# Melissa C Henry

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#### **EDUCATION**

July 2021

Major: Counselor Education and Supervision Minor: Quantitative Methods in Education

Graduate Certificate: Race & Social Justice Graduate Certificate

Dissertation: Examining self-care practices from a systemic perspective:

Understanding the lived experiences of Hispanic female counselors in rural NM

M.S. California State University, Fresno (CACREP Accredited)

May 2016

Major: Counseling, option: Marriage, Family,

and Child Counseling

Certificate: Graduate Co-Curricular Leadership Certificate

Thesis: Secondary traumatic stress in paramedics and their partners

B.A. California State University, Fresno

August 2013

Major: Psychology

### **LICENSURE**

Licensed Mental Health Counselor, New Mexico (0192241)

#### **SCHOLARLY WORK**

#### REFEREED PUBLICATIONS

- Henry, M.C., Burks, M.A., & Zoernig, E.L. (2023). PTSD, relationship satisfaction, and social support for EMS workers and their romantic partners. *The Family Journal:* Counseling & Therapy for Couples and Families. https://doi.org/10.1177/10664807231198866
- **Henry, M.C.**, Sanjuan, P.M., Cacari-Stone, L.M., Cairo, G.F., Lohr-Valdez, A. & Leeman, L. (2021). Alcohol and other substance use disorder recovery during pregnancy among patients with posttraumatic stress disorder symptoms: A qualitative study. *Drug and Alcohol Dependence Reports*, *I*. https://doi.org/10.1016/j.dadr.2021.100013
- Sanjuan, P.M., Fokas, K., Tonigan, J.S., **Henry, M.C.**, Christian, K.L., Rodriguez, A., Larson, J., Yonke, N., Leeman, L. (2021). Prenatal maternal PTSD as a risk factor for adverse birth outcomes: A systemic review and meta-analysis. *Journal of Affective Disorders*, 295, 530-540. https://doi.org/10.1016/j.jad.2021.08.079

Lardier, Jr., D.T., Opara, I., Herrera, A., **Henry, M.C.**, Garcia-Reid, P, & Reid, R.J. (2019). Sexual negotiation skills and risky behavior on HIV knowledge, sexual partnerships, and risk perception among urban youth of color: A latent class analysis. *Journal of HIV/AIDS & Social Services*. *18*(3), 248-264. https://doi.org/10.1080/15381501.2019.1632237

# MANUSCRIPTS IN REVIEW

- **Henry, M.C.,** Zoernig, E.L., Schmidt, N.C., Campbell, B., and Bozarth, W. (Under Review). Empirical analysis of the reflecting team process for experiential groups in the training of group workers. *The Journal of Specialist in Group Work*.
- **Henry, M.C.,** Sanjuan, P.M., Christian, K.L., Cairo, G.F. & Leeman, L. (Under Review). "I wouldn't quit for myself; I'm trying to quit for her": An interpretative phenomenological analysis of pregnant Hispanic mothers with SUD and trauma histories. *Frontiers Psychiatry*.

# MANUSCRIPTS IN PREPARATION

- **Henry, M.C.**, Weathers, M., & Campbell, B. (in preparation). Narratives of sexual boundary crossing with Counselor Educators and Supervisors. *Counselor Education and Supervision*.
- **Henry, M.C.,** Zoernig, E.L., Campbell, B., Bozarth, W., & Schmidt, N. (in preparation). "Reflecting team as a buffer:" A qualitative analysis of the use of reflecting team process during experiential groups in the training of group workers. *The Journal of Specialist in Group Work*.
- **Henry, M.C.**, Christian, K.L., Cairo, G.F., Young, B., & Campbell, B. (in preparation). Prenatal substance use disorders: Best practice guidelines for diagnosis and treatment. *Journal of Counseling & Development*.

# **PRESENTATIONS**

#### **National Presentations**

- **Henry, M.C.** & Woo, H. (October 2023). Reflecting team process in the training of group workers during experiential groups: A mixed-method study. Association of Counselor Education and Supervision 2023 Conference. Denver, CO.
- **Henry, M.C.** (October 2023). Narratives of sexual boundary crossing with Counselor Educators and Supervisors: An interpretative phenomenological study. Association of Counselor Education and Supervision 2023 Conference. Denver, CO.
- **Henry, M.C.** & Weathers, M. (September 2023). *Qualitative Health Research*. Association for Assessment and Research in Counseling (AARC) 2023 Conference. Nashville, TN.

