



Fall is a beautiful time of new beginnings and I am reminded of the seasonal changes key to the continuing vitality of our school. In September, we welcomed nearly 250 alumni and their

guests, including 27 of our 50-year "Golden" alumni. Over the course of the weekend we celebrated together during an alumni reception and individual class dinners hosted at varied locations across the city.

In the spring and summer we saw the graduation of the class of 2016, and the start of new residents and fellows. We have welcomed new faculty and administrators, and in July we greeted the medical school class of 2020 with

our white coat ceremony and keynote address by Dr. Barry Kerzin, personal physician to His Holiness, the Dali Lama. Dr. Kerzin's message on the power and necessity of compassion, including self-compassion, was especially timely considering an initiative underway in our School of Medicine to cultivate compassion and resilience as a means of addressing physician wellbeing and preventing burnout.

Over the past two years, an increasing amount of data has been published on the high incidence of burnout in medical students, residents and practicing physicians. The AMA, AAMC and ACGME have sharpened their focus on the importance of wellbeing and the hazards of burnout on our learning environment and our care of patients. This past October, several members of our leadership team attended the [CENTILE Conference](#) hosted at Georgetown

University. We returned from this experience with a refined understanding of the compelling need to develop effective tools for our students, residents, faculty and staff in order to mitigate stress, depersonalization, loss of empathy and to prevent burnout. Along with schools such as Vanderbilt, Georgetown, Stanford, Mayo and Cincinnati, we are committed to addressing this issue.

This year we will implement a new initiative called "Being Well" which will include resources and programs that promote health, resiliency and compassion. I encourage you to take advantage of this program and to engage with me in supporting the physical and emotional needs of the individuals who ensure the success of our mission.

—Dean Toni Ganzel

EDUCATION

The UofL School of Medicine welcomed 156 members to the class of 2020 at the school's 2016 White Coat Ceremony on July 24. The students received a white coat and a stethoscope, gifts from the Greater Louisville Medical Society and UofL School of Medicine alumni. In addition, a record high 52 students enrolled in graduate programs (M.S. and Ph.D.) within the School of Medicine.

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RESEARCH

UofL investigators have received an \$11.5 million five-year grant to study liver diseases in a comprehensive fashion. These studies include a unique focus on environmental exposure and subsequent liver injury. Craig McClain, M.D., associate vice president for health affairs/research, is the principal investigator and head of the team that has received the Centers of Biomedical Research Excellence (COBRE) grant from the NIH. McClain also leads a team that received NIH designation as an NIAAA Alcohol Research Center earlier this year.

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PATIENT CARE

Joseph Neimat, M.D., chair of the Department of Neurological Surgery, has begun performing deep brain stimulation (DBS) surgery at Jewish Hospital, part of KentuckyOne Health, for the treatment of advanced Parkinson's Disease. The procedure utilizes a 3-D printed stereotactic frame and computer models to precisely place a microelectrode deep within a patient's brain, which is controlled externally. The device helps control tremor and reduce stiffness associated with Parkinson's Disease.

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COMMUNITY ENGAGEMENT

Erica Sutton, M.D., assistant professor of surgery in the Division of General Surgery, has been named the director of diversity and community engagement for the Department of Surgery. Sutton volunteers her services with Surgery on Sunday, an organization that provides in-kind outpatient surgical and endoscopic care to income-eligible members of the Louisville community who are uninsured or underinsured. Sutton's clinical expertise includes advanced minimally invasive procedures and surgical endoscopy.

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Faculty in the national leadership spotlight

Lorrel Brown, M.D., received the Young Investigator Award from the American College of Cardiology for CPR training she conducted at the 2015 Kentucky State Fair.

Jeffrey P. Callen, M.D., has been elected to serve on the Accreditation Review Committee (ARC) of the Accreditation Council of Continuing Medical Education (ACCME).

Amy Holthouser, M.D., was selected as a fellow of the 2016-2017 class of the Hedwig van Ameringen Executive Leadership in Academic Medicine Program (ELAM).

Susan Galandiuk, M.D., has been named editor-in-chief of Diseases of the Colon and Rectum. Galandiuk also was elected vice president of the Society of Surgery of the Alimentary Tract (SSAT).

Heidi M. Koenig, M.D., has been named editor-in-chief of the Journal of Medical Regulation.

William Tse, M.D., has been named editor-in-chief of the International Journal of Transplantation Research and Medicine.

Lori Wagner, M.D., has been elected to the National Steering Committee for the AAMC Group on Women in Medicine and Science.

