# Elizabeth D. (Lush) Cash, Ph.D.

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### **EDUCATION**

2001 – 2006	B.A.	Psychology, Natural Sciences Concentration
		University of Louisville, Louisville, KY
2006 – 2008	M.S.	Experimental Psychology, Biobehavioral Oncology Concentration
		University of Louisville, Louisville, KY
2008 - 2012	Ph.D.	Clinical Psychology, Health Psychology Concentration
		University of Louisville, Louisville, KY (APA accredited program)

### **ACADEMIC APPOINTMENTS**

Intern. Department of Public Health & Health Professions, University of Florida;
UF&Shands Hospital, Gainesville, FL (APA accredited)
<b>Postdoctoral Fellow.</b> Department of Surgery, University of Louisville School of Medicine, Louisville, KY
Adjunct Assistant Professor. Department of Psychological and Brain Sciences,
University of Louisville, Louisville, KY
Adjunct Assistant Professor. Department of Family & Geriatric Medicine,
University of Louisville School of Medicine, Louisville, KY
Assistant Professor. Department of Otolaryngology-Head & Neck Surgery and
Communicative Disorders, University of Louisville School of Medicine, Louisville, KY
Director of Research. Department of Otolaryngology-Head & Neck Surgery &
Communicative Disorders, University of Louisville School of Medicine, Louisville, KY
Director of Health Psychology Postdoctoral Fellowship. Department of
Otolaryngology-Head & Neck Surgery and Communicative Disorders, University of
Louisville School of Medicine, Louisville, KY

### OTHER POSITIONS

2013 – Current Clinical Medical/Health Psychologist. University of Louisville Physicians:

Otolaryngology-HNS & Communicative Disorders

# **CERTIFICATION AND LICENSURE**

2014 – Current Licensed Psychologist (KY 1759)

# PROFESSIONAL MEMBERSHIPS AND ACTIVITIES

2004 – 2006	Member, Psi Chi National Psychology Honor Society
	2005 – 2006 <b>Treasurer</b> , Local Chapter
2004 - Current	Member, Kentucky Psychological Association (KPA; Member)
	2014 – 2015 Chair, Early Career Psychologists Committee
2004 - Current	Member, American Psychological Association, Division 38 – Health Psychology
2008 - Current	Member, American Psychosomatic Society (APS)
	2010, 13 Annual Meeting Abstract Reviewer

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Member, Association of American Medical Colleges Group on Women in Medicine and 2014 - Current

Science; Louisville Chapter (L-WIMS)

2014 - Current Louisville Chapter Programming Subcommittee Leader

2014 - Current Scientific Fellow, American Academy of Otolaryngology-Head and Neck Surgery

and Women in Otolaryngology Section

2013 - Current Member, Association of Psychologists in Academic Health Centers

> 2017 Chair, National Conference Sponsorship Subcommittee 2015 Member, National Conference Planning Committee 2015 Member, National Conference Poster Subcommittee

2015 - Current Member, Research Committee

# **HONORS AND AWARDS**

2005	Vice President for Research Undergraduate Research Scholar Grant; award to
	support senior undergraduate honor's thesis
2006	Amber M. Heuerman Research Fund; award for academic conference travel
2008	Society for Behavioral Medicine Citation Award, award for poster at Annual Meeting
2008	Outstanding Student Abstract Award, Society for Behavioral Medicine Cancer Special
	Interest Group; award to facilitate travel, poster and oral presentation to the Cancer
	Special Interest Group Committee Meeting during Annual Meeting and Scientific Sessions
2010	Dr. M. Celeste Nichols Award; award from the UofL Women's Center in conjunction with
	the President's Commission on Diversity and Racial Equality, the SGA Torchbearer
	Endowment, and the UofL Cultural Center, for academic conference travel
2011	American Psychosomatic Society Young Scholar Award; awarded for oral
	presentation at Annual Meeting, from American Psychosomatic Society and NIH, given to
	top 12 students at annual meeting, with special recognition at opening sessions
2012	Graduate Dean's Citation; awarded upon graduation to students who demonstrate
	significant accomplishments (e.g., publications, teaching excellence, and professional
	service) beyond the achievement of a high GPA during their graduate school career
	service) beyond the achievement of a high GPA during their graduate school career

# COMMITTEE ASSIGNMENTS AND ADMINISTRATIVE SERVICES

### **UNIVERSITY ACTIVITIES**

2008 Peer mentor to first-year UofL Experimental Psychology PhD student 2013 - Current Member, Division of Otolaryngology-HNS Program Evaluation Committee

Co-Director, Distinction in Research Track, University of Louisville School of Medicine 2015 - Current 2016 - Current Chair, Research Committee, Dept of Otolaryngology-HNS & Communicative Disorders

# **NON-UNIVERSITY ACTIVITIES**

2013 Reviewer, The Icelandic Research Fund, Division for Science and Innovation Grants

2012, 13 Judge, Research!Louisville Poster Session

2009 Judge, Louisville Regional Science Fair Presentation, High School Life Sciences Division

# **JOURNAL PEER REVIEWS**

# *AD HOC REVIEWER*

2015

2010 Psychology & Health Psychoneuroendocrinology 2012 Journal of Health Psychology 2014

Annals of Behavioral Medicine 2015 - Current Journal of Clinical Psychology in Medical Settings

2015 - Current Journal of Psychosocial Oncology

### **EDUCATIONAL ACTIVITIES**

### RESEARCH TEACHING

### **MEDICAL STUDENTS**

2012 - 2015Andrew Vaughn, volunteer 2013 Elizabeth Self, Distinction in Research (DIR 2) John Gettelfinger, Research – Surgery Problems (SURG 911) 2013 2013 B. Ryan Nesemeier, Research – Surgery Problems (SURG 911) 2013 - 2014Johanna Yun, Brown Scholar Luke Sturgill, volunteer 2013 - 20162014 John Gettelfinger, Distinction in Research (DIR 2) Adam Seibert, Summer Research Scholar Program 2015 2014 - Current Andrea Gentile, volunteer 2015 - Current Sarah Khayat, volunteer 2015 - Current Mia Jusufbegovic, volunteer 2016 - Current Dhruv Sharma, volunteer 2016 Riley Duck, Summer Research Scholar Program

#### RESIDENTS

2016 - Current

2014 – Current **Director**, Otolaryngology-HNS Resident Research Program, Department of

Smriti Kumar, Distinction in Research (DIR 1 & 2)

Otolaryngology-HNS & Communicative Disorders, University of Louisville School of

Medicine, Louisville, KY

As part of Service to Research assignment, coordinate and advise on resident-led research activities in otolaryngology. Built program infrastructure, including resident research manual and secure website for data and resource storage. Advise on project design and feasibility, hypothesis generation, analytic planning, handled IRB and administrative activities, provided statistical analysis, and supported conference presentation and manuscript preparation. Provided annual Research Mini-Course designed to offer an overview of the scientific method, from origination of idea of publication of data. Taught practical strategies to inform residents as they conduct research, strategies for hypothesis generation, data collection, evaluation of statistical methods, as well as guidelines for authorship and etiquette.

2015 Faculty Facilitator, Residents and Scholarly Activity Workshop, Graduate Medical

Education Office, University of Louisville School of Medicine, Louisville, KY

Facilitated day-long course designed for 1st and 2nd year residents to provide a common understanding of the research process across medical specialties. Facilitated discussions with residents as they explored at least two potential ideas for scholarly projects and refined ideas in terms of hypothesis and study design, with activities about the basic components of research design and implementation.

# THESIS COMMITTEES

2014 – Current	PhD	Whitney Rebholz	Department of Psychological & Brain Sciences
2015 - Current	PhD	René Bayley-Veloso	Department of Psychological & Brain Sciences
2015 – 2016	BA Honors	Moriah Horn	Department of Psychological & Brain Sciences

#### **UNDERGRADUATES**

2013 – 2014 Erin Bumpous, Psychology Internship (PSYCH 444; PSYC 445), Bellarmine University,

Louisville, KY

### **GRADUATE STUDENTS**

2013 – Current **Director**, Health Psychology Practicum for Clinical Psychology, University of Louisville School of Medicine, Louisville, KY

Instructed predoctoral Ph.D. (University of Louisville Department of Psychological & Brain Sciences) and Psy.D. (Spalding University School of Professional Psychology) students in the psychological evaluation and treatment of oncology patients in both the outpatient and hospital setting. Supervised students as they learn to conduct health and behavior, and anxiety and depression screening assessments with recently diagnosed head and neck cancer patients. Trained students in brief behavioral health intervention, including pain management, sleep hygiene, behavioral activation, psychoeducation regarding disease treatment, and relaxation techniques. Oversaw students administration of neuropsychological evaluations for memory and cognition in older adults, cognitive evaluations for children and adolescents with suspected central auditory processing disorder, and clinical interviews with patients and family members. Students learned to operate within an interdisciplinary team of medical oncology, surgery, radiation oncology, speech pathology, nutrition, and social work professionals, attended treatment planning and morbidity/mortality conferences, and gained experience training junior psychology graduate students.

