

## **CURRICULUM VITAE**

### **Patrick H. Hardesty**

Associate Professor  
Educational and Counseling Psychology  
University of Louisville  
Louisville, KY 40292  
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Licensed Psychologist, States of Kentucky and Indiana  
Listed in the National Register of Health Service Providers in Psychology

### **Education:**

- Ph.D. Northwestern University, Counseling Psychology, 1989. Dissertation: Summer and school-term youth employment: Ecological and longitudinal analyses.
- M.S. Northern Illinois University, Community Mental Health, 1984. Thesis: Key factors in the attainment and maintenance of sobriety.
- B.S. Northern Illinois University, Physics, Minors: Math, Education, 1973.

### **INSTRUCTIONAL EXPERIENCE**

University of Louisville, Department of Educational and Counseling Psychology (July 1989 - present) Title: Associate and Assistant Professor, Director of Clinical Training, Clinical Supervisor of the Learning Improvement Center. Duties: Teaching graduate and undergraduate courses, designing curriculum in the area of Counseling Psychology, overseeing field placements for students, supervising psychological testing activities in the School of Education, providing service to the community, conducting research, academic advising of students, and selecting graduate students. Additional assignments include being a faculty senator and serving on the reaccreditation committee of the University.

Northwestern University, Department of Counseling Psychology (1986 & 1988). Title: Part-time instructor and teaching assistant. for two courses in the Department of Counseling Psychology, Northwestern University. Duties: Assisting in teaching graduate courses for Dr. John Crites, assist in counseling activities in the career counseling laboratory in the department, and teach undergraduate courses in career development.

Kishwaukee Community College (1985). Instructor. Duties: taught one course in biofeedback.

Northern Illinois University, Physics Department (1974 - 1976). Title: Faculty Assistant.

Duties: to operate a public education program in conjunction with the U.S. Atomic Energy Commission and the Oak Ridge Associated Universities. Speak on issues of nuclear science at schools and other public forums.

Winnebago High School (1973 -1974) Title: Teacher. Duties: Teach, freshman and sophomore physical science and junior/senior physics and chemistry classes.

### **Clinical Experience**

Psychology Resource Group (1991 -present) Title: Psychologist. Duties: Provide psychological evaluations and therapy in office, hospitals, and nursing homes; supervise practicum students; appear as expert witness in court; consult with business and industry on psychological issues in the workplace. This is a diverse private practice in which children, adolescents, adults, and senior citizens suffering from a variety of diagnoses are treated and assessed.

University of Louisville (1996 - 1998) Title: Supervisor of clinical training. Duties: Supervise work performed by the psychological associate and staff. Most of the work entails psychological assessments of persons of all ages.

Southern Illinois University - Carbondale, Counseling Center (1988 - 1989). Title: Intern. Duties: provide assessment and treatment to college population and their families, provide individual, couples, and group therapy, conduct outreach programming, conduct primary prevention activities, and supervise practicum students.

Evanston Hospital, Evaluation Center for Learning, Evanston IL. (1987 - 1988). Title: Extern. Duties: provide psychological testing in hospital for a diverse client population ranging from children through adults, assist in neuropsychological testing, attend neurology and neuropathology rounds.

Elmhurst Psychological Center, Elmhurst IL (1986 - 1987). Title: Psychological assistant. Duties: Conduct psychological assessments at the clinic and at schools for the mentally retarded and developmentally disabled. Consult with the Archdiocese of Joliet in the selection of Deacons for the Church. .

Northwest Mental Health Center, Arlington Heights, IL (1986 - 1987). Title: Practicum Student. Duties: Provide individual, couples, and group psychotherapy.

Hoffman Estates Health and Human Services, Hoffman Estates, IL (1985 - 1986). Title: Practicum Student. Duties: Provide individual, couples, and group psychotherapy.

Mercy Center Hospital, Alcoholism Treatment Center, Aurora, IL. (1984) Title: Intern. Duties: To provide chemical dependency counseling to inpatient population.

Nutri-Systems Weight Loss Clinic, DeKalb, IL. (1984). Title: Counselor. Duties: Provide counseling to weight loss patients.

