Amy Holthouser, M.D., and Stacie Steinbock were honored by Louisville Business First as “Best Innovators” for their work in educating future physicians regarding the best care for LGBTQ patients at the 2017 Health Care Hero Awards. Holthouser, associate dean for medical education at the University of Louisville School of Medicine, and Steinbock, director of the UofL LGBT Center Office at the Health Sciences Center, received the award for their work in launching the eQuality Project, a national pilot program at UofL to ensure that individuals who are lesbian, gay, bisexual, transgender (LGBT), gender nonconforming or born with differences of sex development (DSD) receive the best possible health care. The UofL School of Medicine is the first in the nation to incorporate competencies published in 2014 by the Association of American Medical Colleges (AAMC) related to provision of care for LGBT and DSD individuals.

“We are proud to be recognized by leaders in our business community with this award,” Holthouser said. “By teaching physicians how to take better care of all patients, we believe we make the Commonwealth of Kentucky a healthier environment for businesses to invest in the future.”

The eQuality Project was established at UofL to ensure that individuals who are lesbian, gay, bisexual, transgender (LGBT), gender nonconforming or born with differences of sex development (DSD) receive the best possible health care. The UofL School of Medicine is the first in the nation to incorporate competencies published in 2014 by the Association of American Medical Colleges (AAMC) related to provision of care for LGBT and DSD individuals.

“While this category only allowed up to two people to be named, the success of this project is due to a huge team of people contributing in many different ways,” Steinbock said. “This innovative work is made possible by the compassionate, brave leadership within the School of Medicine.”

Holthouser and Steinbock were among five winners at the 2017 Health Care Heroes program honored for their impact as a manager, provider, innovator or in community outreach. A total of 19 health-care professionals and a specialty health-care facility were finalists for the awards. Finalists for the innovator award from UofL also included Jason Chesney, M.D., Ph.D., deputy director of the James Graham Brown Cancer Center, and Darryl Kaelin, M.D., chief of the Division of Physical Medicine & Rehabilitation. Kathrin LaFever, M.D., the Raymond Lee Lebby Chair for Parkinson’s Research, was a finalist in the provider category, and the Kentucky Racing Health Services Center through the UofL School of Nursing was a finalist for the community outreach award. Winners were selected by a team consisting of Business First editors and the publisher.
School of Dentistry

Free Dental Screenings and Oral Health Education for Children part of National Effort

UofL joins with community groups for Give Kids a Smile Day, a program of the American Dental Association. Nearly 3,000 children at six Jefferson County Public Schools today learned about the importance of proper dental hygiene, and many received a free dental screening through the efforts of the University of Louisville School Dentistry, Aetna Better Health of Kentucky, Anthem Blue Cross and Blue Shield Medi-aid, Avēsis Incorporated, a Guardian Company, Colgate Bright Smiles Bright Futures, DentaQuest, Louisville Dental Society, Louisville Water Com-pany, Smile Kentucky! and Subway, D.T. – Franchisee.

Nearly one in four children under the age of five already has cavities, according to the U.S. Centers for Disease Control and Prevention. This initiative reaches many under-served children in the community, and is part of the American Dental Association’s Give Kids a Smile Day, hosted during National Children’s Dental Health month.

“We are committed to helping improve the health of Kentucky’s children. Community engagement is at the heart of this dental school, and that’s why we close our clinics for the day to travel into the community to offer free screenings and teach kids about dental health,” said T. Gerard Bradley, B.D.S., M.S., Dr.Med.Dent., dean of the UofL School of Dentistry.

“Good dental care is vital to our students’ overall well-being and confidence, key elements in them coming to school happy, healthy and ready to learn,” said Jefferson County Public Schools Superintendent Donna Hargens, Ed.D. “We’re excited to partner with the University of Louisville School of Dentistry and other community collaborators on this important health initiative.”

About 200 UofL dental and dental hygiene students, faculty and staff, along with community volun-teers visited Bates, Cane Run, Camp Taylor, Maupin, Roosevelt Perry and Rutherford Elementary schools. Dental students and faculty screened children for signs of dental decay and cavities, and notified parents or legal guardians about the findings. These oral health evaluations also meet the Kentucky dental screening require-ment for school entry. Dental hy-giene students explained how to properly brush and floss, and talked with children about the im-portance of visiting a dentist and how to make healthy snack and drink choices.