- **Henry, M.C.**, Zoernig, E., & Weathers, M. (September 2023). *PTSD, Chronic Pain, and Substance Use Disorders: Assessment-based research to understand comorbidity.* Association for Assessment and Research in Counseling (AARC) 2023 Conference. Nashville, TN.
- **Henry, M.C.** (September 2022). *Ecological Momentary Assessment (EMA): Utilization in research and clinical work.* Association for Assessment and Research in Counseling (AARC) 2022 Conference. St. Louis, MO.
- **Henry, M.C.** (September 2022). Clinical-Administered PTSD Scale for DSM-5 (CAPS-5) and other National Center for PTSD Measures: Utilization in Counseling Research and Assessment. Association for Assessment and Research in Counseling (AARC) 2022 Conference. St. Louis, MO.
- **Henry, M.C.** (October 2021). Research mentorship and supervision: Developing a research lab. Association of Counselor Education and Supervision Bi-Annual Conference 2021. Atlanta, GA.
- **Henry, M.C.** (October 2021). Community-based participatory research: Using decolonizing research methodologies. Association of Counselor Education and Supervision Bi-Annual Conference 2021. Atlanta, GA.
- **Henry, M.C.** & Brammer, K. (October 2019). *Counselor dispositions: More than just best practices, exploring empirical research.* Association of Counselor Education and Supervision Bi-Annual Conference 2019. Seattle, WA.
- **Henry, M.C.** (October 2019). Cultivating strong and resilient counselors: Conceptualizing vicarious trauma in counselor education training settings. Association of Counselor Education and Supervision Bi-Annual Conference 2019. Seattle, WA.
- **Henry, M.C.** (October 2017). *Multiple relationship roles in Counselor Education and developing sexual relationships with students*. Association of Counselor Education and Supervision Bi-Annual Conference 2017. Chicago, IL.
- **Henry, M.C.** & Daniel, K. D. (April 2017). *Grounded analysis of Black women's racial identity and their perceived experiences within academia*. American Educational Research Association 2017 Annual Meeting. San Antonio, TX.
- **Henry, M.C.** & Pierce, L. M. (April 2016). *Secondary traumatic stress in ambulance worker's partners*. American Counseling Association Conference & Expo. Montreal, QC, Canada.

# **Regional Presentations**

- **Henry, M.C.** (2022). Narratives of Sexual Boundary Crossing with Counselor Educators and Supervisors. Western Association of Counselor Education and Supervision. Portland, Oregon.
- **Henry, M.C.** & Nolte, M.C. (2022). *Faculty Coteaching in Counselor Education*. Western Association of Counselor Education and Supervision. Portland, Oregon.
- **Henry, M.C.** & Slaughter, N. (2022). *Virtual Research Labs for Counselors-in-Training (CITs)*. Western Association of Counselor Education and Supervision. Portland, Oregon.
- **Henry, M.C.** & Arellanes-Rios, E. (2022). *Rural Latina Clinical Counselors: Narratives of Resilience during COVID-19*. Rocky Mountain Association of Counselor Education and Supervision. Coeur d'Alene, Idaho.
- **Henry, M.C.** (October 2018). *Liability of Counseling Supervisors*. Rocky Mountain Association of Counselor Education and Supervision. Park City, Utah.
- **Henry, M.C.** (October 2018). *Using the Ecological System Theory to Understand Vicarious Trauma in Counselors*. Rocky Mountain Association of Counselor Education and Supervision. Park City, Utah.
- Lemberger-Truelove, M., Atencio, D.J., Palacios, A., Zieher, A., & **Henry, M.C.** (March 2017). Self-reflective Feedback Following Mindfulness-based Meditation Practices and Training in Social Emotional Teaching. UNM College of Education Research Showcase 2017. Albuquerque, NM.
- **Henry, M.C.** (January 2017). *Using White Privilege to Deconstruct Microaggressions*. 6<sup>th</sup> Annual Community Engagement Center Symposium. Albuquerque, NM.
- **Henry, M.C.** (November 2016). *Gender in Counseling*. UNM College of Education Research Showcase 2016. Albuquerque, NM.
- **Henry, M.C.** (May 2016). Secondary Traumatic Stress in Paramedic Spouses. Graduate Research and Creative Activities Symposium. Fresno, CA.
- **Henry, M.C.** (November 2015). *Deconstructing Microaggressions*. Cesar Chavez Inequities and Social Justice in Education, Teacher Education, and Mental Health Conference. Fresno, CA.