Stuart Williams, Ph.D., delivered the keynote address at The 2nd Saudi International Biotechnology Conference in Saudi, Arabia.

Charles R. Woods Jr., M.D., has been elected the incoming chair of the Executive Committee of the American Academy of Pediatrics' (AAP) Section on Epidemiology, Public Health and Evidence (SOEPHE).

[SEE ADDITIONAL HONORS AND RECOGNITIONS](#)

Class of 2020

| | |
|-----------------------------|--------|
| Female | 48% |
| Male | 52% |
| From rural Ky. counties | 24% |
| Underrepresented minorities | 12% |
| Nontraditional Students | 11% |
| MCAT Average (old format) | 29.25 |
| MCAT15 Average (new format) | 506.96 |
| Average GPA | 3.70 |

The 156 members of the incoming class at the UofL School of Medicine, selected from 3,767 applicants, come from 19 states and 63 colleges and universities across the country. They come from large schools like UofL, UK, North Carolina, Indiana, Purdue and Ohio State. They come from small schools like Centre, Thomas More College, Asbury University, Notre Dame College and Campbellsville University, and from nationally known schools like Duke, Vanderbilt, Cornell and Yale.

The Summer 2016 issue of UofL Magazine features a number of articles about faculty and activities at the School of Medicine, including Jesse Roman, M.D.'s work to help start the first pulmonary fibrosis center in the Caribbean (page 17), global health education at the School of Medicine (page 30), and the rural training opportunity for students at Trover Campus at Baptist Health Madisonville (page 50). [Read the online magazine here.](#)



Members of the UofL School of Medicine class of 2020 were welcomed at the White Coat Ceremony on July 24.

SMART

Upcoming events for School of Medicine Advancement Retention and Training (SMART):

October 26 – Boomerang Training on event planning. SMART offers staff the opportunity to attend training sessions and share that knowledge with staff at UofL.

November 9 – Emergency Preparedness and active shooter response

Save the Date! The 2017 Staff Retreat is scheduled for May 17, 2017

Faculty Affairs

Welcome to our new faculty members. As faculty, it is important that you receive orientation to policies and procedures at the medical school, and understand our promotion, appointment and tenure criteria as they apply to you and your career path. All new faculty members are expected to meet with Ron Paul, M.D., vice dean of faculty affairs and advancement. You will receive a welcome email from the office inviting you to schedule your meeting, or request an appointment at:

<http://louisville.edu/medicine/facultyaffairs>



Staci Saner has been named faculty development manager. Saner graduated from the University of Illinois with a B.S. in biology and received her M.Ed. with a concentration in biology from the University of Texas. She will be managing faculty development's program renovation, reporting to Gerard Rabalais, M.D., M.H.A., vice dean of faculty development.

Save the date:

Third annual Dean's Appreciation Reception for faculty, staff, residents and students, November 17, 2016.

Being Well

"Being Well" is a multifaceted program initiated by Dean Toni Ganzel to promote health, resiliency and compassion in the UofL School of Medicine community. It includes resources and programs for students, faculty and staff.

Whil

Mindfulness and meditation yield significant mental and physical benefits, including a boosted immune system, lower stress and better sleep.

www.whil.com/welcome

Whil is an application designed to support mindfulness practice. The SOM has secured 500 Whil subscriptions available to students, residents, faculty and staff on a first come, first served basis. To enroll: www.whil.com/team/UofLMedicine

Mindful Space

Two mindfulness rooms are now open to provide quiet spaces for students, residents, faculty and staff. One is in A Building (the Research Tower), room 304. The room is furnished with cushions provided by Get Healthy Now, mats, guided meditation CDs and an electronic candle to facilitate quiet contemplation time. The room is open 24/7.

A second space is located in Med Center One (502 East Broadway), Room 280. This room is open Mon-Fri, 8 a.m. – 4:30 p.m.

Alumni Reunion 2016

The School of Medicine welcomed back nearly 250 alumni and guests for a weekend of reunion festivities Sept. 23-24. Alumni reunions provide social opportunities for graduates to reconnect and to receive updates on changes occurring in the school since their graduation. This year, 27 Golden Alumni returned to celebrate 50 years as graduates of the school. The School of Medicine values the opportunity to reconnect our graduates to each other and to their alma mater.

NEWSLETTER CONTRIBUTIONS

The stories included here were selected from the information submitted by the departments. Content for the next issue of the newsletter should be directed to karan.chavis@louisville.edu.