

CHAPTER 5

Social Service Programs: Kentucky Resources

This chapter will discuss ways to explore and access resources specific to the state of Kentucky. The main focus is to provide easy-to-read information concerning available resources and to provide immediate contact information for the purpose of applying for resources and/or locating additional information. You may notice that many of the resources listed in this manual are directly linked to regional Comprehensive Care Centers. Often (and especially with children under the age of three and adults), a local Comprehensive Care Center will be the point of entry for an individual to gain access to many programs and services. For school-aged children and adolescents, the most direct route to services is often through the local public school system.

This product is a version of the resource manual created by the Human Development Institute. The list of resources provided here is not meant to be exhaustive. The purpose is to focus on resources available to individuals with developmental disabilities, though other related resources have been included.

This chapter is organized in the following sections: *Services for Youth and Children, Services for Adults, and Services for All Ages*. You may wish to consult all of the sections as you look for potential services and programs within this Guide.

Services for Children and Youth

The Commission for Children with Special Health Care Needs

What is the CSHCN?

The Commission for Children with Special Health Care Needs is an agency that provides diagnosis and treatment for persons with certain disabilities, both congenital and acquired (i.e. cerebral palsy, spina bifida, etc...).

Do I qualify for services from CSHCN?

You must be a resident of Kentucky. You must be under the age of 21 years (exception: adults with Hemophilia). You must have a condition usually responsive to medical treatment provided by our program. You must meet financial guidelines.

How do I apply?

To find the regional office that serves your area:

Commission for Children with Special Health Care Needs
310 Whittington Parkway, Suite 200
Louisville, KY 40222
Phone: (800) 232-1160 or (502) 429-4430

How can I learn more? <http://chfs.ky.gov/dms/Consumer+Directed+Option.htm>

Early Periodic Screening Diagnostic and Treatment Special Services (EPSDT)

What is EPSDT?

The EPSDT Screening Program provides routine physicals or well-child check-ups for Medicaid eligible children at certain specified ages. It is considered preventive care. Children are checked for medical problems early. Specific tests and treatments are recommended as children grow older. The areas of health care that are checked include: preventive check-ups, growth and development assessments, vision, hearing, teeth, immunizations, and laboratory tests.

Do I qualify?

You must be age 21 or under and be eligible for Medicaid. Services must be deemed medically necessary by peer review organizations and must be prior authorized by these organizations.

Medical necessity is determined by Kentucky Health Choices.

How can I apply for EPSDT services?

Application forms must be submitted by the service provider. Required information for patient application of services includes a physician's order, product information, prices from different providers with comparable products, and a letter from the physician or other professional including:

- Patient history
- Diagnosis and prognosis
- Medical justification for each item/service
- Description of the benefit to the patient
- Length of time that the patient will need the item/service.

Often, the application process can be facilitated through a home health agency, nurse's registry, dental agency, or equipment provider. Your local Comprehensive Care Center (see Appendix A) may have a listing of local EPSDT providers. If you are refused service through EPSDT, there is an appeal process. For questions about appealing a decision, contact Kentucky Protection and Advocacy at (800)-372-2988 or (502) 564-4527 (Voice/TTY).

How can I learn more?

Department of Medicaid Services

Phone: (800) 635-2570 TTY (800) 775-0296

<http://chfs.ky.gov/dms/epsdt.htm>

First Steps

What is First Steps?

First Steps is an early intervention program that serves children from birth to age three who have a developmental delay or a physical or mental condition that may cause a delay in development. Services include, but are not limited to, evaluation of the child's development, home visits, and an Individual Family Services Plan (IFSP).

Does my child qualify?

Child must be younger than age 3.

Child must have a developmental delay or disability, or an established risk condition (Down Syndrome, etc...).

Areas of concern in child development:

- Communication
- Motor skills
- Cognitive development
- Personal social skills
- Adaptive or self-help skills

If you have a concern about your child in any of the areas listed above, you can apply for the First Steps program. An evaluation of your child's development will be available.

How do I apply?

Contact the First Steps Program: (800) 442-0087 or TTY: (502) 564-5777
You will then be directed to your local point of entry office.

How can I learn more? <http://chfs.ky.gov/dph/firststeps.htm>

IMPACT Plus**What is IMPACT Plus?**

IMPACT Plus is a collaborative effort of the Department of Mental Health, Developmental Disabilities and Addiction Services (DMHDDAS). This program provides a network of short-term care and services for Medicaid/K-CHIP-eligible children with complex treatment needs. Services include behavioral health evaluations, individual & group therapy, child support services, after school or summer programs, day treatment services, partial hospitalization, intensive outpatient behavioral health services, therapeutic foster care, parent-to-parent support, and targeted case management. Services also include short-term placements in a hospital, psychiatric treatment facility, group or foster home or other court-placed facility.

Does my child qualify?