#### RESEARCH

- University of New Mexico; School of Medicine-Family & Community Medicine; Albuquerque, New Mexico
- September 2021-July 2023
  - **Research Consultant.** Qualitative expert and consultant in a National Institute of Drug Abuse of the National Institutes of Health (NIH) funded grant project focusing on

prenatal Opioid Use Disorder, PTSD, and Chronic Pain. Grant titled, "Ecological Momentary Assessment of Posttraumatic Stress Disorder and Prenatal Bonding Predicting Opioid Use Disorder Relapse Among Pregnant Women."

UNIVERSITY OF NEW MEXICO; CENTER FOR ALCOHOLISM, SUBSTANCE ABUSE, & ADDICTION; ALBUQUERQUE, NEW MEXICO

September 2019- August 2021

**Project Assistant.** Assist the PI and Co-PI in a National Institute of Mental Health (NIMH) funded grant project focused on Veterans experiencing PTSD. Grant titled, "Examining the interplay between resting oscillations, novelty processing, and attention in PTSD." Primary graduate research assistant, administer participant assessments, collection and storage of data, MRI and EEG scans, supervision of undergraduate research assistants, and collaboration with Mind Research Network (MRN).

University of New Mexico; Counseling Department; Albuquerque, New Mexico January 2017- May 2018

**Project Assistant.** Assist the PI and Co-PI in a Thornburg Foundation-funded grant project focused on mindfulness, self-regulation, and emotional learning in pre-K classrooms. Grant title, "Enhancing Early Childhood Instruction to support children's Self-regulation, executive functioning, and readiness to learn." Collected and analyzed related literature, constructed IRB, constructed training and practice materials, data collection, storage, and notation.

CENTRAL CALIFORNIA AUTISM CENTER; FRESNO, CALIFORNIA August 2012-January 2013

**Research Assistant.** Collected data for research grants and research programs. Assisted behavioral therapists with duties and worked directly with students. Observed sessions as a behavioral therapist for data entry.

#### **TEACHING**

University of Louisville; Department of Counseling and Human Development; College of Education and Human Development; Louisville, KY.

August 2022-Present

Assistant Professor. Counselor Education and Supervision.

Graduate Level:

ECPY619: Empirical and Theoretical Foundations in Counseling (Fall 22)

ECPY650: Group Process and Practice (Fall 22, Spring 23, Fall 23)

ECPY540: Evaluation and Measurement (Spring 23)

ECPY793: Intro to Family Therapy (Fall 23)

ECPY621: Differential Diagnosis and Treatment in Counseling (Fall 23)

CENTRAL WASHINGTON UNIVERSITY; DEPARTMENT OF PSYCHOLOGY; COLLEGE OF THE SCIENCES; ELLENSBURG, WA

September 2021-June 2022

Assistant Professor. Mental Health Counseling.

Graduate Level:

PSY 571: Counseling for Relationships and Families (Fall 21)

PSY 593: Practicum in Counseling (Winter 22 & Spring 22)

PSY 555: Design and Statistical Analysis for Applied Research (Spring 22)

Undergraduate Level:

PSY 200: Introduction to the Major (Fall 21)

PSY 300: Research Methods in Psychology (Fall 21)

PSY 314: Human Development and the Learner (Winer 22)

PSY 449: Abnormal Psychology (Spring 22)

UNIVERSITY OF NEW MEXICO; DEPARTMENT OF INDIVIDUAL, FAMILY, AND COMMUNITY

EDUCATION COUNSELING EDUCATION; COLLEGE OF EDUCATION AND HUMAN

DEVELOPMENT; ALBUQUERQUE, NEW MEXICO

Spring 2018-Sping 2021

**Graduate Teaching Assistant.** Counseling and Family Studies.

Graduate Level:

COUN 560: Family Counseling (Spring 19)

Undergraduate Level:

FCS 312: Parent-Child Interactions (Fall 19, Spring 19, & Fall 18)

FCS 304: Growth and Development in Middle Childhood (Spring 21, Spring 20,

Spring 19, & Spring 18)

COUN 492: Introduction to Helping Skills (Spring 17, Fall 17, & Spring 18)

#### **SUPERVISION**

# COMMUNITY COUNSELING & PSYCHOLOGICAL ASSESSMENT CENTER

CENTRAL WASHINGTON UNIVERSITY: ELLENSBURG, WA

January 2021-June 2022

Faculty Supervisor. Provide individual, triadic, and group supervision to mental health counseling practicum students; review videotapes and weekly logs submitted by students; maintain professional contact with and support for clinical director; intervene during critical incidents students face.

