We wish to express our sympathies to the family, friends and colleagues of Ashley P. Hinchen, a 2007 SMDEP alumni who died in a car accident just months before she was set to graduate from the University of Louisville’s School of Medicine. Ashley was vibrant, loving, caring and had a passion for helping people. She will be deeply missed by all who knew her. The degree of Medical Doctor (M.D.) was awarded to her posthumously on May 9, 2015.
Monique Trice, D.M.D  
SMDEP 2008  
AEGD w/ Christ Community Health Services  
Memphis, TN

SMDEP gave me a unique opportunity to take a peek inside and to experience firsthand what being a professional student entails and all that comes with it. It allowed me an opportunity to get a feel for what would come to be expected of me and what I should come to expect from myself. The experience was invaluable and I wouldn’t be where I am today without all of the guidance the program provided from the application itself to interview tips and how to conquer the DAT. Thank you so much SMDEP for the opportunity that has come to define my life and allowing me to participate and become the professional I hoped to be!

Marcella A. Trombley, D.M.D  
SMDEP 2008  
Lead Dentist,  
Home of the Innocents  
Louisville, KY

Lindsey Elmore, D.M.D.  
SMDEP 2009  
Lexington, KY  
General Practice Residency  
University of Kentucky

I am so incredibly thankful for the opportunity to be a part of SMDEP in 2009. This experience allowed me to gain confidence in myself, create meaningful relationships with those have the desire to help me succeed, and enabled me to experience what it takes to be a well-rounded candidate for dental school. I couldn’t imagine being where I am now without SMDEP. This is a wonderful program and I am honored to be a part of it!

My Louisville SMDEP 2008 experience was definitely a turning point in my professional career. SMDEP allowed me to step out of my comfort zone and experience dreams and inspirations with other scholars of different cultures and backgrounds. This was my first exposure of such and also a starting point for me to deepen my knowledge of cultures. Since participating in SMDEP, I have devoted my time to serve those in underserved populations through clinical outreach, community service and mission trips. If it had not been for SMDEP exposing me to discussions and lectures about underserved populations as well as exposure to other influential people, I can say my life would be on a different path and I would have possibility missed my calling. Thank you SMDEP for the invaluable experience. I will forever be grateful!

Monique Trice, D.M.D  
SMDEP 2008  
AEGD w/ Christ Community Health Services  
Memphis, TN
SMDEP was a truly invaluable experience which provided me with an unparalleled opportunity to be immersed in the medical school experience as an undergraduate student. I fully credit SMDEP, the enthusiasm of the faculty and medical student leaders who served for the program, and, of course, the continuous support and hospitality of Mrs. Mary Joshua for my choice to attend the University of Louisville School of Medicine.

Travis Wheeler, M.D.
SMDEP 2008
Wright State Univ.
Boonshoft School of Medicine
Dayton, OH

SMDEP was a truly invaluable experience which provided me with an unparalleled opportunity to be immersed in the medical school experience as an undergraduate student. I fully credit SMDEP, the enthusiasm of the faculty and medical student leaders who served for the program, and, of course, the continuous support and hospitality of Mrs. Mary Joshua for my choice to attend the University of Louisville School of Medicine.

Travis Wheeler, M.D.
SMDEP 2008
Wright State Univ.
Boonshoft School of Medicine
Dayton, OH

SMDEP gave me a glimpse of what medical school would be like before I arrived. I enjoyed exploring my future career path with peers who had similar goals. That summer, I not only made future plans, but lifelong friends.

Erin Adams, M.D.
SMDEP 2009
University of South Carolina, Orthopedic Surgery
Columbia, SC

I feel that SMDEP helped me discover my passion for serving the underserved as well as help me make lifelong connections to the many important people at ULSD. I knew that even before my first day of dental school that I would have a friend going through the journey with me, some of my classmates from SMDEP would become my classmates at ULSD for the next four years. The support I have received from all the faculty and staff associated with SMDEP is immeasurable.

