## Megan Bale Nelson, M.D.

University of Louisville
Medical Director of Cancer Rehabilitation
Assistant Professor, Division of PM&R
Department of Neurological Surgery
220 Abraham Flexner Way, #1200
Louisville, KY 40202
Office (502) 588-0939
Fax (502) 899-7970
Megan.Nelson@ULP.org

#### **EDUCATION**

08/1998-05/2002
 08/1998-05/2002
 07/2002-05/2006
 07/2002-05/2006
 07/2006-06/2007
 07/2007-06/2011
 07/2007-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/2011-06/2012
 07/

#### **ACADEMIC APPOINTMENTS**

09/2012-present Assistant Professor

**Department of Neurological Surgery** 

Division of Physical Medicine and Rehabilitation University of Louisville School of Medicine

Louisville, KY

09/2015-present Medical Director of Cancer Rehabilitation

Kentucky One Health University of Louisville

3/2017-present Cancer Liaison Physician, Elected Position

Commission on Cancer committee
James Graham Brown Cancer Center

Louisville, KY

#### **CERTIFICATION AND LICENSURE**

2012-present Diplomat, American Board of Physical Medicine and Rehabilitation

06/2012-present Kentucky Medical License (Active) 10/2012-present Indiana Medical License (Active)

### **PROFESSIONAL MEMBERSHIPS AND ACTIVITIES**

2004-present	Member, A	Alpha Omega Al	lpha Honor Medi	cal Society

2006-present Member, University of Kentucky College of Medicine Alumni Association 2007-present Member, American Academy of Physical Medicine and Rehabilitation

2012-present Member, Greater Louisville Medical Society

#### **HONORS AND AWARDS**

1/2018-present

1999	Inducted into the Alpha Lambda Delta Honors Fraternity for academic excellence
1999	Inducted into the National Society of Collegiate Scholars for academic excellence
2000	Inducted into the Golden Key International Honour Society for academic excellence
2001	Inducted into the Honor Society of Phi Kappa Phi for Scholastic Achievement

2002 Blue Key Academic and Leadership Award. Awarded to one student within the College of

Agriculture, Forestry, and Life Sciences at Clemson University for overall academic achievement,

leadership within the College, and leadership within the community.

2005 Elected Junior AOA member

10/2013 Invitation-only Participant at Greater Louisville Medical Society Physician Leadership Course, Old

Medical School Building, Louisville, KY

11/2013 Certified as Survivorship Training and Rehab Clinician by Oncology Rehab Partners, LLC.

#### **COMMITTEE ASSIGNMENTS AND ADMINISTRATIVE SERVICES**

09/2012	Research! Louisville 2012 Judge for Posters
09/2012-present	Cancer Care Committee, Jewish Cancer Care, KY One Health
01/2013-present	Survivorship Committee, James Graham Brown Cancer Center
03/2013-present	Rehabilitation Policy Committee, University of Louisville Hospital
04/2013-present	Cancer Care Committee, James Graham Brown Cancer Center
10/2013-present	Survivorship Training and Rehabilitation (STAR) Steering Committee, KentuckyOne Health and Frazier Rehab Institute
10/2013	Healthy Lifestyle Centers Physician Advisory Council, KentuckyOne Health
05/2014	Cancer Survivor Celebration, James Graham Brown Cancer Center
10/2015-present	Initiated Cancer Survivor Educational Series committee with Whitney Pitman, ARNP, at James
	Graham Brown Cancer Center. Educational series is titled "P.S Planning your Survivorship" and is ongoing
11/2015-present	Initiated Sarcoma Networking Group at Gilda's Club in Louisville, KY associated with James
	Graham Brown Cancer Center with Kara Whalin, and I'm actively involved monthly
2/2016-present	Pastoral Education Program Accreditation Committee, University of Louisville
2/2016-present	Initiated the Patient Advisory Council at James Graham Brown Cancer Center and am actively involved monthly
2/2016-present	Co-secretary for Cancer Rehabilitation national workgroup within American Academy of Physical Medicine and Rehabilitation
1/2017-present	Agenda Setting Committee, Cancer Rehabilitation national workgroup within American Academy of Physical Medicine and Rehabilitation
3/2017-present	Patient Experience Committee, James Graham Brown Cancer Center
5/2017-present	Leadership Committee, James Graham Brown Cancer Center
7/1/2017-7/31/2017	Co-Captain for Team "Mega Sarcoma Superstars" which is raising money for Sarcoma Foundation of America through a Sarcoma Virtual Race. Our team is walking/running miles throughout the month of July, and the captains have created the team, provide communication
	to the team, and monitor progress of mileage and fundraising.