#### MANZANITA COUNSELING CENTER

University of New Mexico: Albuquerque, NM

August 2016 – May 2017 & August 2018 - January 2019

Counseling Supervision Intern. Provided individual supervision to school and mental health counseling practicum students; reviewed videotapes and weekly logs submitted by students; maintained professional contact with and support for site supervisors; intervened during critical incidents faced by students; attended weekly supervision; completed all required reports and records promptly.

# **COUNSELING**

ALBUQUERQUE FAMILY COUNSELING CENTER; ALBUQUERQUE, NEW MEXICO June 2018-April 2020

*Couples Therapist.* Provided pre-marital, marital, and various types of relationship counseling to couples. Specialized training in treatment related to Imago Couples Counseling, Gottman, Emotional Focused Therapy, and Discernment Counseling.

Manzanita Counseling Center; Albuquerque, New Mexico August 2016– May 2018.

*Mental Health Counselor*. Provided individual, family, and couples counseling to children and adults in a community outreach program provided by the University of New Mexico Counselor Education program.

SPIRIT OF WOMAN OF CALIFORNIA, INC.; FRESNO, CALIFORNIA December 2014 – February 2016

*Marriage, Family, and Child Counselor*. In-patient rehabilitation center for women who have been court-ordered to attend six months to a year and are working towards reunification with their children in Child Protective Services custody. Provided individual, family, group, and play therapy services to children and adults; promptly completed all required reports and records; worked with case managers and staff; developed and implemented treatment plans.

Fresno Family Counseling Center; Fresno, California August 2014—June 2015

*Marriage, Family, and Child Counselor.* Provided individual, couples, family, and play therapy services to children, adolescents, and adults; worked effectively with outside agencies; promptly completed all required reports and records; developed and implemented treatment plans.

# **LEADERSHIP & SERVICE**

ASSOCIATION OF COUNSELOR EDUCATION AND SUPERVISION (ACES) RESEARCH GRANTS COMMITTEE CHAIR 2022- 2023

**Committee Chair.** Appointed by ACES President Natoya Haskins to lead the ACES Research Grants committee. Duties include reviewing the call for ACES proposals, convening the research grants committee, organizing a review of grant proposals, communicating with applicants and awardees, and reporting to ACES.

University of New Mexico; Albuquerque, New Mexico Board of Regents January 2019- February 2021

**Student Regent.** Appointed by New Mexico Governor Lujan Grisham and confirmed by the New Mexico State Senate. One of seven voting members that govern the University in fiduciary responsibilities for the assistance and programs of the University, establishment of goals and policies to guide the University, and oversight of the functioning of the University.

Academic/Student Affairs & Research Committee Co-Chair Health Science Center Committee Vice Chair

# Alumni Association Board member Honorary Degree Committee

UNIVERSITY OF NEW MEXICO; ALBUQUERQUE, NEW MEXICO GRADUATE PROFESSIONAL STUDENT ASSOCIATION (GPSA) June 2018-January 2019

*Chief of Staff.* As a member of the graduate student government, identify, promote, and support the interests and concerns that are important to the welfare and academic development of graduate/professional students—supervised executive branch staff of seven and six committees (elections, finance, grants, lobby, programs, and student support and advocacy).

Student Fee Review Board 2018-2019 board member Graduate Student Grants Committee member

University of New Mexico; Albuquerque, New Mexico Rocky Mountain Association of Counselor Education and Supervision (RMACES) August 2016-October 2018

*New Mexico Graduate Student Representative.* Represent graduate students in New Mexico on the RMACES graduate student committee. Provide programming and education at bi-annual conferences and ACES conference. Distribute communication (monthly newsletter) and coordinate the committee's social media page and resources.

CALIFORNIA STATE UNIVERSITY, FRESNO; FRESNO, CALIFORNIA CHI SIGMA IOTA (CSI); CHI SIGMA PHI May 2015- June 2016

**President.** Promote scholarship, research, professionalism, advocacy, and excellence in counseling. Provide leadership to the executive team members and supervise committee chairs. Chapter accomplishments include monthly executive and educational sessions, two social gatherings a semester, and an initiation and recognition ceremony.