Children left school with a goody bag complete with a toothbrush, dental floss and den-tal health educational materials. Parents and legal guardians are encouraged to find a dental home for their children where they can receive complete dental care from check-ups to fillings. UofL’s pediatric dentistry division is accepting new patients. Call 502-852-5642 for more infor-mation or visit their website.
“Preview to Dentistry” (BIO 396) students participated in Children’s Dental Month by providing in-classroom presentations on oral health and dental careers at the Jeffersontown Elementary School Friday, February 17, 2017. The project is a collaboration between the University of Louisville School of Dentistry, Northwest AHEC, and Jeffersontown County Public Schools. Community engagement is an integral component of the dental profession and this project may be the first opportunity for students to present to the public. The Tooth Fairy and Doctor Rabbit visited all classrooms and each child (884) was provided with a new toothbrush and tooth paste to take home. The project was facilitated by Dr. Sherry Babbage, Ms. Dedra DeBerry, Dr. Lee Mayer, and Ms. Susie Walker-Byrd.
School of Medicine

Bystander Training Initiative in the School of Medicine
by Dave McIntosh, PhD, Office of Community Engagement

The bystander effect is a phenomenon that was first described in the literature by John Darley and Bibb Latane in the late 1960’s. Their work grew out of a very public and tragic murder, Kitty Genovese in 1964, where there were more than 30 witnesses who all failed to provide assistance. Wishing to explore why and how this could be the case, Darley and Latane began conducting experiments with both emergency and non-emergency situations to understand the cognitive processes that one must go through to compel them to action. Within Social Psychology, their work has provided powerful insights and is relied upon to create programs that enable equitable environments. Examples can be seen in wide variety of human resources training materials, as well as the Green Dot initiative that works to reduce sexual violence.

Building on this work, the School of Medicine (SOM), Office of Community Engagement and Diversity is convening a session called the Bystander Training Initiative (lunchtime on March 8th), that will apply principles from this research, coupled with practical skills and strategies for interrupting instances of marginalizing behavior. The need for this training grew out of the climate assessment which indicated that there are times when people witness others who are not being treated as well as we expect in the School of Medicine. This training is being led by Sally Evans who is the Director of the UofL PEACC Center and has facilitated numerous trainings across the country on these strategies and tools. This session will help not only to identify situations in which a bystander can be helpful, but will allow participants to practice the skills to make them effective interrupters. Consistent with the SOM’s commitment to ensuring that we are all able to contribute to an environment that is inclusive, welcoming and supporting for all, we invite all faculty, staff, students, administrators, and clinicians to attend.

To RSVP click here. Wednesday, March 8th Time: noon – 1:30pm Location: Kornhauser Auditorium

Surplus Medical Equipment from UofL gets a Second Life in Ghana

Improvements in eye care at UofL mean better care for 3 million Africans. To provide the best care for patients and the best training for physicians, the University of Louisville Department of Ophthalmology and Visual Sciences and UofL Physicians Eye Specialists regularly upgrade diagnostic and other equipment. Several of these displaced items have been put to use more than 5,000 miles away to improve care for patients in Ghana.

Until recently, Friends Eye Center in Tamale, Ghana, lacked basic ophthalmic equipment and the center’s surgical microscope was outdated and cumbersome. The center, directed by Seth Wanye, M.D., provides vision care for nearly 3 million residents of the West African nation and serves as a training site for future ophthalmologists.

Henry J. Kaplan, M.D., chair of the UofL Department of Ophthalmology and Visual Sciences, visited Friends Eye Center during a medical mission trip several years ago.

“Most of the equipment they had was non-functional. The equipment we gave them we no longer use because of the acquisition of more technologically advanced diagnostic devices,” Kaplan said. “Many of the people there have totally lost their eyesight and are dependent on their relatives and other support structures, which presents an enormous economic burden.”

Wanye, who regularly visits UofL to enhance his surgical skills, was visiting Louisville in 2015 when Kaplan offered to donate the equipment to his center in Ghana.

“It was like a dream come true,” Wanye said. “It helps me perform thorough examinations of the eye so I can identify other problems, not just the cataract that you can see. It also gives the patients comfort and they are fascinated.”
Shipping large items to Africa is not a simple process, however, and it was nearly a year before the equipment reached the center. Thanks to multiple organizations that shared the expense and worked to transport the instruments, the Friends Eye Center now has a slit lamp, which allows Wanye to examine his patients’ eyes more precisely, a better surgical microscope, chairs for both the surgeon and the patient, and an auto refractor for determining eyeglass prescriptions.

Wanye, who was the only ophthalmologist serving the Northern and Upper West regions of Ghana until a colleague joined him last year, also works with future physicians in the center to introduce them to the specialty of ophthalmology. Most Ghanaian medical students choose other specialties since ophthalmology is not a medical priority in Ghana.