Dates	Supervisee	Description of Training
Spalding University Psy	.D. Students	
1/2014 – 12/2014	C. Street Russell	Behavioral oncology
9/2014 – 8/2015	Laura Turkowski	Medical/health psychology, neuropsychology
12/2014 – 11/2015	Jenn Cook	Medical/health psychology, neuropsychology
1/2015 – 12/2015	Lizzy Fleagle	Behavioral oncology, inpatient consultation/liaison
8/2015 – Current	Emily Stano	Behavioral oncology, inpatient consultation/liaison
1/2016 - Current	Morgan Springer	Medical/health psychology, neuropsychology
1/2016 – Current	Hannah Kersting	Medical/health psychology, neuropsychology
University of Louisville F	Ph.D. Students	
1/2014 — 5/2014	Jamie Shouse	Neuropsychology
5/2013 – 5/2014	Whitney Rebholz	Medical/health psychology, neuropsychology
8/2015 – 5/2016	René Bayley-Veloso	Medical/health psychology, neuropsychology
8/2015 – Current	Stephanie McDonough	Medical/health psychology, inpatient consultation/liaison
11/2015 - Current	Ashlee Warnecke	Neuropsychology

### **GRAND ROUNDS**

2011	Case Presentation: Cognitive-Behavioral Therapy for Insomnia and Hypnotic
	Withdrawal, UF&Shands Sleep Disorders Center Invited Rounds for Sleep Fellows,
	Gainesville, FL
2013	Research Basics: Study Design and Interpretation, Department of Surgery, Division of
	Otolaryngology-HNS, University of Louisville School of Medicine, Louisville, KY
2014	Health Psychology in Medical Settings, Department of Psychological & Brain Sciences
	Colloquium Series, University of Louisville, Louisville, KY
2014	Research Design and Interpretation, Department of Surgery, Division of
	Otolaryngology-HNS, University of Louisville School of Medicine, Louisville, KY
2016	New Terminology for Dementia, Department of Family & Geriatric Medicine, University
	of Louisville School of Medicine, Louisville, KY

### INVITED LECTURES TO GRADUATE STUDENTS

2014 **Hypothalamus/Autonomic Nervous System**, Behavioral Neuroscience (PSYC 642) University of Louisville, Louisville, KY

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2015	Neuropsychology & Aging, Gerontologic Audiology (AUDI 642), University of Louisville
	School of Medicine, Louisville, KY
2015	Research Basics for Speech-Language Pathology, Half-Day Seminar for Division of
	Speech-Language Pathology, University of Louisville School of Medicine, Louisville, KY
2015	Developmental Neuropsychology: Constructs & Measures, Assessment and
	Management of Auditory Processing Disorder (AUDI 654), University of Louisville School
	of Medicine, Louisville, KY
2016	Head & Neck Cancer, Medical Audiology (AUDI 646), University of Louisville School of

# UNDERGRADUATE COURSE TEACHING

Medicine, Louisville, KY

2007 – 2009	Graduate Teaching Assistant, Physiological Psychology (PSYC 344), Department of
	Psychological and Brain Sciences, University of Louisville, Louisville, KY
2008	Graduate Teaching Assistant, Principles of Neuroscience (PSYC 643), Department of
	Psychological and Brain Sciences, University of Louisville, Louisville, KY
2009	Graduate Teaching Assistant, Abnormal Psychology (PSYC 385), Department of
	Psychological and Brain Sciences, University of Louisville, Louisville, KY

# INVITED LECTURES TO UNDERGRADUATES

11/2013, 2/2014 **Psychosocial Effects in Cancer**, Health Psychology (PSYC 404), Bellarmine University, Louisville, KY

# COMMUNITY OUTREACH

2007	Service Learning Program Participant, UofL International Service Learning Program.
	Traveled to Belize to work with government officials to facilitate disaster preparedness,
	and with a clinical psychologist to develop a mental health treatment database
2009 – 2011	Representative for Community Health Fairs, UofL Psychological Services Center
2009	Presenter, Stress and Coping in Breast Cancer, Invited Presentation at Kentucky Cancer
	Program Breast Cancer Weekend Retreat for Breast Cancer Survivors, Louisville, KY
2015	Affiliate, Gilda's Club Mindfulness Program (Director: Paul Salmon, PhD)
2015	Psychiatry/Psychology Site Mentor, Trinity High School Job Shadow Program,
	Louisville, KY. Program to allow students day-long shadow opportunity with a professional working in field of interest.
2015	Panel Member, Discussion of Women in Medicine in Science, JCPS Teenage Pregnancy
	Program, South Park High School, Fairdale, KY
	- <b>3</b>

# **CLINICAL ACTIVITIES**

2013 – Current Clinical Medical/Health Psychologist. University of Louisville Physicians Otolaryngology & Communicative Disorders

Conducted brief, evidence-based behavioral interventions with a variety of medical patients, including those with difficulty adjusting to head and neck cancer; patients with voice concerns; patients suffering from insomnia or sleep problems. Administered psychometric and neuropsychological assessment batteries to determine candidacy for cochlear implantation, as well as cognitive function.

2014 – Current Clinic Chief and Director. Head & Neck Cancer / Health Psychology Clinical Training Program, University of Louisville School of Medicine and Brown Cancer Center, Louisville, KY

Supervised clinical training initiatives of Clinical Psychology graduate students focusing in Health Psychology and Psycho-Oncology specialties. Attended weekly Multidisciplinary Head & Neck Cancer clinic and conference, supervised and conducted health & behavior assessments with patients.

### CLINICAL TRAINING

2008 - 2011

Clinical Psychology Assessment and Therapy Practicum Student. Noble H. Kelley Psychological Services Center, University of Louisville, Louisville, KY Supervisors: Janet Woodruff-Borden, Ph.D.; Paul Salmon, Ph.D.; Bernadette Walter, Ph.D.; David Winsch, Ph.D.

Applied Cognitive-Behavior Therapy and Mindfulness-Based Behavioral Therapy approaches in psychotherapy; case management, consultation, and conceptualization. Administered standardized psychodiagnostic, personality, intellectual and achievement assessment batteries in an outpatient clinic. Served as graduate clinic assistant: conducted diagnostic assessments for children and adults; supervised students in assessment and therapy; case management and consultation; managed front desk operations and patient triage.

2009 – 2010 Clinical Psychology Practicum Student. Central State Hospital, Louisville, KY Supervisor: Rebecca Asher, Psy.D.

Completed an 1800-hour clinical practicum conducting inpatient psychotherapy for severe mental illness patients, structured suicide risk assessments; administered psychodiagnostic, intellectual, personality and neuropsychological assessments; led group therapy sessions; supervised students; served as part of the multidisciplinary care team; prepared documentation for legal proceedings.

2011 - 2012

Clinical Psychology Intern. University of Florida College of Public Health and Health Professions, Department of Clinical and Health Psychology; UF&Shands Hospital, Gainesville, FL (APA accredited)
Training Director: Lori Waxenberg, Ph.D.

Completed an 1800-hour predoctoral internship training year. Served as Chief Intern.

<u>Medical/Health Psychology</u>: Diagnostic interview/assessment for psycho-oncology, pain, sleep, women's reproductive health; bone marrow/solid organ transplant recipients and donors; inpatient consultation/liaison services for spinal cord injury, cardiology, organ transplant, and adult psychiatry.

<u>Neuropsychology</u>: Diagnostic interview/assessment for memory loss, dementia, and traumatic brain injury. <u>Behavioral Pediatrics</u>: Diagnostic interview/assessment for attention-deficit, anxiety, and other disorders. <u>General Outpatient</u>: Diagnostic interviews; psychotherapy for adult, adolescent, and pediatric patients.