Must be under the age of 21 and fit one of the following requirements:

- Currently in the custody or under the supervision with risk of being in the custody of the Department for Community Based Services or Department of Juvenile Justice; or
- Must be at risk for immediate and extensive institutionalization (hospitalization, out-of-home placement).

Must have documentation to prove:

- A severe and continuing DSM-IV-R Axis I diagnosis, other than dementia or substance abuse
- A serious behavioral health problem related to the diagnosis that has lasted in the home, school, and community for the past 6 months and has been determined by a behavioral health professional to be at high risk of continuing for 6 months

- A plan of medically-necessary community based behavioral health services that can reasonably be expected to improve the child's condition so that the child may discontinue the intensive services and be discharged to a less intensive behavioral health service or program within 6 months
- Other intensive services within the child's community are not enough to meet the child's needs or are not available.

How do I apply for IMPACT Plus services for my child?

Contact the IMPACT Plus Program Office, DMHDDAS: Phone: (502) 564-4797
TTY (502) 564-5777

How can I learn more? <http://www.mhmr.ky.gov/mhsas/Impact%20Plus.asp?sub1>

Kentucky Children's Health Insurance Program (K-CHIP)**What is K-CHIP?**

K-Chip's mission is to provide health insurance coverage to low income, uninsured children in Kentucky. The K-CHIP staff understands that access to health care is very important and that preventive care is a large part of health care. Immunizations, well child checkups and other preventive services help children get and stay healthy.

Does my child qualify for K-CHIP?

- Must be less than 19 years of age
- Must not be eligible for Medicaid
- Must not have had health insurance for at least six months
- Must not have voluntarily dropped child's insurance within the past 6 months
- Family income must be at or below 200% of the Federal Poverty Line.

How can I apply for my child to obtain medical coverage through K-CHIP?

Contact the K-CHIP Program, Department for Medicaid Services where eligibility and services are determined by local offices in the county where the applicant resides:
Phone: (877) 524-4718 Spanish: (800) 662-5397

Kentucky IMPACT Program**What is the Kentucky IMPACT Program?**

Kentucky IMPACT is a statewide program which coordinates services for children with severe emotional disabilities and their families. Service coordination between teachers, physicians, individual counselors, and the family is offered; intense in-home family services are available; and the IMPACT team is sometimes able to provide funds for the purchase of miscellaneous items needed by the child. Support groups are also available.

Do I qualify?

- Child must be younger than 18.
- Must have a diagnosis of a psychiatric disorder. Diagnosis of chemical dependency, mental retardation, or other brain disorder may be present, but cannot be the primary diagnosis

- Must be severely limited in at least two of the following areas: self-care, interpersonal relationships, difficulty in daily life activities, self-direction, must have been disabled for at least one year
- Must require service planning from two or more agencies.

How can I apply for IMPACT services for my child?

You may contact the state office for Kentucky IMPACT, and you will be directed to the appropriate regional office:

100 Fair Oaks Lane, 4E-D

Frankfort, KY 40621-0001

Phone: (502) 564-4456 TTY: (502) 564-5777

Or you may contact your local Comprehensive Care Center

How can I learn more? <http://mhmr.ky.gov/mhsas/KY%20Impact.asp>

Or you may contact your local Comprehensive Care Center to determine if there are providers in your area.

Services for Adults

Homecare Program

What is the Homecare Program?

The Homecare Program helps adults who are at risk of institutional care to remain in their own homes by providing supports and services to ensure daily needs are provided by. This is accomplished primarily by coordinating the help of caregivers and provider agencies. Assessment and case management, home management and personal care, home delivered meals, chore services, home repair, and respite for family caregivers and home health aide service are among the assistance provided.

Do I qualify for this resource?

You must be 60 or older and unable to perform two activities of daily living or three instrumental activities of daily living You must be at risk of going to an institution; or You must be in an institution, but would able to return to a private home environment if needed services are provided.

How do I apply?

You may request an application from the Office of Aging Services in Frankfort by calling: (502) 564-6930, or you may contact your local Comprehensive Care Center to determine if there are Homecare Program providers in your area.

How can I learn more?

Department for Aging and Independent Living

275 E. Main St., 3W-F

Frankfort, KY 40621 Phone: (502) 564-6930/TTY (888) 642-1137

Personal Care Attendant Services Program

What is the Personal Care Attendant Services Program?

Attendant services are provided for people 18 and older with functional loss of two or more limbs and who have the ability to hire and supervise an attendant. Services include assistance with personal care, housekeeping, shopping, travel, self-care procedures, meal preparation, and other daily activities. State and local funds are used by local organizations to provide services and programs that help maintain older persons in their own homes. Please contact the Department Aging and Independent Living to determine whether or not there is a waiting list for services.

Do I qualify?

- Must be 18 years of age or older
- Must be severely physically disabled with permanent or temporary recurring functional disabilities
- Loss of two or more limbs
- Must need at least 14, but no more than 40, hours of personal care attendant services per week
- Must be mentally capable of instructing and supervising attendants
- Must be able to prepare attendant payroll reports and employer tax statements

How can I apply for these services?

