

Name: Alex Lyras
Email: Alexis.Lyras@Louisville.edu
Telephone number: 502-852-4050 (office USA)

Educational Background

2002-2007 University of Connecticut, CT, USA.
Ph.D. in Kinesiology (Sport Management and Sociology)
2002-2004 University of Connecticut, CT, USA.
M.A. in Education (Sport Management and Sociology)
1990-1994 University of Athens, Greece.
B.A. in Physical Education and Sport Science (with Top Level Coaching Certificate)

PhD Dissertation

Lyras, A. (2007). Characteristics and Psycho-Social Impacts of an Inter-Ethnic Educational Sport Initiative on Greek and Turkish Cypriot Youth. University of Connecticut, Storrs.

PhD Committee Members and Readers

Dr. Andrew Yiannakis (Major Advisor), Dr. Scott W. Brown & Dr. Jennifer Bruening (Committee Members), Dr. Laura Burton & Dr. Jaci Van Heest (Readers).

Areas of Specialization - Teaching Areas

- Global Sport Management
- Sports for Peace and Development
- Organizational Theory
- Theory and Methods of Research
- Psycho-social Impacts of Sport and Exercise
- Educational Psychology
- Grant Proposal Writing

Teaching Experience

Graduate Level:

- Theory and Methods of Research (spring 2008), Visiting Assistant Professor, University of Louisville, USA.
- Theory and Methods of Research (spring 2003, 2004 and 2005), Dr. A. Yiannakis's Teaching Assistant, University of Connecticut, USA.
- Sociology of Sport (fall 2003, 2004 and 2005), Dr. A. Yiannakis's Teaching Assistant, University of Connecticut, USA.

Undergraduate Level:

- Organizational Behavior in Sports (fall 2007 and spring 2008), Visiting Assistant Professor, University of Louisville, USA.
- Principles in Sport Management, (spring 2008), Visiting Assistant Professor, University of Louisville, USA.
- Psychology of Sport and Exercise (spring 2006), Dr. L. Burton's Teaching Assistant, University of Connecticut, USA.
- Oversaw research projects and independent studies (spring 2005 and 2006) as Dr. A. Yiannakis and Dr. Bruening's Teaching Assistant, University of Connecticut, USA
- Oversaw internships and independent studies of international students that worked as volunteers at the Doves Olympic Movement initiative, University of Nicosia (former Intercollege), Cyprus.
- The Olympic Games: Ancient and Modern (summer 2004) Study Abroad Program, Athens, Greece. Accompanied Dr. A. Yiannakis to Greece as his Teaching Assistant.

Additional Teaching Experience:

- Since 1994, Alexis Lyras prepared and delivered a number of seminars on youth development for the Cyprus Sport Organization, the Ministry of Education (Cyprus) and a number of National Sport Federations in Cyprus.

Grants Received

- Lyras, A., Yiannakis, A. & Kartakoullis, N. (2007). *Building a common future through sport and education*. Grant awarded by the United Nations Development Programme (**\$197,619**).
- Lyras, A., Yiannakis, A. & Kartakoullis, N. (2006). *Doves Olympic Movement Summer Camps 2006-2007*. Grant awarded by the United Nations Development Programme (**\$142,070**).
- Lyras, A. Yiannakis, A., & Kartakoullis N. (2005). *Doves Olympic Movement Summer Camp 2005*. Grant awarded by the United Nations Office of Project Services (**\$64,500**). (www.dovesolympicmovement.com)
- Lyras, A. (2004). *Multidimensional Sport Development: An investigation of the educational aspects and psycho-social impact of sports*. Grant awarded from the Cyprus Research Foundation, Nicosia, Cyprus (**\$90,000**).

Grants Pending

- Lyras, A & Yiannakis, A.. *Doves Olympic Movement: Sports for Personal and Social Change*. Grant submitted to AMIDEAST US **\$358,244** (pending)

Grant Proposals Submitted

- Lyras, A., Yiannakis, A., & Kartakoullis N. (2004). *Doves Olympic Movement: Doves Olympic Summer Camp 2005*. Grant proposal submitted to the United Nations Office of Project Services (UNOPS). Total amount **\$68,550**
- Lyras A., Yiannakis A. & Kartakoullis N. (2003). *Doves Olympic Movement Workshops*. Grant proposal for a bi-communal initiative that aims to recruit and educate instructors for a four year educational intervention. Submitted to the United Nations Office for Project Services (UNOPS). Total amount **\$46,210**.