Morgan Flinchbaugh, D.M.D.
SMDEP 2009
AEGD Public Health Clinic
Findlay, OH

I completed SMDEP at Duke in 2007. SMDEP opened various doors for me that would not have occurred otherwise. My first true basic science research experience occurred because of a mentor I had during the program. It led to my first publication and developed my passion for research. Following SMDEP, I conducted oncology research, and I hope to continue when I begin my residency at NYU in Pediatrics this summer. I originally applied to U of L School of Medicine because it is an SMDEP institution and I realized the commitment to diversity and serving the underserved that exist within schools that dedicate time and resources to SMDEP scholars. I participated in an international away rotation in Vienna, Austria; I also went on a medical trip to Tena, Ecuador and provided care to the underserved there. SMDEP planted the seed and provided me with excellent role models who have encouraged and inspired me throughout my journey in medicine.

Jamila Williams, M.D.
SMDEP 2007—Duke Univ.
Pediatrics
NYU School of Medicine
New York, NY
Career Spotlight: Physical Therapist

What is a physical therapist?
Physical therapists (PTs) are highly-educated, licensed health care professionals who can help patients reduce pain and improve or restore mobility - in many cases without expensive surgery and often reducing the need for long-term use of prescription medications and their side effects.

Physical therapists can teach patients how to prevent or manage their condition so that they will achieve long-term health benefits. PTs examine each individual and develop a plan, using treatment techniques to promote the ability to move, reduce pain, restore function, and prevent disability. In addition, PTs work with individuals to prevent the loss of mobility before it occurs by developing fitness- and wellness-oriented programs for healthier and more active lifestyles.

Physical therapists provide care for people in a variety of settings, including hospitals, private practices, outpatient clinics, home health agencies, schools, sports and fitness facilities, work settings, and nursing homes. State licensure is required in each state in which a physical therapist practices.

Education and Training
According to the American Physical Therapy Association, there were more than 200 accredited physical therapy programs in 2013. All physical therapist education programs, except for one, have transitioned to the Doctor of Physical Therapy (DPT) degree. By 2015, all programs accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE) must award the DPT degree. Individuals who wish to practice as a physical therapist in the United States must earn a PT degree from a CAPTE-accredited program, pass a national licensure examination, and meet licensure requirements for the state(s) in which they practice.

There is also a clinical component to these degrees. After graduating with a DPT, physical therapists might choose to complete a clinical residency or fellowship to gain more practical experience. There are also additional certifications for PTs hoping to specialize. Physical therapists also need to obtain a state-specific license, and they'll need continuing education coursework to keep their licensure.

Applicants can research admission requirements and apply to multiple PT education programs through the Physical Therapist Centralized Application Service (PTCAS) website.


Preparations are in full swing for the arrival of our 2015 SMDEP scholars. As alumni, please share your experiences here at the University of Louisville with others who may be interested in becoming a physician or dentist in the future. Applications will be available at www.smdep.org on November 1, 2015 through March 1, 2016.
Congratulations

2015 Graduating Classes—SMDEP Alumni - of the U of L Schools of Medicine and Dentistry

Erin Adams, MD
Orthopedic Surgery
Univ. of South Carolina—Columbia, SC

Jasmine Ellis
Dental Hygienist
Owensboro, KY

Anita Allison McNutt, MD
Family Medicine
St. Mary’s Hospital—Grand Junction, CO;

Lindsey Elmore, DMD
General Practice Residency at UK
Lexington, KY

Brittany Badal, MD
Pediatrics
All Children’s Hospital - St. Petersburg, FL;

Morgan Flinchbaugh, DMD
AEGD in Public Health
Findley, OH

Emily Gregory, MD
OB/GYN
Univ. of Tennessee School of Medicine -Knoxville, TN

Derek Hayes, DMD
Louisville/Bowling Green

Ashley Hinch, MD
(awarded posthumously)

Jerrica Payton Norvell, DMD

Neesha Patel, MD
Surgery
SUNY Upstate Medical Univ.—Syracuse, NY

Jared Stewart, DMD
AEGD w/ Army
Colorado Springs, CO

Andrew Vaughn, MD
Otolaryngology
Texas A&M- —Temple, TX

Jenna Klingenberg Stewart
Dental Hygienist
Colorado Springs, CO

Lece Viva Webb, MD
Pediatrics
Univ. of South Carolina— Greenville, SC

Monique R. Trice, DMD
Christ Community Health Svcs
Memphis, Tennessee

Travis Wheeler, MD
Family Medicine
Wright State Univ.
Boonshoft SOM - Dayton, OH

Marcella Trombley, DMD
Lead Dentist;
Home of the Innocents
Louisville, KY

Jamila Williams, MD
Pediatrics
NYU School of Medicine—New York, NY

“Teamwork makes the dream work”