

**University of Louisville Department of Psychiatry & Behavioral Sciences
Community Service Track**

Overview

The Community Service Track allows residents who are interested in pursuing a career in community psychiatry the opportunity to become familiar with this area of service as early as possible in their career.

Program Goals and Organization

The goal of the Community Service Track is to allow the resident to gain exposure through 1) mentorship, 2) clinical experiences and 3) involvement and exposure to community programs and committees. The Community Service Track is designed to work with the resident to enhance their educational experience. Residents are excused from their service sites 2 hours per week to attend supervision and mentorship sessions. Residents admitted to the program recognize that residency does not conform to a 40 hour work week and that time outside the 8-5 Monday through Friday work day will likely be spent attending local meetings. The following outline depicts the expectations of residents engaged in the Community Service Track in regards to each of the track's designated goals.

Mentorship

Resident enrolled in the Community Service Track will have two designated mentorship experiences. The resident will be assigned a faculty mentor with specific experience and interest in community psychiatry. In addition, residents on this track will meet with the Seven Counties Community Psychiatry Director in order gain further assistance in developing their understanding and interest in this field.

Clinical Experiences

Clinical experience is considered a crucial component of developing an understanding of community psychiatry. Residents enrolled in this track will be given preferential assignment to community-based clinical rotation sites, including Central State Hospital and Seven Counties Services.

Involvement and Exposure

Community Psychiatry extends beyond the walls of a clinic, or hospital. Residents on the Community Psychiatry Track will have exposure to a number of community meetings and committees related to mental health. Examples will include: attendance at the Board of Directors of Seven Counties and the Pharmacies and Therapeutics committee meetings. At the beginning of the academic year, a plan will be developed as to what options are available to the resident. The expectation is that the resident will "sample" a number of activities, but will not attend each meeting on a regular basis. The resident

will be required to find an additional community-based agency that will be willing to allow them to serve in their board of directors. This will be an ongoing task during the resident's tenure on the track. The resident is also required to participate in some form of community education project. The resident will also be encouraged to attend local and national meetings that address community based service. This will be supported financially when possible.

Further Expectations

Residents enrolled in the Community Service Track will be expected to meet with a member of the residency training office, either the Director or Associate Director, on a quarterly basis to review their progress and development.

Recognition

At the completion of a resident's training, if they have successfully engaged in the Community Service Track, they will receive an additional certificate of recognition at graduation. In addition, future letters attesting to their education will reflect their completion of the track requirements.

Application Process

The Community Service Track involves dedication on the part of the resident. Only residents within the program may apply. In order to apply, residents must submit a letter outlining their interest in the track. In this letter, they must also submit possible areas of interest and potential faculty they would like to work with regarding their mentorship and development. Residents may apply prior to March 1st of their PGY-1 or 2 year. If accepted into the track, the resident will commence enrollment as of July 1st of either their PGY-2 or PGY-3 year respectively. Residents are encouraged to apply as early in their educational experience as possible to allow for the most fruitful experience.