Contact the Office of Aging Services, Cabinet for Health Services:
Department for Aging and Independent Living
275 E Main St., 3W-F
Frankfort, KY 40621
Phone:(502) 564-6930 TTY: (888) 642-1137

Supported Employment

What is Supported Employment?

Supported Employment service assists persons with disabilities find and maintain employment in an integrated setting with long-term support. This program is meant for individuals who need ongoing support to be successful in their job.

Do I qualify for Supported Employment services?

To be eligible for Supported Employment through the Office of Vocational Rehabilitation (OVR), a person must have a disability that is a substantial impediment to employment. A SSA/SSI beneficiary is automatically deemed eligible for services. It is not necessary to receive SSI to qualify for this program. If you have a disability, you can apply.

Not all individuals who are eligible will receive VR services. Federal law requires the Vocational Rehabilitation program to serve individuals with the most significant disabilities first when there are not enough resources to serve everyone who is eligible for Vocational Rehabilitation services.

If you have a less significant disability and fall within a category we cannot currently serve, you may request to have your case placed on a waiting list. Should funds become available you will be contacted to assess your interest in services. Even if funds are not available to serve you, the Office will provide information and referrals to other agencies that may assist you in meeting your employment needs.

How can I apply for these services?

Call the Kentucky Office of Vocational Rehabilitation in Frankfort:
Phone: (800) 372-7172 or (502) 564-4440

What can I expect during this phone call?

An appointment will be made for you to meet with a counselor. You will apply for OVR services, specifying Supported Employment. You can also access a list of service providers by calling the number above.

How can I learn more? <http://www.ihdi.uky.edu/kyseweb>
http://ovr.ky.gov/programs_services/supported_employment_program.htm

Services for All Ages

Assistive Technology

What is Assistive Technology?

Assistive technology refers to devices and tools that are created to help those with disabilities participate more fully in the activities of daily life. Assistive technology can be funded by private insurance, public funding, other private sources, or through loans.

How can I apply for Assistive Technology?

Assistive technology may be provided through several agencies, each with its own application process. Call the Kentucky Assistive Technology (KATS) Network for information on local providers in your area:

KATS Network
Charles McDowell Center
8412 Westport Rd
Louisville, KY 40242
Voice: (502) 429-4484 / (800) 327-5287

What can I expect from KATS NETWORK?

KATS helps people of all ages. A KATS representative will ask a few questions to help determine your need. KATS will direct you to the right agency or service provider. KATS publishes a handbook which is available upon request.

How can I learn more? <http://www.katsnet.org> (Kentucky KATS Network)
<http://katlc.ky.gov/> (Assistive Technology Loan Corporation)

Medicaid Waivers

If you have a disability or are considered elderly, Medicaid waiver programs can provide Medicaid coverage for many different services that help you stay in your home. The Department for Medicaid Services (DMS) provides four Waiver programs: Acquired Brain Injury Waiver Program, Home and Community Based Waiver Program, Supports for Community Living Program, Michelle P Waiver Program.

Once you are determined eligible to participate in one of the Medicaid Waiver programs; you will have the choice to use either the Traditional Option or the Consumer Directed Option (CDO). If you choose the Traditional Option, you will receive services from agencies that have been approved by the State to provide Waiver services. If you choose the Consumer Directed Option, you will design your plan of care and hire your own staff to provide services. You can choose a friend, family member, or support broker to help you direct your services. All persons, with the exception of those who are receiving residential services, may choose to use CDO as opposed to the traditional option. The consumer directed option may include a combination of traditional and participant directed services, known as “blended services”.

You can choose the Traditional Option and change later to decide that you want the CDO option. Likewise, you can move from the CDO Option to the Traditional Option.

Residential and medical services are not covered under the Consumer Directed Option. Your support broker can advise you about CDO eligible services.

How can I learn more? <http://chfs.ky.gov/ccshcn/>

Home and Community-Based Waiver (HCB Waiver)

What is the HCB Waiver?

The Home and Community-Based Waiver program provides Medicaid coverage to eligible persons who are aged or disabled, who would otherwise require nursing facility level of care. Services include but are not limited to the following: assessment and reassessment, case management, homemaker services, personal care services, respite care, minor home adaptations, attendant care, and adult day health care.

Do I qualify for this service?

If you receive Medicaid, you qualify for this program. (Qualifying for HCB may enable you to become eligible for Medicaid. Some families choose to pay for the first month of HCB. The second month of service eligibility is determined by the financial eligibility of the individual instead of the family.) A physician must certify that without these services, the physician would order nursing facility care. There is no age requirement for the HCB Waiver.

How can I apply for the HCB Waiver?

Your local Comprehensive Care Center may have a listing of Home Health Agencies that perform as HCB providers in your area. You may contact your local Comprehensive Care Center or the Department for Medicaid Services: (502) 564-5707.