2012 – 2013 **Postdoctoral Fellow.** University of Louisville, Department of Surgery, Louisville, KY Supervisors: Eric Russ, Ph.D.; Sarah Honaker, Ph.D.

Completed an 1800-hour postdoctoral training year serving in the UofL Head & Neck Cancer Multidisciplinary clinic at the Brown Cancer Center, and in UofL Pediatric integrated primary care clinics, as part of the clinical team. Conducted diagnostic and clinical interviews, psychological testing, behavior modification, psychoeducation to residents, patients and parents, supervised student research and clinical work, and consulted with the integrated healthcare team in multidisciplinary conferences.

### RESEARCH EXPERIENCE

2012 – 2014 **Research Coordinator.** Division of Otolaryngology-Head & Neck Surgery, University of Louisville School of Medicine, Louisville, KY.

Directed by: Jeffrey Bumpous, MD; Julie Goldman, MD

Coordinated research projects for faculty and residents, including: grant preparation and post-award management; design and maintenance of a secure research website; study design and hypothesis generation; statistical analysis; IRB compliance. Served on the Program Committee for Resident Research.

2015 - Current

**Director of Research.** Department of Otolaryngology-HNS & Communicative Disorders, University of Louisville School of Medicine, Louisville, KY.

Coordinated and advised on resident- and faculty-led research activities in otolaryngology-head and neck surgery, audiology, and speech/language pathology. Developed and guide departmental research initiatives, assisted faculty and residents with funding acquisition, project design and feasibility, hypothesis generation, analytic planning, IRB and administrative activities, statistical analysis, presentation and manuscript preparation.

2006 - 2011

**Project Director.** BioBehavioral Research Laboratory Cancer Research Program, Department of Psychological & Brain Sciences University of Louisville, Louisville, KY. Directed by: Sandra E. Sephton, Ph.D.

Served as Consultant to PI and Project Director on multiple projects. Consulted on study design, participant recruitment, and data collection for multiple biobehavioral studies in cancer recruiting in cancer clinics. Assisted with interpretation of results and manuscript preparation. Coordinated collaborative projects with the multidisciplinary breast cancer team; developed study hypotheses; coordinated in-clinic patient recruitment and consent; processed and analyzed study data (salivary cortisol, rest/activity rhythm recordings; systemic immune markers); managed study databases and performed statistical analyses on this and multiple other biobehavioral cancer studies.

2007 - 2010

**Project Manager.** Psychological and Physiological Stress in Individuals Impacted by Disaster, Department of Psychological & Brain Sciences Univ. of Louisville, Louisville, KY. Directed by: Inka Weissbecker, Ph.D.

Coordinated efforts for a study measuring psychometric data and salivary cortisol levels in individuals who were evacuated to Qualcomm Stadium in San Diego, California during October 2007 wildfires. Conducted interviews, recruitment and follow-up; salivary cortisol sample preparation, preservation, laboratory analysis (cortisol assay) and data reduction; data analysis and management; preparation of presentations and publications; IRB compliance.

# BENCH/LABORATORY EXPERIENCE

<u>Endocrine</u>: Experience preparing and running EIA and LIA assay techniques for salivary cortisol. Experience collecting, preparing and preserving human saliva samples, and preparing and preserving human serum samples for assay.

<u>Immune</u>: Experience preparing and running EIA assay techniques for vascular endothelial growth factor (VEGF). Experience preparing under sterile technique and preserving human whole blood samples for stimulated cytokine analysis. Experience preparing cytokine stimulation media. Experience preparing cancerous and noncancerous breast nipple aspirate fluid samples for cytokine assay.

### RESEARCH CONSULTATION EXPERIENCE

2012 Consultee: Deidre Pereira, PhD; Stephanie Smith, MS

Institution: University of Florida College of Public Health and Health Professions, Dept of Clinical and

Health Psychology

Description: Provided consultation on methods for cleaning and analyzing salivary cortisol for a study

of psychology, endocrinology, and immunology among newly diagnosed gynecologic

cancer patients.

2014 Consultee: Sarah Honaker, PhD

Institution: Indiana University & Riley Children's Hospital

Description: Conduct statistical analysis, and consult on interpretation and manuscript preparation for

a study of urine cotinine secretion in children exposed to second-hand smoke.

2015 Consultee: | Lori Wilks Wagner, MD

Institution: University of Louisville School of Medicine

Description: Consulted on development of psychometric evaluation and editing for survey answer

choices, question wording, layout and structure, to facilitate elicitation of program

evaluation responses from participants.

### **GRANTS AND CONTRACTS**

#### GRANT AWARDS - PENDING

1. Title of Project: University of Louisville Cancer Education Program (R25-CA134283-06)

Effective Dates: 9/1/2016 - 8/31/2021

Role: Key Personnel/Faculty Mentor (Multi-Principal Investigator: David Hein, PhD and La

Creis Kidd, PhD)

Agency: NCI

Total Costs: \$1,620,000

# GRANT AWARDS - CURRENT

1. Title of Project: Understanding the Prognostic Significance of Circadian Disruption in Lung Cancer, and

Piloting an Intervention (OGMB140436)

Effective Dates: 6/1/2014 – 5/30/2015

Role: Co-Investigator (Principal Investigator: Sandra Sephton, PhD)

Agency: Kentucky Lung Cancer Research Program

Total Costs: \$136,364 Effort: 10%

2. Title of Project: Otolaryngology-HNS Research Initiatives

Effective Dates: October 2013, Ongoing

Role: Program Director (Principal Recipient: Jeffrey Bumpous, MD)

Agency: UofL Health Sciences Development Grateful Patient Initiatives

Total Costs: \$30,000 (estimated) distributed over long-term; \$15,000 awarded as of 3/1/2015

## GRANT AWARDS - PAST

1. Title of Project: Distress and Circadian Disruption in Head and Neck Cancer

Effective Dates: 7/1/2014 – 12/31/2015 Role: Principal Investigator

Agency: UofL Intramural Research Incentive Grant: Multidisciplinary Research Grant

Total Costs: \$10,000

2. Title of Project: A Meditation-based Intervention to Reduce Distress in Lung Cancer Patients

Effective Dates: 7/1/2013 - 6/30/2014

Role: Co-Investigator (Principal Investigator: Sandra Sephton, PhD)

Agency: UofL Intramural Research Incentive Grant: Research Initiation Grant

Total Costs: \$4,500

3. Title of Project: Effects of Stress and Circadian Disruption on Immune Function in Newly Diagnosed

Women with Breast Cancer

Effective Dates: 7/1/2008 – 7/1/2009

Role: Co-Investigator (Principal Investigator: Firdaus Dhabhar, Ph.D.)

Agency: Stanford Cancer Center, Developmental Cancer Research Award in Translational

Science

Amount: \$49,958

# CONTRACTS - PAST

1. Title of Project: Prehospital Air Medical Plasma (PAMPer) Phase III Multicenter, Prospective,

Randomized, Open-label, Interventional Trial

Effective Dates: | 6/11/2012 - 6/10/2016

Role: Collaborating Site Research Study Manager (10% effort), 5/17/2013 – 8/31/2013

(Principal Investigator: Jason Sperry, MD, MPH; Site Principal Investigator: Brian

Harbrecht, MD)

Agency: U. S. Army Medical Research Program (Sponsor, University of Pittsburgh)

UofL Office of Industrial Contracts grant number: OICB120069

Total Costs: \$669,013

# **GRANT APPLICATIONS - NOT FUNDED**

### 2016

1. Title of Project: Genetic Polymorphisms and Inflammation in Head and Neck Cancer

Role: Principal Investigator

Agency: UofL School of Medicine Basic Grant

Total Costs: \$25,000

#### 2015

2. Title of Project: Development of an iPad Based Screener for Central Auditory Processing Disorder

Role: Co-Investigator (Principal Investigator: Jeffrey Weihing, PhD)

Agency: NIH Research Evaluation and Commercialization Hub (REACH)

Total Costs: \$50,000 Effort: 5%

3. Title of Project: CAP: Development of an iPad Based Screener for Central Auditory Processing Disorder

Role: Co-Investigator (Principal Investigator: Jeffrey Weihing, PhD)

