

2018

University of Louisville
A year in review



91%
coaching
satisfaction
rating

**CDC Full
Recognition**
of ULP Diabetes
Prevention Program



1,000+
members transitioned to
MINDBODY check-in system

**Mayor's
Platinum
Level Award**



24.2%
telephonic
coaching
participation



2,397+
clinical care
coordination
& outreach



2,709
events and
group fitness
classes offered

677
personal
training
sessions



410
biometric
screenings



4,521
health
assessments

27,203
event and group fitness attendance



850+
Wealth coaching
sessions in
GHN center



First Medical Mile
on HSC Campus

1st
**Wellarama
Event**

5.1%
risk reduction
among coaching
participants

51,046
visits to the fitness facility