“You have so many other diseases that are killing people. They say eye diseases don’t kill so they are overlooked,” Wanye said. But he has seen that restoring vision allows individuals to regain their independence and enables children to go back to school.

“When you go out into the villages, people are poor, they don’t have money but they are blind. So we will get the resources and do the surgery.”

Wanye receives funding from non-governmental organizations (NGOs) such as Unite for Sight and the Lions Clubs International to provide eye screenings and perform between 2,000 and 4,000 cataract surgeries each year. In addition to screenings and surgeries on location, Wanye provides care for patients in the Friends Eye Center.

“To be one doctor that serves millions of people is not a trivial task. He does it because of a love and conviction for the good that he is doing. I really do admire what he’s doing and that’s why we are more than happy to assist him,” Kaplan said. This is the first time UofL’s ophthalmology department has donated equipment to a foreign health-care organization.

Wanye hopes to establish a regular exchange between UofL ophthalmologists and the center, similar to a program in which residents and faculty members from the UofL Department of Pediatrics travel to the Tamale Teaching Hospital several times each year. Tamale is an official sister city to Louisville.

“My dream is to have some continuous program, especially with the residents’ program here, so we would have residents coming to Friends Eye Center,” Wanye said. In the meantime, he is grateful to UofL for the donated equipment. “We know how valuable they are and how expensive they are. They will help us deliver more quality service to our people. Thank you to everyone at UofL,” Wanye said.
School of Nursing

School of Nursing Lab Revamp to Double Simulated Clinical Learning

University of Louisville School of Nursing students soon will double their hands-on clinical simulation learning through a major lab renovation funded by two donations of $125,000 each, one from The Bufford Family Foundation and the other from Trilogy Health Services.

The funds will allow a lab on the third floor of the School of Nursing to be transformed into a four-room simulation suite and home health care space called the Trilogy Health Services Simulation Lab. In addition, a separate observation room for instructors will be built. Construction will start this summer and will be completed in the fall.

Also, the school will buy a fourth high-fidelity adult patient simulator that will be housed in the lab. The school has been restricted to using only two of its three adult simulators because of space constraints. During labs, groups of five to 10 observe a single student’s interaction with a patient simulator, and because of the limited space, students spend more time observing rather than administering interventions.

The renovated lab will allow continuous use of all four adult simulators, doubling the time students spend as the caregiver from 20 to 40 hours during undergraduate education.

“The ability for nursing students to spend quality time performing hands-on learning is critical to ensure that the students have confidence in providing the highest quality care,” said Randall Bufford, CEO of Trilogy Health Services. “We are proud, both organizationally and personally, to provide the support needed to expand the clinical simulation lab.”

Hands-on learning in patient simulation labs is essential to educating health care students, enabling them to sharpen complex skills in preparation to face real patients. Simulators present numerous conditions that students respond to, including difficulty breathing, seizures and heart attacks.

“The School of Nursing is honored to partner with Randy and Susan Bufford and the Trilogy family in this technology investment for our students,” said School of Nursing Dean Marcia J. Hern, Ed.D., C.N.S., R.N. “Practicing on a lifelike mannequin that can talk, breathe and have increased heart rate and blood pressure allows students to make sound decisions under the guidance and direction of our faculty and staff. At times, students are almost brought to tears when they realize the gravity of clinical decisions they will later make in real-life settings.”

About Trilogy Health Services

Trilogy Health Services offers a full range of personalized senior health and hospitality services, from independent and assisted living to skilled nursing and rehabilitative services in 106 senior living communities throughout Indiana, Ohio, Kentucky and Michigan. Trilogy’s senior living services are delivered by staff specially trained to honor and enhance the lives of our residents through compassion and a commitment to exceeding customer expectations. To learn more about Trilogy Health Services, checkout their website .
Public Health and Information Sciences

UofL and IDEAS xLab explore creation of a Center for Art + Health Innovation

Solving complex social and health issues through arts and culture is the goal of a collaboration between University of Louisville’s Commonwealth Institute of Kentucky (CIK) and IDEAS xLab.

The two entities are working together to design, create and implement a Center for Art + Health Innovation (CAHI) within the CIK to help Louisville become a national thought leader and training site for the improvement of community health through art.