Agency: American Speech-Language Hearing Foundation New Investigator Research Award

Total Costs: \$10,000 Effort: 2%

4. Title of Project: Validation of the Metrics for a Robotics Skills Simulator

Role: Co-Investigator (Principal Investigator: Erica Sutton, MD)

Agency: Intuitive Surgical Clinical Grants Program

Total Costs: \$41,454 Effort: 5%

5. Title of Project: Louisville Interdisciplinary Pediatric Voice Symposium

Role: Senior/Key Personnel (Project Director/PI: Swapna Chandran, MD)

Agency: NIH - National Institute on Deafness and Other Communication Disorders

Total Costs: \$40,000

Priority Score: 42; Planned for resubmission

6. Title of Project: Psychosocial Distress and Rest/Activity Rhythm in Head and Neck Cancer

Role: Principal Investigator

Agency: American Head and Neck Society Pilot Grant

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Total Costs: \$10,000

7. Title of Project: Enhancing the Prediction of Complications after Total Laryngectomy

Role: Co-Investigator (Principal Investigator: Jeffrey Bumpous, MD)

Agency: American Academy of Otolaryngology-HNS Percy Memorial Research Award

Total Costs: \$25,000

2014

8. Title of Project: Distress and Circadian Disruption in Head and Neck Cancer Role: Co-Investigator (Principal Investigator: Sandra Sephton, PhD)

Agency: UofL Intramural Research Incentive Grant: Multidisciplinary Research Grant

Total Costs: \$10,000

Score: 5 and 10; Resubmitted April 2014; Awarded

9. Title of Project: Psychosocial Distress and Circadian Disruption in Head and Neck Cancer

Role: Principal Investigator

Agency: American Head and Neck Society Pilot Grant

Total Costs: \$10,000

10. Title of Project: Louisville Interdisciplinary Pediatric Voice Symposium

Role: Senior/Key Personnel (Project Director/PI: Swapna Chandran, MD)

Agency: NIH – National Institute on Deafness and Other Communication Disorders

Total Costs: \$40,000

Score: 47 (Payline: 37); Resubmitted April 2014

### **CLINICAL TRIALS**

1. Title of Project: Open label phase II study to evaluate the efficacy of dasatinib maintenance in adult

Philadelphia chromosome positive acute lymphoblastic leukemia (Ph+ ALL) following

autologous hematopoietic stem cell transplantation (HCT)

Role: Co-Investigator (PI: William Tse, MD)

Designing QOL hypotheses, assessment, and analysis

Status: Project in development

2. Title of Project: Phase II randomized trial of metformin hydrochloride for patients with squamous cell

carcinoma of the head and neck

Role: Co-Investigator (PI: Cesar Perez, MD)

Designing QOL hypotheses, assessment, and analysis

Status: Project in development

### **PRESENTATIONS**

# **ORAL PRESENTATIONS**

### NATIONAL/INTERNATIONAL MEETINGS

1. Sephton, S.E., Weissbecker, I., Floyd, A., **Lush, E.**, Salmon, P. (2007). Effects of Mindfulness Meditation on Cortisol Profiles in Fibromyalgia. Society of Behavioral Medicine Annual Meeting and Scientific Sessions, Washington, D.C.

<sup>\*\*</sup>Denotes Invited Presentation

<sup>\*\*</sup>Denotes Mentored Student Presentation

- 2. Weissbecker, I., Simpson, D., **Lush, E.**, Sephton, S. (2007). Integrating Mental Health and Psychosocial Issues into Disaster Risk Reduction: The Example of Belize. Integration of Mental Health and Psychosocial Issues into Disaster Risk Reduction and the Hyogo Framework for Action. United Nations International Strategy for Disaster Risk Reduction, First Session of the Global Platform for Disaster Risk Reduction, Geneva, Switzerland.
- 3. Sephton, S.E.; Floyd, A.; Weissbecker, I.; **Lush, E.**; Salmon, P. (2008). Diurnal Cortisol Rhythm as a Predictor of Lung Cancer Survival. Symposium presentation at the Society of Behavioral Medicine Annual Meeting and Scientific Sessions, San Diego, CA.
  - SBM Citation Award
- 4. \*\*Lush, E.; Weissbecker, I.; Floyd, A.; Dedert, E.; Salmon, P.; Sephton, S.E. (2008). Biological Correlates of Social Support in Gynecologic Cancer Patients. Cancer Special Interest Group Annual Update, Society of Behavioral Medicine Annual Meeting and Scientific Sessions, San Diego, CA.
  - Cancer Special Interest Group Outstanding Student Abstract Award
- 5. Sephton, S.E., **Lush, E.**, Eismann, E.A. (2010). Circadian Biology and Cancer Progression. APS 68<sup>th</sup> Annual Scientific Conference, March 12, Portland, OR.
- 6. **Lush, E.**, Weissbecker, I., Eismann, E.A., Floyd, A., Dedert, E., and Sephton, S.E. (2010). Social Influences on Stress, Cortisol, Allostatic Load and VEGF in Gynecologic Cancer. APS 68<sup>th</sup> Annual Scientific Conference, March 13, Portland, OR.
- 7. **Lush, E.**, Dhabhar, F.S., Chagpar, A., Dedert, E., Daup, M., Dayyat, E., Spiegel, D., McMasters, K., Tillie, J.M., Sephton, S.E. (2011). Tumor-promoting Biological Factors are Associated with Circadian Disruption and Awakening Cortisol Response, but not Social Support, in Early Stage Breast Cancer. APS 69<sup>th</sup> annual scientific meeting, March 9-12, 2011, San Antonio, TX.
  - APS Young Scholar Award
  - Included in Official Program Committee Press Release of Especially Newsworthy Presentations
- 8. \*\*Sephton, S.E.; **Lush, E.**; Chagpar, A.; Spiegel, D.; Tillie, J.M.; Daup, M.; Dedert, E.; Dayyat, E.; McMasters, K.; Dhabhar, F. (2011). Circadian Disruption and Tumor Promotion in Newly-diagnosed Breast Cancer Patients. Symposium presentation at the International Society for Psychoneuroendocrinology: Circadian hormonal rhythms and cancer progression, Spiegel, D., Levi, F., Sephton, S.E.; Dhabhar, F.; August 4-6, Berlin, Germany.
- 9. McNulty, B.; Chandran, S.K.; **Cash, E.** (2014). Pediatric Airway Evaluation, Indications, and Clinical Findings. Triological Society Combined Sections Meeting, Jan 10-12, Miami Beach, FL.
- 10. Sephton, S.E., **Cash, E.**, Chagpar, A., Spiegel, D., Rebholz, W.N., Bayley, R.C., Zimmaro, L.A., and Dhabhar, F.S. (2014). Biological correlates of marital status in recently diagnosed breast cancer patients. APS 72<sup>nd</sup> Annual Scientific Meeting, San Francisco, CA.
- 11. Rebholz, W.N., Weissbecker, I., **Cash, E.**, Bayley, R., Zimmaro, L.A., Sephton, S.E. (2014). Distress and support: Links with circadian disruption and quality of life in gynecologic cancer. APS 72<sup>nd</sup> Annual Scientific Meeting, San Francisco, CA.
  - APS Young Scholar Award
- 12. Jacob, S.; Kalathoor, S.; **Cash, E.**; Chandran, S.K. (2014). Correlation Between Obstructive Sleep Apnea and Difficulty of Anesthesia Induction in Children Undergoing Tonsillectomy. COSM, Triological Society, Las Vegas, NV, May 14-18.
- 13. Dooley, L.; Self, L.; **Cash, E.**; Bumpous, J.M. (2014). The Role of Neck Dissection in Salvage Total Laryngectomy. IFHNOS 5<sup>th</sup> World Congress and AHNS Annual Meeting, NYC, July 26-30.
- 14. **Cash, E.**; Gettelfinger, J.; Rebholz, W.; Russ, E.; Wilson, L.; Sephton, S.E.; Bumpous, J.M. (2014). Depressive Symptoms Predict Poor Treatment Adherence and Response in Head and Neck Cancer. International Federation of Head and Neck Oncologic Societies 5<sup>th</sup> World Congress and AHNS Annual Meeting, NYC, July 26-30.
- 15. **Cash, E.**; Chilton, P.; Rebholz, W.; Bayley-Veloso, R.; Zimmaro, L.; Chagpar, A.B.; Spiegel, D.; Dhabhar, F.S.; Sephton, S.E. (2015). HPA and Rest/Activity Rhythms Independently Associated with Different Aspects of Inflammatory Response in Patients Awaiting Treatment for Breast Cancer. APS 73<sup>rd</sup> Annual Scientific Meeting, Savannah, GA, March 18-21.
- 16. Cash, E.; Bumpous, E.; Clements, K.; Craven, L.; Chandran, S.K. (2015). Improving Voice Patient