Member of the Supportive Oncology Providers Meeting,

## **EDUCATIONAL ACTIVITIES**

# **TEACHING**

09/2012-present	Physician Residents in Physical Medicine and Rehabilitation Residency Program at the University
	of Louisville School of Medicine, Department of Neurosurgery
11/2012-present	Medical Student Preceptor for University of Louisville medical students
7/28/2015	Lecture for Medical Oncology Fellows at University of Louisville – "Lymphedema in Cancer Patients."
3/24/2016	Lecture for Hospice and Palliative Care fellows and medical students at University of Louisville – "Cancer Rehabilitation: A Journey"
9/2016	Lecture for Medical Oncology Fellows at University of Louisville-"Cancer Rehabilitation: Does Exercise = Cancer Medicine?"
3/2017	Lecture for Hospice and Palliative Care fellows and medical students at University of Louisville - "Cancer Rehabilitation: A Journey"
6/30/2017	Lecture to Nurse Navigators at James Graham Brown Cancer Center. "Cancer Rehabilitation: Are you Part of the Team?"
7/25/2017	Lecture to Oncology Fellows. "Rehabilitation for Neurooncology patients"

# **GRAND ROUNDS PRESENTATIONS**

KY.

03/2008	"Thalamic Pain Syndrome" Lecture presented at University of Colorado Physical Medicine and
44/2000	Rehabilitation Department and Faculty, Denver, CO.
11/2009	"Neuromuscular Side Effects of Radiation in Cancer Patients" Lecture presented at University of
12/2009	Colorado Physical Medicine and Rehabilitation Department and Faculty, Denver, CO. "Spinal Instability with Metastatic Disease and Rehabilitation" presented at Denver VA Hospital
12/2009	Rehabilitation Department, Denver, CO.
03/2011	"Cancer and Spinal Cord Injury: When the Two Intersect" presented at Craig Hospital in
03/2011	Englewood, CO.
06/2012	"A Year in Review: Rehabilitation Cases" presented at University of Texas M.D. Anderson Cancer
,	Center, Houston, TX.
01/2013	"Cancer Rehabilitation: What, Why, Where, When?" presented at the University of Louisville
	Neuroscience Grand Rounds, Louisville, KY.
04/2013	"Cancer Rehabilitation: What are the Goals?" presented at the University of Louisville Physical
	Medicine and Rehabilitation Grand Rounds, Louisville, KY.
08/2013	"Cancer Rehabilitation: A 'New' Service" presented at the Brown Cancer Center
	Hematology/Oncology Grand Rounds of University of Louisville, Louisville, KY.
05/2014	"Cancer Survivorship." Presented at the University of Louisville Physical Medicine and
	Rehabilitation Grand Rounds, Louisville, KY.
3/2015	"Acute Rehabilitation and Metastatic Spinal Cord Compression." Physical Medicine and
	Rehabilitation Grand Rounds, Louisville, KY.
3/2015	"Survivorship Care: Bridging the Gap for Cancer Survivors." Presented with Whitney Pitman,
	AOCNP, APRN-C. Brown Cancer Center Hematology/Oncology Grand Rounds of University of
	Louisville, Louisville, KY.
10/2015	"Cancer Rehabilitation: The Journey" Presented at University of Colorado School of Medicine,
	Department of Physical Medicine and Rehabilitation. Denver, Colorado.
2/2017	"Multidisciplinary Panel Discussion: Pain Management for Cancer Patients" Presented at the
	Brown Cancer Center Hematology/Oncology Grand Rounds of University of Louisville, Louisville,

2/2017

"Lung Cancer and Patient Migration Patterns For Cancer Care, and a Report from JGBCC Commission on Cancer Committee" Presented at the Brown Cancer Center Hematology/Oncology Grand Rounds of University of Louisville, Louisville, KY.