Presentations

- Lyras, A. (2007). Social Responsibility in Sport Management. A symposium at the North American Society for Sport Management Annual Conference, Ft. Lauderdale, FL.
- Lyras, A., Yiannakis, A., Kartakoullis, N., Kotziamani, E., & Loizou, C. (2006). *Doves Olympic Movement: Organizational issues and psychosocial impact of a sport and cultural enrichment program on Cypriot youth*. Presented at the 14th Congress of the European Association for Sport Management, Nicosia, Cyprus.
- Alexandrou, K., Emiroglou, O., Lyras, A. & Peachy, J. (2006). *Doves Olympic Movement and World Scholar Athlete Games: Forces of Positive Social Change*. Presented at the 14th Congress of the European Association for Sport Management, Nicosia, Cyprus.
- Yiannakis, A., Gibson, H., Kartakoullis, N., Douvis, J. & Lyras, A. (2006). Cyprus and Sport Tourism: Theoretical and Applied Considerations. Keynote presentation at the 14th Congress of the European Association for Sport Management, Nicosia, Cyprus.
- Lyras, A., Yiannakis, A., Kartakoullis, N., & Loizou, C. (2005). *Sports as a Medium for Personal and Social Change*. Presentation at the 13th Congress of the European Association for Sport Management, Newcastle, England.
- Lyras, A. (2005). *A global investigation of basketball coaches' profession: Initial findings and future orientations*. Presented at the 13th Congress of the European Association for Sport Management, Newcastle, England.
- Lyras, A., Brown S.W. & Radovic, Z. (2004). *Educational issues in coaching: A global investigation of basketball coaches' profession*. Presented at the 35th Annual Conference of the Northeastern Educational Research Association in New York, USA.
- Yiannakis A., Kane G., Han J.Y. & Lyras A. (2004). *Effects of physical activity on mood: A field experimental investigation*. Presented at the Pre-Olympic Scientific Conference, Thessalonica, Greece.
- Lyras, A. (2002). *Η αναγκαιότητα δημιουργίας μοντέλου αξιολόγησης και Ευρωπαϊκής οδηγίας σύγκλισης σε θέματα προπονητικής εκπαίδευσης και διακίνησης. [The necessity for the development of an evaluation and convocation system in the European Union]*. Presented at the National Congress of the Cyprus Association of Basketball Coaches, Nicosia, Cyprus.

Manuscripts for Publication

Note: The following are manuscripts in preparation for submission

- Lyras, A. (2003). *Doves Olympic Movement: initial orientation*. University of Connecticut, Storrs. Selected to be posted at the International Olympic Committee's extranet.
- Lyras, A. (2005). *Doves Olympic Movement Summer Camp 2005: Training Manual*. Document submitted to UNOPS/UNDP, Nicosia, Cyprus.
- Lyras, A. (2005). Beliefs of Athletic Development Inventory. University of Connecticut, Storrs
- Lyras, A. (2004). *European Educational Evaluation & Certification Model for Basketball Coaches*. University of Connecticut, Storrs.
- Lyras, A. (2005). *A global investigation of basketball coaches' profession: Initial findings and future orientation*. Presented at the 13th Congress of the European Association for Sport Management, Newcastle, England.

- Lyras, A., Brown S.W. & Radovic, Z. (2004). *Educational issues in Coaching: A global investigation of basketball coaches' profession*. Presentation at the 35th Annual Conference of the Northeastern Educational Research Association in New York, USA.
- Lyras, A., Yiannakis, A., Kartakoullis, N., Kotziamani, E. & Loizou, C. (2006). *Doves Olympic Movement: Organizational issues and psychosocial impact of a sport and cultural enrichment program on Cypriot youth*. Presented at the 14th Congress of the European Association for Sport Management, Nicosia, Cyprus.
- Lyras, A. (2005). *Olympism vs Nationalism: An educational perspective of the power of sport interventions in cross cultural settings*. University of Connecticut, Storrs.
- Lyras, A. (2005). *Sports as a Medium for Personal and Social Change*. University of Connecticut, Storrs.