- Compliance with Follow-Up: Identifying Deterrents. The Voice Foundation's 44<sup>th</sup> Annual Symposium, Philadelphia, PA, May 26-31. (Presented by S. Chandran)
- 17. Amsbaugh, M.; Yusuf, M.; Cash, E.; Silverman, C; Wilson, L.; Bumpous, J.M.; Potts, K.; Perez, C.; Bert, R.; Redman, R.; Dunlap, N. (2015). Distribution of Cervical Lymph Node Metastases from Squamous Cell Carcinoma of the Oropharynx in the Era of Risk Stratification using HPV and Smoking Status. American Society for Therapeutic Radiation Oncology Annual Meeting, San Antonio, TX, October 18-21.
- 18. \*\*Pace, A.; Seibert, A.; Rebholz, W.; Wilson, L.; Bumpous, J.M.; Cash, E. (2016). Psychological Distress and Malnutrition Biomarkers are associated with Head and Neck Cancer Progression and Survival. American Psychosomatic Society 74<sup>th</sup> Annual Scientific Meeting, Denver, CO, March 9-12.
  - Included in Official Program Committee Press Release of Especially Newsworthy Presentations
- 19. Azbell, C.; **Cash, E.**; Gadre, A. (2016). *Endoscopic Assisted Tympanoplasty Outcomes in the Pediatric Population*. Triological Society Annual Meeting at Combined Otolaryngology Sections Meeting (COSM), Chicago, IL, May 20-21.
- 20. \*\*Khayat, S.; **Cash, E.**; Tennant, P.; Bumpous, J.M. (2016). NSQIP Risk Calculator Reliability in Head and Neck Oncology: The Effect of Prior Chemoradiation on NSQIP Risk Estimates Following Laryngectomy. American Head and Neck Society 9<sup>th</sup> Annual International Conference, Seattle, WA, July 16-20.

# **LOCAL MEETINGS**

- \*\*Denotes Invited Presentation
- \*\*Denotes Mentored Student Presentation
- 21. Jacob, S.; Kalathoor, S.; **Cash, E.**; Chandran, S.K. (2013). Correlation between Obstructive Sleep Apnea and Difficulty of Anesthesia Induction in Children Undergoing Tonsillectomy. Annual Kentucky Society of Otolaryngology Meeting, Lexington, Kentucky, April 20.
  - First Place Resident Research Award
- 22. \*\*Salmon, P.G., Altman, J., Bayley-Veloso, R., **Cash, E.**, Ellsworth, M., Phillips, K., Rebholz, W., Sephton, S., and Zimmaro, L. (2014). *A Day of Mindfulness*. Workshop for the University of Louisville Alumni Association, College of Arts and Sciences, November 1.
- 23. \*\*Gettelfinger, J.; Rebholz, W.; Russ, E.; Wilson, L.; Sephton, S.E.; Bumpous, J.M.; **Cash, E.** (2014). Depressive Symptoms Predict Poor Treatment Adherence and Response in Head and Neck Cancer. Kentucky Society for Otolaryngology Annual Meeting, August 1-2.
- 24. \*\*Cash, E. (2016). Health Psychology within Medical Specialty Practices: Clinical Pearls. Kentucky Psychological Association Annual Meeting, Louisville, KY, November 3-5.

### **POSTERS**

### NATIONAL/INTERNATIONAL MEETINGS

- \*\*Denotes Mentored Student Presentation
- 1. **Lush, E.**; Salmon, P.; Floyd, A.; Weissbecker, I.; and Sephton, S. (2006). Does Meditation Alleviate Anxiety and Physiological Symptoms Related to Fibromyalgia? Association for Psychological Science 18th Annual National Conference, New York, NY.
- 2. **Lush, E.**; Salmon, P.; Floyd, A.; Studts, J.; Weissbecker, I.; Sephton, S.E. (2007). Mindfulness Meditation for Symptom Reduction in Fibromyalgia: Psychophysiological Correlates. Society of Behavioral Medicine Annual Meeting and Scientific Sessions, Washington D.C.
- 3. Martin, M.; Rhodes, P.A.; Salmon, P.G.; Olive, J.; Robinson, J.; McFall, A.; **Lush, E.**, Sephton, S.E. (2007). Hatha Yoga Reduces Pain and Increases Vitality in Adults With Elevated CVD Risk. Society of Behavioral Medicine Annual Meeting and Scientific Sessions, Washington D.C.

- 4. **Lush, E.**; Weissbecker, I.; Floyd, A.; Dedert, E.; Salmon, P.; Sephton, S.E. (2008). Social Relationships and Quality of Life in Gynecologic Cancer. Brain, Body, Behavior and Health Poster Session, Association for Psychological Science Annual Convention, Chicago, IL.
- 5. **Lush, E.**; Weissbecker, I.; Floyd, A.; Dedert, E.; Salmon, P.; Sephton, S.E. (2008). Biological Correlates of Social Support in Gynecologic Cancer Patients. Society of Behavioral Medicine Annual Meeting and Scientific Sessions, San Diego, CA.
  - Cancer Special Interest Group Outstanding Student Abstract Award
- 6. Dedert, E.; Chagpar, A.; **Lush, E.**; Martin, M.; Rhodes, P.; Sephton, S.E. (2008). Distress, Coping, and Circadian Disruption in Newly Diagnosed Breast Cancer Patients. Society of Behavioral Medicine Annual Meeting and Scientific Sessions, San Diego, CA.
- 7. Thornton, J.; Weissbecker, I.; Salmon, P.; **Lush, E.**; Floyd, A.; Sephton, S.E. (2008). Thought Suppression: Associations with Pain and Depression in Women with Fibromyalgia. Society of Behavioral Medicine Annual Meeting and Scientific Sessions, San Diego, CA.
- 8. Rhodes, P.; Salmon, P.; Weissbecker, I.; Caley, M.; **Lush, E.**; Sephton, S.E. (2008). The Effects of Mindfulness-Based Stress Reduction on Self-Efficacy in Fibromyalgia Patients. Society of Behavioral Medicine Annual Meeting and Scientific Sessions, San Diego, CA.
- 9. Weissbecker, I.; **Lush, E.**; Martin, M.; Simpson, D.; Sephton, S.E. (2008). Predictors of Anxiety in Evacuees during the 2007 California Wild Fires. Society of Behavioral Medicine Annual Meeting and Scientific Sessions, San Diego, CA.
- 10. Daup, M., **Lush**, **E.**, Dedert, E., McMasters, K., Sephton, S., Chagpar, A. (2010). Is Cancer Specific Distress Correlated with Time to Definitive Surgery in Breast Cancer Patients? San Antonio Breast Cancer Symposium, December, San Antonio, TX.
- 11. Williams, S.R.; Kertz, S.J.; Stearns, Z.R.; **Lush, E.**; Daup, M.; Sephton, S.E.; Woodruff-Borden, J. (2011). Cortisol Responsiveness and Family Environment as a Mechanism of Familial Anxiety. Association for Behavioral and Cognitive Therapies 45<sup>th</sup> annual convention, November 10-13, Toronto, Canada.
- 12. Gesler, W., Dhabhar, F.S., Chagpar, A., Dedert, E., **Lush, E.**, Daup, M., Dayyat, E., McMasters, K., Sephton, S.E. (2011). Cancer-Specific Distress: No Association with Serum Cytokines in Pre-Surgical Breast Cancer Patients. American Psychosomatic Society 69<sup>th</sup> Annual Scientific Conference, March 9-12, San Antonio, TX.
- 13. Thompson, A., Dhabhar, F.S., Chagpar, A., **Lush, E.**, Dedert, E., Daup, M., Dayyat, E., McMasters, K., Sephton, S.E. (2011). Psychoneuroimmune Pathways Related to Cancer-Related Fatigue. American Psychosomatic Society 69<sup>th</sup> Annual Scientific Conference, March 9-12, San Antonio, TX.
  - Included in Official Program Committee Press Release of Especially Newsworthy Presentations.
- 14. **Lush, E.**, Dedert, E., Daup, M., Dhabhar, F.S.; Spiegel, D.; Tillie, J.; McMasters, K., Sephton, S., Chagpar, A. (2011). Do Serum Cytokines Predict Breast Cancer Behavior? San Antonio Breast Cancer Symposium, December 6-10, San Antonio, TX.
- 15. Gesler, W.; **Lush, E.**; Dhabhar, F.; Chagpar, A.; Chapman, L.K.; Dedert, E.; Sephton, S. (2012). Psychological Distress, But Not Stress Physiology, is Associated with Quality of Life in Pre-surgical Breast Cancer Patients. American Psychosomatic Society 70<sup>th</sup> Annual Scientific Conference, March 14-17, Athens, Greece.
- 16. **Lush, E.**; Dedert, E.; Daup, M.; Dhabhar, F.; Chagpar, A.; Kneipp, S.; Pereira, D.B.; Sephton, S.E. (2012). Avoidant Coping and Diurnal Cortisol Slope in Women with Suspected Breast and Endometrial Cancer. American Psychosomatic Society 70<sup>th</sup> Annual Scientific Conference, March 14-17, Athens, Greece.
- 17. Dooley, L.M.; **Cash, E.**; Silverman, C.; Goldman, J.; Tate, A.D.; Potts, K.; Bumpous, J.M. (2013). Regional Variation in Nasopharyngeal Carcinoma. Combined Otolaryngology Sections Meeting, Triological Society, 116<sup>th</sup> Annual Meeting, Scottsdale, AZ.
- 18. **Cash, E.**; Sephton, S.E.; Chagpar, A.B.; Spiegel, D.; Rebholz, W.N.; Dhabhar, F.S. (2013). Circadian Disruption and Tumor Promotion/Progression Signals in Newly Diagnosed Breast Cancer Patients. American Psychosomatic Society 71<sup>st</sup> Annual Scientific Conference, March 13-16, Miami, Florida.
  - Included in Official Program Committee Press Release of Especially Newsworthy Presentations