How can I learn more? <http://chfs.ky.gov/dms/hcb.htm>

Michelle P. Waiver**What is the Michelle P. Waiver?**

The Michelle P. Waiver (MPW) is a home and community based waiver under the Kentucky Medicaid program developed as an alternative to institutional care for individuals with mental retardation or developmental disabilities. MPW allows individuals to remain in their homes with services and supports. Persons with a developmental or intellectual disability who require a protected environment while learning living skills, educational experiences, awareness of their environment and meet Medicaid financial eligibility requirements are eligible. Services provided through the Michelle P Waiver include assessment/reassessment, adult day health, occupational therapy, physical therapy, environmental and minor home adaptations, speech therapy, community living supports, case management, supported employment, homemaker services, attendant care, personal care, behavior supports, and respite.

A case manager or support broker will help you decide the services you need. There are no residential services with the Waiver. It was designed to help people who live in their own homes or a family member's home, but need help to continue living in the community.

Who provides the services?

Once you receive the Waiver, you can get services from any Michelle P, Supported Community Living (SCL), Home and Community Based Waiver (HCBW) or Adult Day Health Care (ADHC) provider. If you decide to follow a "Traditional" plan, you may receive up to 40 hours of service plus case management and respite. If you decide to follow the "Consumer Directed Option" (CDO), you may receive up to \$40,000 a year of services, plus respite. You can even hire someone you know to provide some of the services through the Consumer Directed Option. For more information about the Consumer Directed Option, see the *Services for All Ages* section in this Guide.

How do I apply?

To apply, contact your local Community Mental Health Center. It will provide an assessment to determine if you are eligible. You can find your Center by visiting <http://mhmr.ky.gov/cmhc> or by calling (502) 564-5560.

How can I learn more? www.kypa.net

Supports for Community Living (SCL)

What is the Supports for Community Living Program?

SCL provides services to individuals with disabilities that enable them to live in the home or in the community rather than in an institution. SCL services include the following: support coordination, residential supports, supported employment, behavior supports, psychological services, occupational therapy, physical therapy, speech therapy, respite care, as well as specialized medical equipment and supplies. There is often an extended waiting list for SCL, so it is very important to contact the Supports for Community Living Office to have your name added to this list.

Do I qualify for SCL?

You must have a developmental disability or mental retardation. You must meet Medicaid requirements.

How can I apply for SCL?

The first step is to complete an application form.

You can get an application form by calling or by visiting the Web site.

How can I learn more?

Phone: (502) 564-7702

TTY: (502) 564-5777

<http://mhmr.ky.gov/mr/scl.asp>

Hart-Supported Living Program

What is Hart-Supported Living?

The Hart-Supported Living program is for Kentuckians with disabilities to request grants for supports so they can live in, contribute to and participate in their communities. Any Kentuckian with a disability recognized under the Americans with Disabilities Act (ADA) is eligible to apply for a Hart-Supported Living grant. The program is administered through the Department of Mental Health, Developmental Disabilities, and Addiction Services (DMHDDAS), but it is a program for people with all disabilities.

Do I qualify?

You (and your family, friends, and the people who support you) should consider applying for a Hart-Supported Living grant if:

- You want to live in a home of your choice that is typical of the homes where people without disabilities live
- You want to participate in your community with all members of the community.
- You want to decide for yourself what supports and services you need to live in the community
- You want to arrange for and manage your own supports

How can I apply for Supported Living Services?

Contact your Regional Supported Living Coordinator for an application and for assistance in completing the application. Applications must be received by April 1st in the office of Regional Hart-Supported Living Coordinator for funding for the upcoming fiscal year, beginning July 1st.

Contact the State Hart-Supported Living Coordinator:

DMHDDAS

275 E Main St., 3W-F

Frankfort, KY 40621

Phone: (502) 564-6930

How can I learn more? <http://mhmr.ky.gov/mr/supportedliving.asp?sub1>

Medicaid (KyHealth Choices)

What is Medicaid?

KyHealth Choices is the new name for Kentucky Medicaid, which is a joint federal-state program that pays for medical services on behalf of certain groups of low-income persons. Members of families with children, pregnant women, elderly, blind, or persons with a disability are eligible for Medicaid if they meet certain financial criteria.

Do I qualify?

Individuals or families with dependent children may be eligible for Medicaid if they meet one of the following requirements:

- a pregnant woman
- a dependent child under age 19
- a parent of a dependent child, if one parent has left the home, cannot work due to sickness or disability or has died
- Parents (both) living with the dependent child, if the parent who earned the most income in the last 24 months is unemployed
- Income requirements are based on family size, pregnancy, and age of the youngest child.

How can I apply for Medicaid coverage?

An application for Medicaid may be filed at your local Department for Community Based Services Office. Applicants will be required to show proof of identity, proof of citizenship, proof of health insurance, proof of income, Social Security number, and a doctor's statement verifying pregnancy, if applicable. For more information, call the Cabinet for Health Services of Kentucky, Department for Medicaid Services: (800) 635-2570.