“One of the greatest challenges in public health is authentically connecting with communities, as well as communicating effectively,” said Monica Wendel, Dr.P.H., M.A., director of the Commonwealth Institute of Kentucky and associate dean for Public Health Practice at the UofL School of Public Health and Information Sciences. “Our best science is relatively useless if we can’t make it accessible and actionable for people. Arts and culture provide us with the language necessary to foster mutual understanding.”

“We believe artists are a catalytic force who shape and influence our cultural, political and economic environments,” said Theo Edmonds, co-founder of IDEAS xLab. “They have the ability to make new options visible, and with the right training and support, can (re)introduce humanity into policy discussions and shift how community members define and advocate for their health and well-being.”

Project HEAL (Health Equity Art Learning) is IDEAS xLab’s signature project, and uses arts and cultural engagement to help communities discover creative ways to identify their health priorities and develop a health equity action plan for sustainable impact.

Edmonds says although data suggests that arts and culture influence population health, an evidence-based model is needed, and CIK researchers will be important collaborators in the process.

Last year, the CIK and IDEAS xLab partnered to launch a photovoice exhibit at the Kentucky Center for African-American Heritage. The project featured photographs and written observations of West Louisville residents, and set the stage for community conversations on ways to reduce violence in their neighborhoods. CIK and IDEAS xLab hope to bring more of these initiatives to life under the Center for Art + Health Innovation.

“CIK and IDEAS xLab have our eyes on the same goal—social justice and health equity. We are bringing our unique skill sets together to advance that goal in a creative way,” Wendel said.

CIK is part of the University of Louisville School of Public Health and Information Sciences with a mission of informing policy and practice that will improve the health of populations in Kentucky and beyond. IDEAS xLab is a Louisville-based artist innovation company that trains artists as social entrepreneurs to help create equitable places and nurture healthy communities.
On February 24, 2017 I was gifted the opportunity to attend the Friday session of the 44th Dr. Joseph H. McMillan National Black Family Conference hosted by the University of Louisville and many community sponsors. Upon hearing the news that I would be attending the conference I was rushed with emotions from excitement to anxiety. The excitement was that I would be attending a long standing conference at UofL that I’d heard so much good about. The anxiety was that I wondered what everyone would think of me, this big six foot five white man, walking into the National Black Family Conference. As an ally of the Black Lives Matter movement I assumed my stance on issues would probably be accepted, but was my actual attendance desired, or would I be an unasked for presence? This is a somewhat common experience I, and perhaps other white people, have when entering spaces primarily for people of color. So I entered the conference full of anticipation for the content and climate of the conference, yet somewhat anxious about my presence there.

This year’s theme, “Back to the Basics: Strengthening the Family and Community” hit with a punch as Dr. Mordean Taylor-Archer and co-chair Betty Baye opened the conference with a plenary session consisting of community members Sadiqa Reynolds (Louisville Urban League), Rev. Corrie Shull (Burnette Avenue Baptist Church), Kevin Fields, Sr. (Louisville Central Community Center), and Rashaad Abdur-Rahman (Louisville Metro Safe & Healthy Neighborhoods). With the floor turned over to the panel each member gave a brief description of the priorities of their organization and moved into responses on how their specific organizations were working to foster and protect partnerships within the community. Throughout this discussion there was a constant theme of justice, equity, and education being the leading cause for each member’s good fight. The Plenary Session, while only one hour and fifteen minutes long hit on many various subjects and injustices including House Bill 151 and the need for us to demand responsibility and accountability from our community. HB 151 proposes to require school boards across Kentucky to assign their students to the school closest to their residence, their neighborhood school. Essentially this bill aims to encourage redlining, a predatory and discriminatory tradition, in economically deprived communities. The bill would encourage removing diversification from our classrooms and redistributing funds to economically flourishing areas. This session ignited a small fire in me that the remainder of the day was sure to flame.

After a quick break I moved into my first breakout session of the day, “Racial Battle Fatigue and Mental Health, the Effects on the Black Family and Community.”
HSC Diversity and Inclusion

Racial Battle Fatigue (RBF), defined as the cumulative effects of daily racial microaggressions, can transcend generations and affects multiple aspects of life in the black community. One specific struggle spawned by RBF is the battle with one’s own self. RBF challenges a black individual in ways that allows them to stunt the development of one’s own racial identity and makes it so very easy to lose sight of self-care. It was during this session that I knew I was supposed to be here, and I felt charged with being a voice to ignite others to battle against this issue plaguing our friends, family, and community. Among various takeaways from this session I believe it’s important to emphasize two key points, one being the instructions of self-care within black families and communities; inform your children of the world’s battle, meticulously articulate your situation, reaffirm to them every day that black is beautiful, do not allow them to slip in to a confusion caused by home life versus reality… help them to overcome Racial Battle Fatigue as a way of life. Secondly, and equally as important, communication is key, regardless of race, the only necessity is finding understanding amongst each other.