- 19. **Cash, E.**; Self, E.; Wilson, L.; Russ, E.; Bumpous, J.M. (2013). Anxiety, Depressive Symptoms, and Quality of Life in Newly Diagnosed Head and Neck Cancer Patients. American Academy of Otolaryngology Head and Neck Surgery 117<sup>th</sup> Annual Meeting, Sept 29-Oct 2, Vancouver, BC.
- 20. Smith, A.; **Cash, E.**; Myers, J.; Smith, M.; Navale, S.; Woods, C.; Chandran, S. (2013). Trends and Comparison of Children Hospitalized For Retropharyngeal and Parapharyngeal Abscesses 2003-2009. American Academy of Otolaryngology Head and Neck Surgery 117<sup>th</sup> Annual Meeting, Sept 29-Oct 2, Vancouver, BC.
- 21. Smith, A.; Nesemeier, R; Cash, E.; Woods, C.; Chandran, S. (2013) Increased resource burden of Methicillin Resistant Staphylococcus Aureus Orbital Cellulitis in the pediatric population. American Academy of Otolaryngology – Head and Neck Surgery 117<sup>th</sup> Annual Meeting, Sept 29-Oct 2, Vancouver, BC.
- 22. Smith, A.; Nesemeier, R; **Cash, E.**; Woods, C.; Chandran, S. (2013) Hospitalization Trends for Orbital Cellulitis in the Pediatric Population: 2003-2009. American Academy of Otolaryngology Head and Neck Surgery 117<sup>th</sup> Annual Meeting, Sept 29-Oct 2, Vancouver, BC.
- 23. Smith, A.; Rife, E.; **Cash, E.**; Peyton, N.; Woods, C.; Chandran, S. (2013) Trends in Hospitalizations for Pediatric Peritonsillar Abscess: 2003-2009. American Academy of Otolaryngology Head and Neck Surgery 117<sup>th</sup> Annual Meeting, Sept 29-Oct 2, Vancouver, BC.
- 24. Katrib, Z.; **Cash, E.**; Bumpous, J.M.; Wilson, L.; Nesemeier, R. (2014). Recidivism Rates of patients with Advanced Head and Neck Squamous Cell Carcinoma Enrolled in Chemotherapy and Irradiation treatment as a Function of Geography, Anxiety and Depression, and Substance Abuse. Triological Society Combined Sections Meeting, Jan 10-12, Miami Beach, FL.
- 25. Dunlap, N.E.; Narayan, R.; Shaughnessy, J.; Silverman, C.; Bumpous, J.M.; Potts, K.; Redman, R.; Cash, E.; Wilson, L. (2014). HPV/p16 Status and Patterns of Failure for Squamous Cell Carcinoma of the Oropharynx After Definitive Chemoradiation: Establishing a Relationship to Elective Nodal Irradiation. Multidisciplinary Head and Neck Cancer Symposium, Feb 20-22, Scottsdale, AZ.
- 26. Barry, P.; Goodwin, N.; Henson, A.; **Cash, E.**; Wilson, L.; Dunlap, N. (2014). Factors Predicting Suitability of Organ Preservation with Radiation Therapy in Laryngeal and Hypopharyngeal Cancer. American College of Radiation Oncology Annual Meeting, Feb 27-Mar 1, Orlando, FL.
- 27. **Cash, E.**; Rebholz, W.; Gettelfinger, J.; Russ, E.; Wilson, L.; Bumpous, J.M.; Sephton, S.E. (2014). Depressive Symptoms Predict Poor treatment Adherence and Response in Head and Neck Cancer. American Psychosomatic Society 72<sup>nd</sup> Annual Scientific Meeting, Mar 10-14, San Francisco, CA.
- 28. Zimmaro, L.A., **Cash, E.**, Dedert, E., Rebholz, W.N., Bayley, R.C., Salmon, P., Sephton, S.E. (2014). Distress, coping, and support in lung cancer: Gender differences and associations with psychopathology. American Psychosomatic Society 72<sup>nd</sup> Annual Scientific Meeting, Mar 10-14, San Francisco, CA.
- 29. Bayley, R.C., Weissbecker, I., Rebholz, W.N., **Cash, E.**, Zimmaro, L.A., Salmon, P., Sephton, S.E. (2014). Recent traumatic events may complicate adjustment to gynecologic cancer. American Psychosomatic Society 72<sup>nd</sup> Annual Scientific Meeting, Mar 10-14, San Francisco, CA.
- 30. Bertke, M.H.; Shaughnessy, J.N.; Aya, S.R.; **Cash, E.**; Silverman, C.L.; Bumpous, J.M.; Potts, K.L.; Redman, R.A.; Wilson, L.D.; Dunlap, N.E. (2014). HPV Status May Alter the Significance of Extranodal Extension as a Negative Prognostic Factor in Post-Operative Squamous Cell Carcinoma of the Head and Neck. Amer. Society of Radiation Oncology 2014 Annual Meeting, Sept 14-17, San Francisco, CA.
- 31. Bayley-Veloso, R.; Weissbecker, I.; Rebholz, W.N.; **Cash, E.**; Zimmaro, L.A.; Phillips, K.; Salmon, P.; Sephton, S.E. (2015). Do traumatic events build resilience and promote survival through social support in gynecologic cancer? Amer Psychosomatic Society 73<sup>rd</sup> Annual Scientific Conference, Savannah, GA.
- 32. Rebholz, W.N.; Weissbecker, I.; **Cash, E.**; Bayley-Veloso, R.; Zimmaro, L.A.: Phillips, K.: Sephton, S.E. (2015). Diurnal Cortisol Rhythms and Systemic Norepinephrine Predict Gynecologic Cancer Survival. American Psychosomatic Society 73<sup>rd</sup> Annual Scientific Conference, Savannah, GA.
- 33. **Cash, E.**; Winders-Davis, D.; Hughes Miller, K.; Petruska, S.; Tailor, M.; Wilks Wagner, L. (2015). Founding a New WIMS Chapter at an Established Medical School. Association of American Medical Colleges Annual Meeting, Baltimore, MD.