# **OTHER LECTURES**

Spring 2004 12/2009	Guest Lecturer at the Glasgow High School Academic Banquet, Glasgow, KY.  "Radiation Therapy: Neuromuscular and Musculoskeletal Effects." Guest Lecturer at the Glasgow/Barren County Family Medicine Residency Program, University of Louisville, Glasgow, KY.
10/2012	"Cancer Rehabilitation." Presented to Inpatient and Outpatient Rehabilitation providers for the University of Louisville at HCOC, Louisville, KY.
11/2012	"Cancer Rehabilitation." Guest Lecturer for the Inpatient Therapy Services, Frazier Rehabilitation Institute, Louisville, KY.
11/2012	"Cancer Rehabilitation." Guest Lecturer for Oncologic Professional Navigators, Jewish Medical Center Northeast, Louisville, KY.
12/2012	"Cancer Rehabilitation." Guest Lecturer for Frazier Rehabilitation Institute's Case Managers, Louisville, KY.
03/2013	"A New 'Normal'Benefits of Rehab in Cancer Care." Guest Lecturer for Navigating the Road to Survivorship Group, Jewish Hospital Medical Center East, Louisville, KY.
05/2013	Guest Lecturer at the Body Worlds Vital Exhibit at the Kentucky Science Center, Kentucky One Health sponsored event on "Cancer." Louisville, KY.
08/2013	"Cancer Rehabilitation" presented as Featured Speaker at the monthly Catholic Health Initiatives Teleconference Meeting regarding the National Oncology Service Line. Louisville, KY.
10/2013	"Cancer Rehabilitation." Presented as Invited Guest Lecturer to Inpatient Rehabilitation Professionals at Baptist Hospital East, Louisville. KY.
2/2014	"Women in Medicine" Presented as Invited Guest Lecturer for University of Louisville's Post- Baccalaureate Pre-Med Program
7/2014	"Oncology Rehabilitation" as part of a Kentucky One Health educational event titled "Interdisciplinary Approach to Palliative Care" at Jewish Hospital
8/2014	"Rehabilitation for Cancer Patients" Presented as Invited Guest Lecturer in Lexington, KY for Kentucky One Health providers
11/2014	"Rehabilitation in Trauma" Presented as Invited Guest Lecturer at University of Louisville Hospital for Trauma Team including Nurse Practitioners and Nursing Staff
5/2015	"Physiatry within the Oncology World" Presented as Invited Guest Lecturer for Survivorship Training and Rehabilitation (STAR) Inservice at University of Louisville
7/2015	"Cancer Rehabilitation for Patients with Advanced Cancer" " as part of a Kentucky One Health educational event titled "What's new in multidisciplinary approach to late stage breast cancer" at Jewish Hospital
7/2015	"Lymphedema in Cancer Patients" Invited Lecturer for Medical Oncology Fellows at University of Louisville
10/2015	"Can Rehabilitation Help During Breast Cancer?" Presented as Invited Guest Lecturer at Southern Indiana Rehabilitation Hospital, Community Education Series
3/2016	"Cancer Rehabilitation: A Journey" Invited Lecturer for Hospice and Palliative Care fellows and medical students at University of Louisville
5/2016	"Does Exercise = Cancer Medicine?" Presented as Invited Guest Lecturer for Survivorship Training and Rehabilitation (STAR) Inservice at University of Louisville
9/2016	"Cancer Rehabilitation: Are you part of the team?" Invited lecturer for Research Clinical Trials Department, James Graham Brown Cancer Center

9/2016	"Lymphedema from a Physician & Patient Perspective" Presented as Guest Lecturer for
	Lymphedema Workshop, Frazier Rehab Institute, Louisville, KY.
11/2016	"Cancer Rehabilitation Medicine in a Small Academic Venue" Presented at American Congress of
	Rehabilitation Medicine, Chicago, IL.
3/2017	"Cancer Rehabilitation" Invited Lecturer for Brightstar Home Care with audience of Louisville
	healthcare professionals, Louisville, KY.
10/2017	"Building a clinical Cancer Rehabilitation Medicine program: From the Ground Up" Lecture
	Presentation at AAPMR national conference with 3 colleagues; Dr. Carolina Gutierrez, Dr. Nancy
	Hutchison, and Dr. Vish Raj, Denver, CO.
2/2018	"Cancer Rehabilitation" Presented to the University of Louisville Palliative Medicine Fellows,
	Louisville, KY.