“The Role of the Civil Rights Movement in Strengthening the Black Race and Community” was the next session I attended. This session explored the role of the black family in advancing civil rights. Dr. Antoinette Davis led us on a trip through black American civil rights history touching on key contributing members of the black community that fostered change; such as Claudette Colvin, Rosa Parks, Lyman T. Johnson, and Martin Luther King, Jr. The fight for civil rights was and is in fact a fight for human rights, protections that each and every citizen are entitled to, and it’s a fight black families and communities continue to have to battle for. It is your mission and my mission to battle alongside black communities and families. As Dr. Martin Luther King, Jr. said in his final speech, “the greatness of America is the right to protest for rights.”

Overwhelmed with emotions I left the conference filled with knowledge and hopeful of finding new ways to continue my role in fighting for equality and equity for black families and communities, especially in matters of housing, jobs, education, and healthcare. Not only did I feel welcomed and embraced at this conference, I was greatly informed about many important topics, and I left feeling empowered to do more and say more. Now is my and your time to open doors and leave them open for everyone. Now more than ever is the time to stand up… when we’re not standing up on the issues… we’re standing down.

Racial Battle Fatigue Explained

It is the cumulative effects of daily racial microaggressions
Racial Battle Fatigue explains how individuals go through and experience racism.
There are physiological and psychological strains due to the energy lost coping with racism.
RBF effects relationships within families and Communities
For Blacks it transcends generations

Moving Forward

People of color should be normalized
No Race Should be seen as superior
Collective effort to fight systemic oppression
Acknowledge racial bias
Respect each other’s frame of reference
Validate those who speak
Implement personal and familial self care

- Racial microaggressions are a result of Ethnocentric monoculturalism (defined:)
  - Belief in superiority of one’s cultural heritage
  - Belief that other races/ethnicities are inferior
Did you know...?
by Jon Aaron Moody, HSC ODI

Dr. Kung Sun Oh, a Korean native, was born just south of Seoul on October 4, 1878. In the year 1900 Dr. Oh was baptized and went on to be recognized as one of the first Christians in the nation.

Shortly thereafter Dr. Oh started his educational career in 1902 at Centre College in Danville, Kentucky where he studied physics and chemistry. In 1904 he graduated from Centre and entered Louisville College of Medicine in Louisville, KY. Completing his medical degree in just three years, Dr. Oh returned to Korea in 1907 where his determination and personal sacrifice would serve him well throughout his memorable career.

In 1912, while serving as a superintendent of multiple Christian Hospitals, Dr. Oh was invited to become a faculty member at Severance Union Medical College in Seoul. This move would spark the rise of Dr. Oh’s career into becoming a leading medical educator in his country. Being the only medical school to train Koreans to care for Korean people, Severance was also the only medical school in Korea to teach Western Medicine. Dr. Oh would go on to become the Dean of Academic Affairs, the Vice President of the Medical School, and eventually the first Korean President of Severance Union Medical College in 1934.

Already publicly viewed as a humanitarian, Dr. Oh devoted his life to social work after his retirement at age 65. Having previously established an orphanage and a home for the aged in 191, his retirement now allowed him to devote his full attention to this work. Dr. Oh’s quest to aid the people never ceased.

Dr. Oh passed away on May 18, 1963 and was survived by two sons, three daughters, 28 grandchildren, and thousands of orphans and aged that called him father, brother, and friend. His dedication to the Korean people and society will never be forgotten.

Upcoming Diversity Events & Announcements

- **Practicum and Networking Fair**
  **When:** Friday, March 3, 11:30 a.m. to 1 p.m.
  **Where:** UofL SPHIS, 485 E. Gray St.
  This event will be a unique chance for local organizations and agencies to connect with students seeking practicum projects and volunteer opportunities. If you or your organization are interested in participating in this event or becoming a new practicum site, please contact Judy Hollkamp, MPH program coordinator.
  For more information visit the website.

- **Bystander Training**
  **When:** Wednesday, March 8, 12:00 to 1:30 p.m.
  **Where:** Kornhauser Library Auditorium
  Presented by Sally Evans, Director UofL PEACC Ctr.
  Tactful tools to interrupt an incident of incivility.
  To RSVP: [Click Here]
  Direct any questions or concerns to Jan Ke-McCue (jan.kemccue@louisville.edu or 852.6193)