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- 34. Siwik, C.J., Phillips, K., Zimmaro, L.A., Bayley-Veloso, R., Hicks, A., **Cash, E.**, Salmon, P., Sephton, S.E. (2016). Psychological and Physiological Effects of Problem-focused and Emotional Approach to Coping Styles in Gynecological Cancer Patients. American Psychosomatic Society 74<sup>th</sup> Annual Scientific Conference, Denver, CO.
- 35. Phillips, K., Bayley-Veloso, R., Zimmaro, L.A., Siwik, C., Hicks, A.M., **Cash, E.**, Salmon, P., & Sephton, S.E. (2016). Does living situation affect stress and health outcomes among cancer patients? American Psychosomatic Society 74<sup>th</sup> Annual Scientific Meeting, Denver, CO, March 9-12.
- 36. Hicks, A., Salmon, P., Phillips, K., Zimmaro, L., Siwik, C., Bayley-Veloso, R., Albert, C., Fields, O., **Cash, E.**, & Sephton, S.E. (2016) The role of mindfulness in stress and depressive symptoms of undergraduate students. Amer Psychosomatic Society 74<sup>th</sup> Annual Scientific Conference, Denver, CO.
  - Included in Official Program Committee Press Release of Especially Newsworthy Presentations
- 37. Yozwiak, J.; Stamm, K.; Leventhal, G.; Rolston, C.; Hamp, A.; Washburn, J.; Robiner, W.; **Cash, E.**; Hayes, N.; Cubic, B. (2016). Collaboration Patterns for Health Service Psychologists in Team-Based Care. Association of American Medical Colleges Annual Meeting, Seattle, WA.
- 38. Perez, C. A., Amsbaugh, M. J., Claudino, W., Yusuf, M., Wu, X., Rai, S. N., Roberts, T.; Wilson, L.; Hall Volz, L.; Khanal, A.B.; Jenson, A.B.; **Cash, E.**; Bumpous, J.; Silverman, C.; Tennant, P.; Dunlap, N.; Redman, R. (2016). High-Dose Versus Weekly Cisplatin Definitive Chemoradiation Therapy for Human Papillomavirus—Related Oropharyngeal Squamous Cell Carcinoma of the Head and Neck. Multidisciplinary Head and Neck Cancer Symposium, Feb 18-20, Scottsdale, AZ.
- 39. Bertke, M. H., Shaughnessy, J. N., Forsthoefel, M. K., **Cash, E.**, Silverman, C. L., Amsbaugh, M. J., ... & Dunlap, N. E. (2016). HPV Status May Have Limited Value as a Prognostic Factor in Postoperative Squamous Cell Carcinoma of the Head and Neck Compared to Extranodal Extension and Lymphovascular Space Invasion. Multidisciplinary Head and Neck Cancer Symposium, Feb 18-20, Scottsdale, AZ.
- 40. Cappello, Z. J., Eid, M., Cash, E., Wilson, L., Tennant, P., Bumpous, J., & Potts, K. (2016). Prognostic Indications of p16 and Smoking Status in Predicting the Need for Posttreatment Neck Dissection After Chemoradiation Therapy in Head and Neck Squamous Cell Carcinoma. Multidisciplinary Head and Neck Cancer Symposium, Feb 18-20, Scottsdale, AZ.
- 41. Amsbaugh, M. J., Yusuf, M. B., **Cash, E.**, Silverman, C. L., Bumpous, J., Perez, C. A., ... & Dunlap, N. E. (2016). Clinical Presentation of Oropharyngeal Squamous Cell Carcinoma in the Modern Era: Does Risk Stratification Using Human Papillomavirus and Smoking Status Matter?. Multidisciplinary Head and Neck Cancer Symposium, Feb 18-20, Scottsdale, AZ.
- 42. \*\*Seibert, A.; Pace, A.; Rebholz, W.; Wilson, L.; Bumpous, J.M.; **Cash, E.** (2016). Preoperative Biomarkers as Predictors of Surgical Complications and Survival in Head and Neck Cancer. American Head & Neck Society 9<sup>th</sup> Annual International Conference, Seattle, WA, July 16-20.

### LOCAL MEETINGS

\*\*Denotes Mentored Student Presentation

# 2006, 07 Louisville Breast Cancer Update, Louisville, KY.

- 1. Dedert, E.; Floyd, A.; Chagpar, A.; **Lush, E.**; Weissbecker, I.; Thornton, J.; Martin, M.; Sephton, S. (2006). Stress and Circadian Disruption in Chemoresistance.
- 2. **Lush, E.**; Martin, M.; Dedert, E.; Chagpar, A.; Rhodes, P.; Sephton, S. E. (2007). Distress, Cortisol and Sleep-Wake Rhythms in Recently Diagnosed Breast Cancer Patients.
- 3. Martin, M.; **Lush, E.**; Dedert, E.; Chagpar, A.; Rhodes, P.; Sephton, S.E. (2007). Avoidant Coping Styles: Associations with Physiological Stress Markers among Recently Diagnosed Breast Cancer Patients.

# 2007 Brown Cancer Center 6th Annual Retreat, Louisville, KY.

- 4. **Lush, E.**; Weissbecker, I.; Floyd, A.; Dedert, E.; Salmon, P.; Sephton, S.E. (2007). Biological Correlates of Social Support in Gynecologic Cancer Patients.
- 5. **Lush, E.**; Chagpar, A.; Dedert, E.; Martin, M.; McMasters, K.; Rhodes, P.; Dayyat, E.; Sephton, S.E. (2007). Distress, Cortisol, and Sleep-Wake Rhythms in Recently Diagnosed Breast Cancer Patients.

- 6. Sephton, S.E.; Dedert, E.; Floyd, A.; Weissbecker, I.; **Lush, E.**; Salmon, P. (2007). Diurnal Cortisol Rhythm as a Predictor of Lung Cancer Survival.
- 7. Martin, M.; **Lush, E.**; Dedert, E.; Chagpar, A.; Rhodes, P.; Sephton, S. (2007). Avoidant Coping Styles: Associations with Physiological Stress Markers among Recently Diagnosed Breast Cancer Patients.

### 2008 Research!Louisville

8. Eismann, E.A., Weissbecker, I., Floyd, A., Helm, C.W., Metzinger, D., **Lush, E.**, and Sephton, S.E. (2008). Traumatic Events and Stress Physiology in Women with Gynecologic Cancer. Research!Louisville, Louisville, KY.

# 2008 Brown Cancer Center 7th Annual Retreat, Louisville, KY.

- 9. **Lush, E.,** Weissbecker, I., Floyd, A., Helm, C.W., Metzinger, D., Self, E., Eismann, E.A., and Sephton, S.E. (2008). Social Relationships and Quality of Life in Gynecologic Cancer Patients.
- 10. Sephton, S.E., Eismann, E.A., and **Lush, E.** (2008). Circadian Biology and Cancer Progression, a Review of Recent Evidence.
- 11. Eismann, E.A., Weissbecker, I., Floyd, A., Helm, C.W., Metzinger, D., **Lush, E.**, and Sephton, S.E. (2008). Traumatic Events and Stress Physiology in Women with Gynecologic Cancer.

# 2009 Brown Cancer Center 9th Annual Retreat, Louisville, KY.

- 12. Gesler, W., Dhabhar, F., Chagpar, A., Dedert, E., **Lush, E.**, Daup, M., Dayyat, E., McMasters, K., Sephton, S.E. (2010). Distress and Inflammation in Women Newly Diagnosed with Breast Cancer.
- 13. Thompson, A., Dhabhar, F., Chagpar, A., Dedert, E., **Lush, E.**, Daup, M., Dayyat, E., McMasters, K., Sephton, S.E. (2010). Distress and Inflammation in Women Newly Diagnosed with Breast Cancer.
- 14. Dhabhar, F.; Spiegel, D.; Lush, E.; Chagpar, A; Tillie, J; Neri, E.; Daup, M.; Dedert, E.; Dayyat, E.; McMasters, K.; Sephton, S.E. (2011). Effects of Stress and Circadian Disruption on Immune & Angiogenic Factors in Newly Diagnosed, Pre-surgical, Breast Cancer Patients. 4<sup>th</sup> Annual Stanford Cancer Center Members' Retreat, April 11, 2011, Stanford, CA.