Publications in Official Periodicals

The following documents were published in the official periodicals of the Cyprus Basketball Federation and the Cyprus Sport Organization, which are the highest authorities in Cyprus.

- Lyras, A. (2002). *Προπονητικό Πλαίσιο Κανονισμών και Αξιολόγησης [Coaches' regulations and evaluation framework]*. Handbook submitted to the Cyprus Basketball Federation, the Cyprus Sport Organization and the Cyprus Olympic Committee.
- Lyras, A. (2000). *Πολύπλευρη πολιτική αθλητικής προσέγγισης. [Multi-dimensional sport policy]* Η φωνή του αθλητισμού, Κυπριακός Οργανισμός αθλητισμού, τεύχος 5.
- Lyras, A. (1999). *Καθορισμός και αναγκαιότητα αγωνιστικού μοντέλου στις αναπτυξιακές ηλικίες. [Defining the essential needs in youth sports]* Καλαθόσφαιρα. Κυπριακή Ομοσπονδία Καλαθοσφαίρισης. Τεύχος 2, Απρίλιος 1999.
- Lyras, A & Mirallais, C. (1998). *Αρχικές διαπιστώσεις Παγκύπριας έρευνας του Σχεδιασμού Υποστήριξης Αναπτυξιακού Αθλητισμού. [Initial findings from the National Scheme of Sport Development]*. Ομοσπονδία Καλαθοσφαίρισης. Τεύχος 1.

Books in Progress

- Yiannakis & Lyras. *Theory and Methods of Research*. A major text focusing on both the conceptual and technical foundations of the research enterprise, including proposal writing and computer applications (anticipated completion August 2009).
- Yiannakis, Douvis, Lyras et al. *Readings in Sport Management*. Under contract with Carolina Academic Press (to be completed December 2008).

Sport Management and Work Experience

- 2007-today Visiting Assistant Professor, University of Louisville, USA
- 2004-today Research and Teaching Associate, University of Nicosia, Cyprus
- 2002-today Founder and Principal Investigator of the Doves Olympic Movement
www.dovesolympicmovement.com
- Designed the program and secured funding from UNOPS and UNDP.
 - Responsible for the training of the instructors.

- Responsible for overall project management and evaluation.
- Responsible for instrument design, data collection and data analysis.

The program (Doves Olympic Movement), which takes place in Cyprus, was designed to bring together ethnic Greek and Turkish Cypriot youth to promote personal and social change, active citizenship and global solidarity. We are also currently working on a pilot program that will apply similar principles with at risk youth.

- 2001-today FIBA Basketball coaching expert - Olympic Solidarity. World Basketball Federation (FIBA) - International Olympic Committee (IOC)
- 2003-2007 Graduate Assistant, Counseling Program for Intercollegiate Athletes, University of Connecticut, USA
- Spring 2003 Graduate Assistant, Division of Athletics, University of Connecticut, USA
- 2000-2002 Technical Consultant –Director, Cyprus Basketball Federation, Cyprus
- Responsible for the preparation and overseeing of development projects for the federation.
 - Served as director of the basketball academy; responsible for the financial planning, development of educational and certification programs (coaches, referees and commissioners).
 - Responsible for planning of all basketball team competitions in Cyprus.
 - Responsible for strategic planning and development.
- 1997-2002 Program Coordinator, Cyprus Sports Organization, Cyprus
- Organizational support for team development programs.
 - Evaluation and support of talented young players.
- 1994-2001 Founder and Director, Cyprus Basketball Camp, Cyprus
- The first and longest running basketball camp of its kind in Cyprus.
 - More than 200 participants each year. Leading Greek and Cypriot professional coaches and academics participated every year.
 - Introduction of the wheelchair basketball seminar.
- 1994-1995 Program Coordinator-Coach. Attica Association of Basketball Teams, Greece
- Responsible for organizing the association's development leagues and promotion programs for young players.
 - Winner of a bronze medal at the LAROCHE International Tournament (France) as the assistant coach of the Greek select team.

