

# REBECCA POPHAM



I'm a middle child. Enough said right? Wait, I'm a middle child of 5 kids, oldest girl with 3 brothers and 1 sister. I'm a very family oriented person who grew up in Northern Kentucky, just a few minutes from Cincinnati, OH. I lived there until I left for undergrad to the University of Louisville where I received my B.A. in Biology with a minor in Spanish. While in Louisville for 4 years, I met my soon-to-be husband, Ryan, who received his degree in Equine Business (nothing to do with medicine ☺). We dated for eight years before we were married this past July 2012!

From undergrad at UofL, I headed to the mountains of Pikeville, KY where I went to medical school at Pikeville College of Osteopathic Medicine (now renamed KYCOM). As a medical student, I knew one thing: I wanted to be involved in sports somehow. I forgot to mention, at UofL I was in college rowing for 3 years and quit for various reasons, but mainly to take time for the almighty MCAT. I have a clear love for all and any sports and the life/ mentality of the athlete. I worried many sidelines as a student and hope to continue this in the future.

After finishing several rotations, it was clear to me that family medicine was the right path for me. I could specialize in sports medicine if my heart still desired or practice FM and treat athletes all the same. I knew I wanted to stay in KY and be close to both my family and somehow end the long distance part of my relationship of 3 hours. After visiting UofL FM program, it was clear to

me that this was the perfect place for me. I did not have to be serious all the time. I could joke around with my attending and fellow residents without condescending smirks. I could be the crazy middle child I have always been!~ UofL also gives me the opportunity as a resident to work with several different facilities and understand there is more than 1 correct way to do things. UofL, Kosair and Jewish hospitals as well as our clinics each have their own way of maintaining a balance with their nurses to doctors to patients and as a resident, I believe that will make us stronger being able to adapt from location to location, daily. And as a sports medicine lover, I have been given the opportunity to work on football sidelines, do sports physicals, work ironman events, marathons, as well as several other exciting events as an intern! I'm excited to see what the future holds.

In my spare time, I have been working on our house! I have started scrapbooking again, thank goodness because I love taking pictures! If there's a sporting event to watch or partake in, let me know! I'm there!