# 2012 Brown Cancer Center 11th Annual Retreat, Louisville, KY.

15. Dooley, L.; Tate, A.; **Lush, E.**; Bumpous, J.M. (2012). Nasopharyngeal Carcinoma: University of Louisville Experience.

# 2013 Brown Cancer Center 12th Annual Retreat, Louisville, KY.

- 16. Hirsch, M; Willcut, B.; **Cash, E.**; Bumpous, J. (2013). What is the Yield of Parotidectomy in the Surgical Treatment of SCCA of the Face?
- 17. Lee, H; **Cash, E.**; Wilson, L.; Potts, K.; Silverman, C.; Dunlap, N.; Redman, R.; Bumpous, J. (2013). p16 Status and Cervical Lymph Node Disease in Oropharyngeal Squamous Cell Cancer.
  - Second Place Clinical Research Resident/Fellow Award
- 18. Katrib, Z.; Nesemeier, R; **Cash, E.**; Yun, J.; Wilson, L.; Bumpous, J. (2013). Recidivism Rates of Patients with Advanced Head and Neck Squamous Cell Carcinoma Enrolled in Chemotherapy and Irradiation Treatment as a Function of Geography, Anxiety and Depression, and Substance abuse.
  - Third Place Clinical Research Resident/Fellow Award
- 19. **Cash, E.**; Self, E<sup>-</sup>; Wilson, L.; Russ, E.; Bumpous, J.M. (2013). Anxiety, Depressive Symptoms, and Quality of Life in Newly Diagnosed Head and Neck Cancer Patients.

# 2013 Research!Louisville

- 20. Katrib, Z.; **Cash, E.**; Bumpous, J.M.; Wilson, L.; Nesemeier, R. (2013). Recidivism Rates of patients with Advanced Head and Neck Squamous Cell Carcinoma Enrolled in Chemotherapy and Irradiation treatment as a Function of Geography, Anxiety and Depression, and Substance Abuse.
- 21. McNulty, B.; Chandran, S.K.; **Cash, E.** (2013). Pediatric Airway Evaluation, Indications, and Clinical Findings.
- 22. Jacob, S.; Harris, V.; **Cash, E.**; Kalathoor, S.; Chandran, S.K. (2013). Correlation Between the Presence of Obstructive Sleep Apnea and Difficulty of Anesthesia Induction in Children Undergoing Tonsillectomy.

# 2014 Research!Louisville

23. Packer, T.; Zimmaro, L.; Cash, E.; Sephton, S.E. (2014). Circadian Disruption: Distress and Sleep

- Quality in Breast Cancer Patients.
- 24. Rasmussen, E.; Bumpous, J.M.; **Cash**, **E.** (2014). Absolute Lymphocyte Count as a Prognostic Indicator in Head and Neck Cancer.
- 25. Lee, H.; **Cash, E.**; Wilson, L.; Potts, K.; Silverman, C.; Dunlap, N.; Redman, R.; Bumpous, J.M. (2014). P16 Status and Neck Nodal Disease in Oropharyngeal Squamous Cell Cancer.
- 26. Steitz, J.; Gettelfinger, J.; Cash, E.; Chandran, S.K. (2014). The effect of Medialization Laryngoplasty on Aspiration in Patients with Unilateral True Vocal Cord Paralysis.
- 27. Katrib, Z.; Waldman, L.; **Cash, E.**; Steitz, J.; Azbell, C.; Chandran, S.K. (2014). Pediatric Neck Abscesses: Predicting the Necessity of Incision and Drainage.
- 28. Azbell, C.; Allen, S.; **Cash**, **E.**; Chandran, S.K. (2014). Comparison of Pediatric Tracheostomies Performed for Anatomic and Respiratory Pathologies.

# 2015 Research!Louisville

- 29. \*\*Pace, A.; Seibert, A.; Rebholz, W.; Wilson, L.; Bumpous, J.; **Cash, E.** (2015). Distress, Anxiety, Depressive Symptoms and Malnutrition Biomarkers on Head and Neck Cancer Progression and Overall Survival.
- 30. \*\*Seibert, A.; Pace, A.; Rebholz, W.; Wilson, L.; Bumpous, J.; **Cash, E.** (2015). Preoperative Biomarkers as Predictors of Surgical Complications and Survival in Head and Neck Cancer.
- 31. Lee, H.; Chandran, S.; Potts, K; **Cash, E.** (2015). Incidence of Allergic Disease on Dysphonia Patients and its Effect on Voice Handicap.
- 32. Albert, C.; Stantliff, T.; **Cash, E.**; Sephton, S.E. (2015) Circadian Rhythms and Diurnal Profiles of Salivary Alpha Amylase in Women with Breast Cancer.
  - Research!Louisville 2<sup>nd</sup> Place Undergraduate Poster Award
- 33. Azbell, C.; **Cash, E.**; Gadre, A. (2015). Endoscopic Assisted Tympanoplasty Outcomes in the Pediatric Population.
- 34. Worthen, M.; Tennant, P.; **Cash, E.**; Slone, S.; Jusufbegovic, M.; Yang, X.; Vaughn, A.; Bumpous, J. (2015). Fungal Contribution in Chondroradionecrosis of the Larynx.
- 35. Katrib, Z.; **Cash, E.**; Chandran, S.; Waldman, L.; Steitz, J.; Azbell, C. (2015). Pediatric Neck Abscesses: Predicting the Necessity of Incision and Drainage.

### **PUBLISHED ABSTRACTS**

scholar.google.com/citations?hl=en&user=pTzwstMAAAAJ

- 1. **Lush, E.**; Salmon, P.; Floyd, A.; Studts, J.; Weissbecker, I.; Sephton, S.E. (2007). Mindfulness Meditation for Symptom Reduction in Fibromyalgia: Psychophysiological Correlates. ANNALS OF BEHAVIORAL MEDICINE 33, S107.
- 2. Sephton, S.E., Weissbecker, I., Floyd, A., **Lush, E.**, Salmon, P. (2007). Effects of Mindfulness Meditation on Cortisol Profiles in Fibromyalgia. ANNALS OF BEHAVIORAL MEDICINE 33, S17.
- 3. Martin, M.; Rhodes, P.A.; Salmon, P.G.; Olive, J.; Robinson, J.; McFall, A.; **Lush, E.**, Sephton, S.E. (2007). Hatha Yoga Reduces Pain and Increases Vitality in Adults With Elevated CVD Risk. ANNALS OF BEHAVIORAL MEDICINE 33, S107.
- 4. **Lush, E.**; Weissbecker, I.; Floyd, A.; Dedert, E.; Salmon, P.; Sephton, S.E. (2008). Biological Correlates of Social Support in Gynecologic Cancer Patients. ANNALS OF BEHAVIORAL MEDICINE 33, S124.
- 5. Sephton, S.E.; Floyd, A.; Weissbecker, I.; **Lush, E.**; Salmon, P. (2008). Symposium: Diurnal Cortisol Rhythm as a Predictor of Lung Cancer Survival. ANNALS OF BEHAVIORAL MEDICINE 33, S36.
- 6. Dedert, E.; Chagpar, A.; **Lush, E.**; Martin, M.; Rhodes, P.; Sephton, S.E. (2008). Distress, Coping, and Circadian Disruption in Newly Diagnosed Breast Cancer Patients. ANNALS OF BEHAVIORAL MEDICINE 35, S124.
- 7. Thornton, J.; Weissbecker, I.; Salmon, P.; **Lush, E.**; Floyd, A.; Sephton, S.E. (2008). Thought Suppression: Associations with Pain and Depression in Women with Fibromyalgia. ANNALS OF BEHAVIORAL MEDICINE 35, S87.

- 8. Rhodes, P.; Salmon, P.; Weissbecker, I.; Caley, M.; **Lush, E.**; Sephton, S.E. (2008). The Effects of Mindfulness-Based Stress Reduction on Self-Efficacy in Fibromyalgia Patients. ANNALS OF BEHAVIORAL MEDICINE 33, S47.
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### **EDITORIAL WORK**

2015 - Current

**Guest Editor**, Journal of Clinical Psychology in Medical Settings Special Issue on Association of Psychologists in Academic Health Centers Award Recipients 2013 - 2015

# **PUBLICATIONS**

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PEER-REVIEWED JOURNAL ARTICLES

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# **BULLETIN/NEWSLETTER CONTRIBUTIONS**

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