#### RELATED PROFESSIONAL EXPERIENCE

University of New Mexico; Counseling Department; Albuquerque, New Mexico Manzanita Counseling Center August 2016- May 2017

*Graduate Assistant.* Responsibilities included opening the clinic to prepare for the day's appointments; operating, starting, and stopping all videotaping equipment; filing client case files; scheduling appointments; responsible for initial intake interviews of potential clients; reporting information from intake interviews to clinical staff; perform any other duties as determined by the Clinic Director.

CALIFORNIA STATE UNIVERSITY, FRESNO, ASSOCIATION: UNIVERSITY COURTYARD; FRESNO, CA June 2014—June 2016

**Resident Director.** Select, train, and supervise undergraduate Residential Life staff and manage operational functions in assigned residence halls. Provide student services, such as personal and disciplinary counseling and developmental, cultural, and educational

programming. Coordinate administrative operations. Maintain liaison relationships with other Student Affairs and Campus Life Offices. Participate in the overall planning and management of the residence hall system. Serve as the Health & Wellness Committee chair, Diversity Committee Chair, and Resident Hall Association Advisor.

STUDENT HEALTH CENTER; CALIFORNIA STATE UNIVERSITY FRESNO. FRESNO, CALIFORNIA

June 2013 – May 2014

**Peer Ambassador of Wellness.** Facilitate and present presentations on stress, alcohol poisoning, mental illness, and academic impacts. Address the top 10 educational impacts along with alcohol, tobacco, and other drugs through various activities. Serve as a mentor to peers with mild and moderate depression and anxiety through a research grant that encouraged students to exercise as a form of healing.

#### RECOGNITION

#### **AWARDS & GRANTS**

- 2023. Research and Professional Development Grant. "Interpretative Phenomenological Analysis of Patients and Providers of Comorbid PTSD, Chronic Pain, and Substance Use Disorders." College of Education and Human Development, University of Louisville. (Award of \$7,100)
- 2022. Sponsored Scholarship Program (SSP) Grant. "PTSD, Chronic Pain, and Substance Use Disorders: A Pilot Mixed-Methods Cross-Sectional Study." Association of Assessment and Research in Counseling (ACES). (*Award of \$4,500.00*)
- 2022. WACES Research Grant Award. "Narratives of Sexual Boundary Crossing with Counselor Educators and Supervisors." Western Association of Counselor Education & Supervision (WACES). (Award of \$500.00)
- 2021. Exceptional Dedication to GPSA Student Award. Graduate and Professional Student Association (GPSA), University of New Mexico. (*Recognition*).
- 2021. UNM Grand Challenge Team Research Symposium. Graduate Student Team Research Concept Competition. "Development of a multidimensional resilience scale: A transdisciplinary approach to decolonizing resilience in substance use research." The University of New Mexico. (*Award of \$2,000*).
- 2020. New Mexico Emotionally Focused Therapy Association. Santa Fe, NM. (Award of \$900.00).
- 2020. Graduate Student Success Scholarship. Office of Graduate Studies, University of New Mexico. (Award of \$3,000).
- 2019. Doctoral Conference Presentation Award. Office of Graduate Studies, University of New Mexico. (Award of \$1,200).

- 2019. Student Conference Award Program (S-CAP) Travel Grant. Office of Career Services, University of New Mexico. (Award of \$600.00).
- 2019. Sandia Casino Responsible Gaming Scholarship. (Award of \$2,500.00).
- 2018. New Mexico Research Grant (General Priority). University of New Mexico; Graduate & Professional Student Association. (Award of \$3,000.00).
- 2018. Sandia Casino Responsible Gaming Scholarship. (Award of \$2,500.00).
- 2017. Rocky Mountain ACES Volunteer Scholar Award. ACES 2017 Conference. Chicago, IL. (Award of \$300.00).
- 2017 ACES Emerging Leader. (October 2017). Association of Counselor Education and Supervision. (Award: Conference Registration)
- 2017. *Graduate Student Travel Award*. Research and Community Engagement (ORCE), College of Education, University of New Mexico. (Award of \$500.00).
- 2017. Student Conference Award Program (S-CAP) Travel Grant. Office of Career Services, University of New Mexico. (Award of \$600.00).
- 2016. *Top Dog: Graduate Speaker*. Graduate Research and Creative Activities Symposium. Fresno, CA. (Award of \$100.00)
- 2016. *Graduate Student Travel Grant*. Division of Graduate Studies, California State University of Fresno. (*Grant of \$500.00*).