How can I learn more? <http://chfs.ky.gov/dms/>

Social Security Administration

The Social Security Administration (SSA) is a government agency that may serve children and adults in different ways. Two common ways that people with disabilities receive resources from the SSA is through Supplemental Security

Insurance and Social Security Disability Income.

Supplemental Security Insurance (SSI)

What is SSI?

The Supplemental Security Income (SSI) program pays benefits to adults with disabilities and children who have limited income and resources. SSI benefits are also payable to people 65 and older without disabilities who meet the financial limits.

Do I qualify for SSI?

To receive SSI, you must be 65 or older or blind or disabled. SSI is based on financial need. You must be determined disabled by the Social Security Administration Disability Determination Office. SSI recipients are automatically eligible for Medicaid.

How can I apply for SSI?

Call the Social Security Administration (SSA) office to schedule an appointment at your local office: Phone: (800) 772-1213.

How can I learn more? <http://www.ssa.gov>

Social Security Disability Income (SSDI)

What is SSDI?

The Social Security disability program (SSDI) pays benefits to an individual and certain family members if you worked long enough and paid Social Security taxes. A person's adult child also may qualify for benefits on your earnings record if he or she has a disability that started before age 22.

Do I qualify for SSDI?

Social Security Disability eligibility is determined on having a disability and your prior work history. Your spouse and other dependents may be eligible for SSDI payments based on your work history. Their income may affect their amount, but their income does not affect the amount that you draw for yourself. Eligibility for both SSI and SSDI is possible if SSDI benefit rates are low enough. If you qualify for SSDI benefits, you will be eligible for Medicare after receiving benefits for two years. At age 65 your SSDI benefits automatically roll over to Social Security Retirement benefits.

How can I apply for SSDI?

Call the Social Security Administration (SSA) office to schedule an appointment at your local office: Phone: (800) 772-1213.

How can I learn more? <http://www.ssa.gov>

Comparing the SSDI and SSI Disability Programs

	SSDI	SSI
Source of payments	Disability trust fund	General tax revenues
Minimum Initial Qualification Requirements	<ul style="list-style-type: none"> • Must meet SSA's disability criteria • Must be "insured" due to contributions made to FICA based on your own payroll earnings, or those of your spouse or your parents 	<ul style="list-style-type: none"> • Must meet SSA's disability criteria • Must have limited income and resources
Health Insurance Coverage Provided	Medicare. Consists of hospital insurance (Part A), supplementary medical insurance (Part B), and Medicare Advantage (Part C). Voluntary prescription drug benefits (Part D) are also included. Title XVIII of the Social Security Act authorizes Medicare.	Medicaid. Medicaid is a jointly funded, Federal-State health insurance program for low-income and needy individuals. It covers certain children, some or all of the aged, blind, and/or disabled in a State who are eligible to receive Federally assisted income maintenance payments. Title XIX of the Social Security Act authorizes Medicaid. The law gives the States options regarding eligibility under Medicaid.

<http://www.ssa.gov/redbook/eng/overview-disability.htm>

Additional Medicare and Medicaid Guides

The Kaiser Family Foundation released new guides that explain the role of Medicare and Medicaid for roughly 20 million children, adults and seniors with disabilities. These guides offer basic introductions to the Medicare and Medicaid programs, including things such as:

- How do people with disabilities apply for coverage under Medicare or Medicaid?
- What is Medicare's policy for covering durable medical equipment?
- Where can people with disabilities turn if they need help in applying for Medicaid?
- How do people with disabilities appeal Medicare coverage decisions?
- Can a person with a disability who has Medicare and/or Medicaid be employed and still keep their coverage?

How can I learn more?

The guides and additional information are available in PDF and HTML formats at:

<http://www.kff.org/medicare/disabilities.cfm>

State General Funds

What are State General Funds?

State General Funds are dollars that Comprehensive Care Centers can use flexibly. These versatile dollars can fund short-term supports that include but are not limited to respite, crisis intervention, and case management.

Do I qualify and how do I apply?

Due to the flexible nature of these funds, you will need to contact your local Comprehensive Care Center to determine if funds are available for the services you need. A Comp Care Center listing is included later in this chapter.

Vocational Rehabilitation (Voc Rehab)**What is Voc Rehab?**

The Kentucky Office of Vocational Rehabilitation assists Kentuckians with disabilities to achieve suitable employment and independence.

Do I qualify for Vocational Rehabilitation services?

If you receive Social Security disability benefits, you are considered to be an individual with a significant disability and are presumed to be eligible for services. Your impairment must result in a substantial impediment to employment. It is not necessary to receive SSI to qualify for this program. You must be of employable age by completion of rehabilitation.

How can I apply for Vocational Rehabilitation?

Contact the Office of Vocational Rehabilitation:

Office of Vocational Rehabilitation

209 St. Clair

Frankfort, KY 40601

Voice: (502) 564-4440 / (800) 372-7172 (in Kentucky)

TTY (888) 420-9874

What can I expect during this phone call?