Coaching Experience

- 2000- 2002 Head Coach of the National Team. Cyprus Military Basketball Team, Cyprus
- Winner of the bronze medal at the World Basketball Championship at Beirut, Lebanon (Cyprus's first and highest distinction at this level).
- 1998-2000 Head Coach-Professional League. Achilleas Kaimakli Basketball Club, Cyprus
- Winner of the Cyprus Basketball Federation Cup 2000.
- 1997-1998 Director/Technical Consultant Professional League. APOEL Basketball Club, Cyprus
- Winner of the National Championship 1998/Winner of National Super Cup.
- 1996-1997 Youth Team Coach, Division A1. PAPAGOU Basketball Club, Greece

- Winner of a silver medal at the LAROCHE International Tournament (France).
- 1995-1996 Head coach, youth teams Division B. PANELLINIOS Basketball Club, Greece
- Winner of a silver medal at the CHOLE International Tournament (France)
- 1990-1994 ILISIAKOS Basketball Club (Division A2), Greece
Coached Antonis Fotsis, member of the national team of Greece. First Greek athlete to play in the NBA.
- 1993 Coach, Sly Park and Dick Edwards Basketball Camps, California

Technical Reports

- Lyras, A., Lima, C., Kotziamani, E., & Votsis, E., (in progress). Statistical analysis of the psycho-social impact of the Doves Olympic Movement Summer Camps 2006-2008.
- Lyras, A., Loizou, C., & Kotziamani, E. (in progress). Qualitative analysis of the perceived impact of the Doves Project and investigation of the factors that lead to positive cross-cultural interaction and development.
- Lyras, A., Moese, M., Kotziamani, E., & Votsis, E., (in progress). A mixed methods assessment of the Sport Education and Development Unit which is a part of the at risk youth Doves Project.
- Lyras, A., Ioannou, A., Brown, S., Boyer, M., Niv-Solomon, A., Poliviou, P., Kotziamani, E., Janik, L., Golberg, S., & Mageggia, D. (2007). The Cyprus GlobalEd Project 2007.
- Lyras, A., Loizou, C., & Kotziamani, E. (2007) Qualitative analysis of the perceived impact and organizational aspects of the Doves Olympic Movement Summer Camp 2006.
- Lyras, A. (2005). Training Manual of the Doves Olympic Movement Summer Camp 2005. Manuscript developed for replication of the Doves Project in other regions around the globe.

Consultant Experience

- Scientific consultant of the Peace Players International (formerly Playing for Peace) for the project that is implemented in Cyprus (UNDP funded project). This project involves the participation of Greek Cypriot and Turkish Cypriot youths in a basketball and life skills program that combines a series of basketball coaching sessions, sporting activities and events and life skills clinics and workshops. The purpose of this project is to foster a sense of cooperation, interaction and positive inter-communal relationships between the two communities.
- Scientific consultant of the Espérer Juvenile Delinquency Early Intervention Program (UNDP funded project). This project involves the implementation of prevention programs in the Greek Cypriot community to address concerns such as the rising trend of juvenile delinquency, the increasing numbers of young people engaging in substance abuse, the higher number of youths entering the criminal justice system, and the number of children living under conditions deemed at putting them at risk of developing social problems and fostering delinquency.
- Research lab consultant (research projects, data entry and analysis, independent studies supervision and grant writing) for four years (fall '02-spring '06) in the Sport Management and Sociology Laboratory, University of Connecticut.

- Submitted proposal to Cyprus Sport Organization and Olympic Committee for licensing program for coaches based on the European Convocation Model (2002).
- Founder of the official national Basketball Camp of the Cyprus Basketball Federation (2002)
- Consultant and evaluator of national sports programs for the Cyprus Sports Organization (the national governing body)
- Developmental and strategic plan for the basketball youth teams, elite selected athletes and the professionals of APOEL basketball club (1997, 1998), Nicosia, Cyprus.
- Conducted research and proposed a long term strategic plan for the development of basketball in Cyprus

Distinctions and Awards

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| 2007 | Doctoral Dissertation Fellowship. Graduate School, University of Connecticut |
| 2007 | NGSA Scholarship and Leadership Award, University of Connecticut |
| 2002-2004 | Received Higher Education Scholarship for Sport Administrators from International Olympic Committee
(Worldwide selection-Extension for the second year of studies) |
| 2002 | Scholarship from Cyprus Basketball Coaches' Association. |
| 2000 | Received special award for the achievements of the national military basketball team at the World Basketball Championship at Beirut, Lebanon (which Lyras coached) |
| 2000 | Runner-up for special achievement in sports award in the European Basketball Cup. |
| 1999 | Cyprus "Coach of the Year". |