# **FELLOWSHIPS**

- 2020. Substance Use Disorders Grand Challenge Graduate Student Scholar. University of New Mexico; Department of Psychology. (Award of \$5,000.00)
- 2019. Center for Regional Studies Graduate Research Fellowship and Scholarship. University of New Mexico; Center for Regional Studies. (Award of \$10,000.00).
- 2018. 2018-2019 William B. Roberta V. Castetter Scholarship. University of New Mexico; College of Education. (Award of \$7,000.00).
- 2015-2016. *California Educational MFT Stipend Central Valley Consortium*. Phillips Graduate Institute. Mental Health Service Act. *(Grant of \$18,500)*.
- 2015-2016 Graduate Research Fellow. Graduate Net Initiative- U.S. Department of Education Title V Part B (PPOHA) Grant. California State University, Fresno (Grant of \$2,000.00).

#### PROFESSIONAL DEVELOPMENT

#### **CONFERENCES ATTENDED**

American Counseling Association (ACA)

2021 (Virtual)

2017 (San Francisco, CA)

2016 (Montreal, QC, Canadá)

Association for Counselor Supervision and Education (ACES)

2023 (Denver, CO)

2021 (Atlanta, GA)

2019 (Seattle, WA)

2017 (Chicago, IL)

Rocky Mountain Association of Counselor Education and Supervision (RMACES)

2022 (Coeur d'Alene)

2018 (Park City, UT)

2016 (Steamboat Springs, CO)

Western Association of Counselor Education and Supervision (WACES)

2022 (Portland, OR)

Association of Assessment and Research in Counseling (AARC)

2022 (St. Louis, MO)

American Educational Research Association (AERA)

2017 (San Antonio, TX)

Law and Ethics in Counseling Conference

2021 (Virtual)

2018 (New Orleans, LA)

Association of Governing Boards Conference (AGB)

2020 (Virtual)

2019 (Orlando, New Orleans)

#### PROFESSIONAL MEMBERSHIP

American Counseling Association (ACA) 2015-present

Association for Counselor Education and Supervision (ACES) 2016-present

Rocky Mountain Association for Counselor Education and Supervision (RMACES) 2016-2021

Western Association for Counselor Education and Supervision (WACES) 2021-2023

Southern Association for Counselor Education and Supervision (SACES) 2022-present

Association of Counseling Sexology & Sexual Wellness (ACSSW) 2020-present

Association for Assessment and Research in Counseling (AARC) 2021-present

Association of Governing Boards (AGB) 2018-2021

Chi Sigma Iota, Chi Sigma Phi Chapter (CSI) 2015-present

#### **COMMITTEE MEMBER**

Ogechukwu Odinakachukwu (2022) "Postural Control and Pain Perception in

Pregnancy"

MS Integrative Human Physiology (IHP)

Central Washington University

Malin Powell (2022) "Primary Care Provider Weight and Racial

Bias: Treatment Decisions for Females

Living with Chronic Pain" MS Experimental Psychology Central Washington University

#### PROFESSIONAL SERVICE

Western Association of Counselor Education & Supervision (WACES). 2022. Conference Review Committee Member.

Rocky Mountain Association of Counselor Education & Supervision (RMACES). 2016-2022. Conference Review Committee Member.

Mind Research Network (MRN). 2019-2021. Project RAPTOR assessment volunteer.

Association of Counselor Education and Supervision (ACES). 2017-2021. Research Grant Award committee member.

American Counseling Association (ACA). 2017-2022. Conference Review Committee Member.

Albuquerque Public School & City of Albuquerque (2019). Families and Schools Together (FAST) mental health coordinator. Albuquerque, New Mexico.

- Association of Counselor Education and Supervision (ACES) (2017). Conference Student volunteer, Research Grant Award committee, and conference proposal reviewer.
- University Health and Psychological Services. (2013-2015). Depression and Eating Disorder Screening Day- assessment evaluator. California State University, Fresno. Fresno, CA.
- Basic Life Support (BLS) and Lifeguard Instructor. (February 2013 June 2018). Central Chapter of the American Red Cross. Fresno, California.