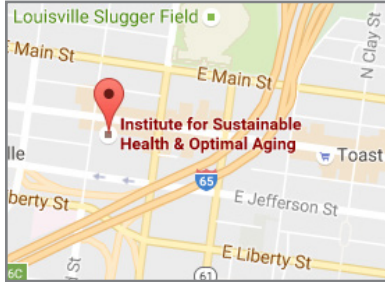


20 Mindful Minutes

A calm place to be.

Location:



The Institute for Sustainable
Health & Optimal Aging

300 E Market Street, Suite 200
Louisville, Ky 40202

Time:

Every Tuesday

12:30pm to 12:50pm



UNIVERSITY OF
LOUISVILLE

INSTITUTE FOR SUSTAINABLE
HEALTH & OPTIMAL AGING

(502) 852-5629
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