

If you're looking for ways to live a...

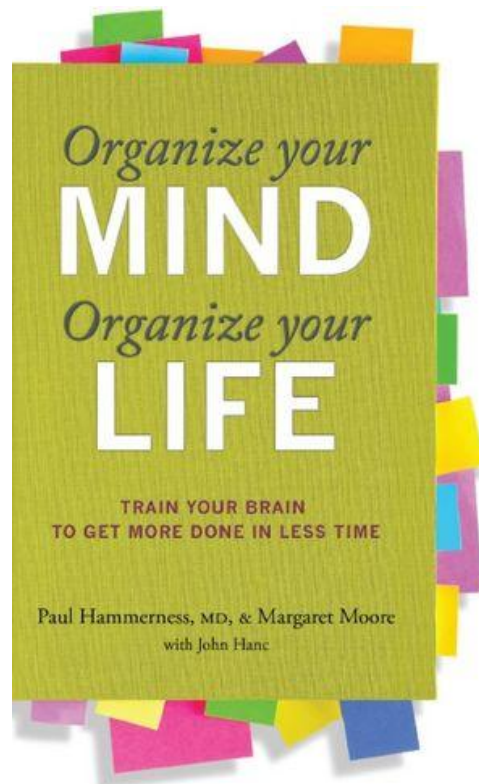
*Life well lived.*

Attend the **Get Healthy Now** Book Club.

You will leave feeling

*calmer, wiser, and more positive.*

**Monday, May 14th**  
12 PM - 1:30 PM  
Ekstrom Library  
Room W210  
(Belknap)



**Monday, June 11th**  
12 PM - 1:30 PM  
Nursing School K. Bldg.  
Room 2016  
(HSC)

To register, please contact  
[paula.kommor@louisville.edu](mailto:paula.kommor@louisville.edu).



<http://louisville.edu/hr/gethealthynow>