### **CLINICAL ACTIVITIES**

09/2012-present	Attending physician – Helped cover inpatient services as well as inpatient consults with resident teaching.
09/2012-present	KY One Health Tumor Board Conferences, Jewish Hospital and St. Mary's Hospital, Louisville, KY.
09/2012-present	Neuro-Oncology Tumor Board Conferences, James Graham Brown Cancer Center, Louisville, KY.
04/27/2013	Volunteer for the Christopher and Dana Reeve Foundation NeuroRecovery Network.
	Volunteered at the Kentucky Derby Mini-Marathon in Louisville, KY, assisting patients with
	spinal cord injuries participating in the race.
5/2014	Annual Cancer Survivor Celebration, James Graham Brown Cancer Center
5/2015	Annual Cancer Survivor Celebration, James Graham Brown Cancer Center
5/2016	Annual Cancer Survivor Celebration, James Graham Brown Cancer Center
5/2017	Annual Cancer Survivor Celebration, James Graham Brown Cancer Center
5/2017	Organized and volunteered the "Photo Shoot: The Faces Above Cancer" for cancer patients at
	James Graham Brown Cancer Center

# RESEARCH, GRANTS AND CONTRACTS

1.	No funding	"Sarcoma Database" research. Development of a Database for Patients who have Undergone
		Surgical Resection of Bone and Soft-Tissue Sarcomas by Dr. Travis Heare in the Musculoskeletal
		Tumor Program at the Children's Hospital, Aurora, CO. 2009 to present.
2.	IRB approval	"Physiatric Evaluation and Identification of Impairments in Cancer Survivors on
	obt. 6/2017	Initial Admission into a Survivorship Clinic: A Retrospective Chart Review" research.

## **ABSTRACTS AND PRESENTATIONS**

## **ORAL PRESENTATIONS**

- 1. "Longitudinal Outcome Measurement in Orthopedic Oncologic Survey." **Nelson MB.** Guest Lecturer at The Children's Hospital Annual Orthopedic Day Conference, Aurora, CO. April 2011.
- 2. "Sarcoma Patients: Health-Related Quality of Life and Functional Outcomes after Surgery. A Longitudinal Database Collection." **Nelson MB.** Graduation Research Lecture presented at the University of Colorado Physical Medicine and Rehabilitation (UC PMR) Gersten Day, Aurora, CO. June 2011.
- 3. "Assessment of Health Related Quality of Life Among Sarcoma Patients." Heare T, **Nelson MB**, Carry P, and Wylie E. American Academy of Orthopedic Surgeons Annual meeting. Chicago, IL. March 19-23, 2013.

#### POSTER PRESENTATIONS

 Inpatient Rehabilitation of Cerebellopontine Angle Epidermoid Cysts: 3 Case Reports. Fu J, Nelson MB, Bruera E. Poster presentation at the American Academy of Physical Medicine and Rehabilitation National Meeting in Atlanta, GA. November 15-18, 2012.

#### **PUBLICATIONS**

### PEER-REVIEWED PUBLICATIONS

- 1. **Bale MT**, *et al*. "Yellow Jackets May be an Underestimated Component of an Ant-Seed Mutualism." Southeastern Naturalist 2003, 2(4):609-614.
- 2. **Nelson MB** and Guo Y. "A Snapshot of Inpatient Cancer Rehabilitation." Journal of Cancer Education: Volume 28, Issue 4 (2013), pp 676-678. DOI 10.1007/s13187-013-0547-0.
- 3. **Nelson M**, Palmer JL, Fu J, Williams JL, Yadav R, Guo Y. Hyponatremia in cancer patients on an inpatient rehabilitation unit. European Journal of Cancer Care 2013 Oct 15. doi: 10.1111/ecc.12140. [Epub ahead of print]
- 4. Fu J, **Nelson MB**, Bruera E. "Inpatient Rehabilitation of Cerebellopontine Angle Epidermoid Cysts: 3 Case Reports." Neurosurg Q. 2014 Aug; 24(3): 197–202.
- 5. **Nelson, MB**, Haustein D, Papuchis S. "Neuromuscular Complications of Cancer" PMR Knowledge NOW 2016.

#### **PUBLICATIONS IN REVIEW**

1. Heare T, Carry P, Monreal A, Dell'Orfano S, Mooney R, Hensley MA, **Nelson MB**. "Quality of Life Among Sarcoma Patients that Underwent Limb Amputation Versus Limb Salvage Procedures." In review.

## **BOOK CHAPTER**

1. **Nelson MB**. (2014). "Lymphedema: Lower Extremity." Ki Y. Shin (Ed.), *Cancer: Rehabilitation Medicine Quick Reference* (pp 82-83). Demos Medical 2014.

#### REVIEWER

1. Reviewer, Physical Medicine and Rehabilitation Journal, 04/2013-present.

2. Reviewer, European Journal of Cancer Care, 09/2013-present.