An appointment will be made for you to meet with a counselor. Your eligibility will be determined within 60 days of your application.

How can I learn more? <http://ovr.ky.gov/index.htm>

Kentucky Comprehensive Care Centers**Four Rivers Behavioral Health**

425 Broadway

Paducah, KY 42001

(270) 442-7121

24 hour Crisis and Information Line: (800) 592-3980

<http://www.4rbh.org>

Counties served: Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Livingston, Marshall, and McCracken.

Pennyroyal MH / MR Board

735 North Drive

Hopkinsville, KY 42240

(270) 886-5163 or
24-hour line: (877) 473-7766 or in Christian County (270) 881-9551
<http://www.pennyroyalcenter.org>

Counties served: Caldwell, Christian, Crittenden, Hopkins, Lyon, Muhlenberg, Todd, and Trigg.

River Valley Behavioral Health

1100 Walnut Street
Owensboro, KY 42301

(800) 737-0696 <http://www.rvbh.com>

For all first appointments and referrals to River Valley Behavioral Health outpatient services, call Point of Entry: (270) 683-4039 or (800) 737-0696

Counties served: Daviess, Hancock, Henderson, McLean, Ohio, Union, and Webster.

Life Skills

380 Suwanee Trail Street
Bowling Green, KY 42102

(270) 901-5000

24 hour Crisis line: (800) 223-8913 (Outside Warren County) <http://www.lifeskills.com/>

Counties served: Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson, and Warren.

Communicare, Inc.

107 Cranes Roose Court
Elizabethtown, KY 42701

(270) 765-2605 www.communicare.org

Counties served: Breckinridge, Grayson, Hardin, Larue, Marion, Meade, Nelson, and Washington.

Seven Counties Services, Inc.

101 W. Muhammad Ali Blvd.
Louisville, KY 40202-1451

24-hour crisis line: (800) 221-0446 or (502) 589-4313/ TDD (502) 589-4259

<http://www.sevencounties.org>

Counties served: Bullitt, Henry, Jefferson, Oldham, Spencer, Shelby, and Trimble.

North Key Community Care

503 Farrell Dr.
Covington, KY 41011

(859) 781-5586

24-hour crisis line: (859) 331-1792 or toll-free (877) 331-3292 www.northkey.org

Counties served: Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, and Pendleton.

Comprehend, Inc.

611 Forest Ave.
Maysville, KY 41056

(606) 564-4016

After Hours Emergency: (877) 852-1523 www.comprehendinc.com
Counties served: Bracken, Fleming, Lewis, Mason, and Robertson.

Pathway, Inc.

P.O Box 790
Ashland, KY 41105-0790
(606) 329-8588 or (800) 562-8909 www.christiancarecommunities.org/p_centralKY.asp
Counties served: Bath, Boyd, Carter, Elliott, Greenup, Lawrence, Menifee, Montgomery, Morgan, and Rowan.

Mountain MH / MR Board

150 South Front Ave.
Prestonsburg, KY 41653
(606) 886-8572 www.mtcomp.org
Counties served: Floyd, Johnson, Magoffin, Martin, and Pike.

Kentucky River Community Care

115 Rockwood Lane
Hazard, KY 41701
(800)262-7491 TTY/TDD: (800) 787-5043 <http://www.krcnet.com>
Counties served: Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry, and Wolfe.

Cumberland River MH / MR Board

P.O Box 568
Corbin, KY 40702
(606) 528-7010 www.cumberlandriver.com
Counties served: Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, and Whitley.

Adanta MH / MR Board

259 Parkers Mill Rd.
Somerset, KY 42501
(606) 679-4782 Emergency Crisis Line (TDD/TTY): (800) 633-5599
<http://www.adanta.org>
Counties served: Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, and Wayne.

Bluegrass MH /MR Board

1351 Newtown Pike
Lexington, KY 40511
(859) 253-1686 24-hour crisis line: (800) 928-8000 <http://www.bluegrass.org>
Counties served: Anderson, Bourbon, Boyle, Clark, Estill, Fayette, Franklin, Garrard, Harrison, Jessamine, Lincoln, Madison, Mercer, Nicholas, Powell, Scott, and Woodford.

Advocacy Resources

AUCD - Association of University Centers on Developmental Disabilities- American

Association of University Affiliated Programs for persons with Developmental Disabilities.

(301) 588-8252 <http://www.aucd.org/>

Americans with Disabilities Initiative - This is a good site for general information on the ADA as well as other resources.

(502)564-6606 Toll free: (877) 423-2933 TDD: 711

<http://w.usdoj.gov/crt/ada/> or <http://ada.ky.gov/>

Bluegrass Regional Mental Health and Mental Retardation Board

(859) 253-1686

1351 Newtown Pike.

Lexington, KY 40511 <http://bluegrass.org>

Arc of Kentucky

706 E. Main Street, Suite A

Frankfort, KY 40601

(800) 281-1272 or (502) 875-5225

<http://www.arcofky.org>

Arc of the United States - The national organization of and for people with mental retardation and related developmental disabilities and their families.

(800) 433-5255 / (301)565-3842

<http://www.thearc.org/>

The Council for Exceptional Children - is the largest international professional organization dedicated to improving educational outcomes for individuals with exceptionalities, students with disabilities, and/or the gifted.

(888) 232-7733 TTY: (866) 915-5000

<http://www.cec.sped.org/>

The Council on Developmental Disabilities - is an association of families and friends of persons with mental retardation with a 50 year history of advocacy involvement including parent outreach and citizen advocacy programs.

(502) 584-1239

www.councilonmr.org

Human Development Institute at the University of Kentucky - The mission of HDI is to promote independence, productivity, and integration of all people through numerous research, training, and outreach activities.

(859) 257-1714

<http://www.ihdi.uky.edu>

Kentucky Autism Training Center - works to enhance supports for persons with autism by providing information and technical assistance to families and services providers across Kentucky.

(800) 334-8635 / (502) 852-5555

<http://louisville.edu/kyautismtraining/>

Family Voices - a national grassroots network of families and friends, advocates for health care services that are family-centered, community-based, comprehensive, coordinated and culturally competent for all children and youth with special health care needs; promotes the inclusion of all families as decision makers at all levels of health care; and supports essential partnerships between families and professionals.

(888) 835-5669 (National office) or (502) 595-4459, Ext. 279 (KY office)

<http://www.familyvoices.org>

FIND (Family Information Network on Disabilities) of Louisville is a Community Parent Resource Center, which is a federal grant program of the US Dept. of Education. FIND of Louisville serves families with children who have disabilities and attend Jefferson County Public Schools. FIND of Louisville serves all disabilities.

(502) 587-6500 <http://www.findoflouisville.org/>

Kentucky Disabilities Coalition - A statewide alliance of consumer, family, and professional groups for a better life for all Kentuckians with disabilities.

(502) 875-1871 <http://www.geocities.com/kydisabilitiescoalition/>

Kentucky Consumer Advocate Network - "Building Better Lives Together"

A non-profit state funded organization that offers services for people statewide.

(800) 564-8034 / (502) 245-5281

Kentucky Education Rights Center, Inc. - is comprised of individuals who as advocates and attorneys have represented children with disabilities with school-related problems for a number of years. The endeavor of this organization is to provide this identical assistance, but to do so without families incurring financial hardships.

(859) 983-9222 <http://www.edrights.com>

Kentucky Council on Developmental Disabilities – The mission is to create change through visionary leadership and advocacy so people have choices and control over their own lives.

Toll Free: (877) 367-5332 TTY: 800-627-4702 <http://chfs.ky.gov/kcdd/>

KY ADA – The State office of the Americans with Disabilities Act provides technical assistance, consultations and training to government agencies and programs regarding the Americans with Disabilities Act. Technical assistance and training areas include: employment, programs, services, and facilities. The office also responds to inquiries by local governments, businesses and individuals throughout the Commonwealth.

(877) 423-2933 / (502) 564-3850 TDD: 711 <http://ada.ky.gov/>

KY SPIN – Kentucky Special Parent Involvement Network, Inc. - is a 501(c) 3 non-profit organization dedicated to promoting programs which will enable persons with disabilities and their families to enhance their quality of life. SPIN (Special Parent Involvement Network) is a statewide project of KY-SPIN, Inc. SPIN-PTI (Parent Training & Information Project) is funded by the U.S. Dept. of Education. SPIN provides training, information and support to people with disabilities, their parents and families, and information on all types of disabilities and topics for all age groups. All services of the SPIN-PTI are free to all participants. (800) 525-7746 / (502) 937-6894 Email:

spininc@kyspin.com www.kyspin.com

KY Protection and Advocacy – an independent state agency, mandated by federal law, whose mission is to protect and promote the rights of Kentucky residents with disabilities through legally-based individual and systemic advocacy and education.

(800) 372-2988 (Message Line & TTY) / (502) 564-2967 <http://www.kypa.net>

PASRR Preadmission Screen and Resident Review - the Department of Mental Health, Developmental Disabilities and Addictions Services (DMHDDAS) mandates the state mental health and mental retardation authority to establish a preadmission screening and resident review (PASRR) for all persons applying for admission to or residing in a nursing facility.

(502) 564-4527 TTY: (502) 564-577 <http://mhmr.ky.gov/KDMHMRS/pasrr.asp>

TASH Disability Advocacy Worldwide – An international association of people with disabilities, family members, other advocates and professionals working for a society in which inclusion of all people in all aspects of society is the norm.

(202) 263-5000 <http://www.tash.org>

TASH, Kentucky Chapter – Located in Louisville.

(502) 239-4805 <http://www.tash.org/dev/TashPublic/Chapters.aspx>

Accessibility Information

Often, the most immediate issue facing an individual with disabilities is accessibility.

Employment Services

Office of Vocational Rehabilitation provides services to individuals with disabilities to prepare for, secure, retain or regain appropriate employment. <http://ovr.ky.gov>

KY Cabinet for Workforce Development: Connecting Kentucky to employment, workforce information, education and training. <http://www.state.ky.us/agencies/wforce>

Supported Employment assists persons with disabilities to find and maintain employment. http://ovr.ky.gov/programs_services/supported_employment_program.htm

Assistive Technology refers to devices and tools that may be available to persons with disabilities that allow them to participate more fully in the activities of daily life.

<http://www.katsnet.org> or <http://katlc.ky.gov>

Accessible Transportation

Human Development Institute at the University of Kentucky - Getting around town for either medical or personal ventures can be fulfilling for someone with a disability when the right services are available. The HDI staff has worked diligently to locate and list these accessible services. We have compiled a list of statewide transportation services available to individuals with disabilities, constructed the list by county to enable individuals to quickly and efficiently find their area and transportation services provided within it. In addition we have listed the transportation services offered through Medicaid. These services are categorized by region and county. With the ever-changing size and quality of transportation services, we will routinely update and modify any changes necessary. To obtain a hard copy of the transportation manual, please call HDI at (859) 257-2569 or (859) 257-1714. www.ihdi.uky.edu

Kentucky Assistive Technology Loan Corporation – Loan program for individuals with disabilities for the purpose of vehicle modifications (van lifts, etc...)

<http://www.katlc.ky.gov>

Special Services and Equipment Fund – The State General Fund may have funds available for vehicle modifications or transportation services.

Accessible Recreation

Accessible recreational activities are available through a variety of agencies and organizations. The Human Development Institute does offer a Recreation Manual with available activities offered across the state. For more information or to request a copy, call (859) 257-1714 or visit the Website at www.ihdi.uky.edu

Contact your local **Parks and Recreation Department** or your local **YMCA** for information about the programs and activities that they offer.

<http://www.ymca.net/maps> to find the YMCA closest to your location

Please Note -

When asking about accessible recreational activities, you may want to remember to ask whether the activity is integrated or segregated.

Tax Information

Internal Revenue Service: Tax Deductions and Tax Credits for Families

According to IRS rules, a federal tax credit is available for eligible low- and moderate-income individuals and families who work. The Earned Income Tax Credit (EITC) reduces the amount of tax you owe. In 2001, workers with one eligible child could apply if their income was less than \$27,413. You can complete an assessment online to determine if you are eligible at: <http://apps.irs.gov/app/eitc2005/SetLanguage.do?lang=en>

Tax Deductions for Medical Expenses

Eligible medical expenses may be used as a tax deduction under IRS rules. The deduction can be taken only for unreimbursed medical expenses that amount to more than 7.5% of the adjusted gross income. To be eligible, parents must itemize deductions and not take the standard deductions.

Eligible expenses include health insurance payments, dental payments, transportation and hotel costs associated with getting medical care, and costs for assistive technology and durable medical equipment. You can combine the costs of medical care for yourself, your child with a disability, and any other family member to reach the 7.5% limit required.

For more information, contact the IRS at (800) 829-3676 or visit the IRS website at www.irs.gov/taxtopics/tc502.html

Family Support Groups

Regional and Local Autism Groups

Several regional and local autism organizations and parent support groups exist around the state. Contact the KATC at (502) 852-4631 for a list of local groups.

KY SPIN – Kentucky Special Parent Involvement Network, Inc. - is a 501(c) 3 non-profit organization dedicated to promoting programs which will enable persons with disabilities and their families to enhance their quality of life. SPIN (Special Parent Involvement Network) is a statewide project of KY-SPIN, Inc. SPIN-PTI (Parent Training & Information Project) is funded by the U.S. Dept. of Education. SPIN provides training, information and support to people with disabilities, their parents and families, and information on all types of disabilities and topics for all age groups. All services of the SPIN-PTI are free to all participants. (800) 525-7746 / (502) 937-6894
Email: spininc@kyspin.com Web site: <http://www.kyspin.com>

United Partners in Kentucky (UP in KY)

UP in KY members are committed to work together , and share information and expertise in order to enhance and improve the quality of life of persons with disabilities and their families. We are dedicated to providing accurate, timely, and pertinent information to children, youth, and young adults with disabilities and their families so they can make informed decisions. <http://www.up-in-ky.com>

The Arc

The Arc of the United States advocates for the rights and full participation of all children and adults with intellectual and developmental disabilities. Together with our network of members and affiliated chapters, we improve systems of supports and services; connect families; inspire communities and influence public policy. <http://www.thearc.org>

Partnership for Families and Children

The Kentucky Partnership for Families and Children (KPFC) has a 30-member board that consists of agency-affiliated professionals and caregivers of children with emotional, behavioral, and/or mental health challenges.

<http://www.kypartnership.org><http://louisville.edu/education/kyautismtraining/resources/Services%20for%20Youth%20and%20Children.pdf>