## **PUBLICATIONS**

### **Book chapters**

Hardesty, P. H. & Morris, S. (2002). A Supervisory Skills Primer for Employee Counselors. In Sandhu, D. S. (Ed.) *Counseling Employees: A Multifaceted Approach* (pp. 105-130). American Counseling Association.

Morris, S. & Hardesty, P. H. (2002). Addressing Depression in the Workplace. In Sandhu, D. S. (Ed.) *Counseling Employees: A Multifaceted Approach* (pp. 291 - 310). American Counseling Association.

Hirsch, B., Engel, A., DuBois, D., & Hardesty, P. H., (1990). The role of social environments in social support. In I. Sarason, B. Sarason & G. Pierce (Eds.), *Social Support: An Interactional View* (pp. 367-394) New York: Wiley.

### **Journal articles**

Harper, W. J. & Hardesty, P. H. (2001). Differentiation characteristics and needs of minority grandparent caregivers.. *Journal of Ethnic & Cultural Diversity in Social Work*, 9,133 - 150

Kirby, K.M. & Hardesty, P.H. (1998). Evaluating older pre-adoptive foster children. *Professional Psychology: Research and Practice*. 29, 428 - 436.

Hardesty, P. H. & Kirby, K. (1995). Relationship between family religiousness and drug use within youth peer groups. *Journal of Social Behavior and Personality*, 10, 421-430.

Hardesty, P.H. (1994). Career explorers should look beyond Florida. *Contemporary Psychology*, 39, 539.

Hardesty, P.H. & Dillard, J. M. (1994). The role of elementary school counselors compared to their middle and secondary school counterparts. *Elementary School Guidance and Counseling*, 29, 83 - 91.

Hardesty, P.H. & Dillard, J.M. (1994). Analysis of activities of school counselors. *Psychological Reports*, 74, 447 - 450.

Hardesty, P.H. & Hirsch, B.J. (1992). Summer and school-term youth employment: Ecological and longitudinal analyses. *Psychological Reports*, 71, 595-606.

Hardesty, P. H. (1991). Undergraduate career courses for credit: A review and meta-analysis. *Journal of College Student Development*, 32, 184-185.

### **Technical manuals**

Cunningham, N. J., Hardesty, P. H., & Straub, B. W. (1994). *Technical Manual for Bridge to Success*. U.S. Department of Education.

### **Proceedings of national conference**

Hardesty, P. H. (1992). The role of family religiousness in the lives of adolescents. *Proceedings of the Center for Studies of the Family's 19th Annual Conference*. Provo, UT: Brigham Young University

### **ACADEMIC PAPERS PRESENTED: NATIONAL, REGIONAL, AND STATE CONVENTIONS** (peer reviewed and invited)

Hardesty, P.H., Carrier, M. & Mitchell, N. (2005). *Differences between workers and non-workers on family functioning*. Accepted for presentation at the 2005 APA National Convention in Washington D.C.

Hardesty, P. H. & Mercer, J. (2005). *The reliability and validity of a brief measure of sexual addiction*. Accepted for presentation at the 2005 APA National Convention in Washington D.C.

Hardesty, P.H. & Cunningham, N. J. (2005). *Prevention Planning*. Accepted for presentation at the 16<sup>th</sup> Annual National Youth at Risk Conference, Savannah GA.

Hardesty, P.H. & Cunningham, N. J. (2004). *Navigating risk and Protection: A map for prevention*. Presented at the 16<sup>th</sup> Annual National Dropout Prevention Network Conference, Myrtle Beach, South Carolina.

Hardesty, P.H. & Cunningham, N. J. (2004). *Navigating risk and Protection: A map for prevention*. Presented at the 16<sup>th</sup> Annual National Dropout Prevention Network Conference, Orlando Fl.

Cunningham, N. J, & Hardesty, P. H. (2003). *Bullying in schools: Toward understanding and prevention*. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.

Hardesty, P. H. (2003). *The Comprehensive System of the Rorschach*. Presented at the Kentucky Psychological Association Annual Conference. Louisville, KY.

Hardesty, P. H. & Cunningham, N. J. (2003). *Redesigning the American Middle School for Health Promotion*. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.

Hardesty, P. H., Siegal, J. M. , & Cunningham, N. J. (2003). *Social Factors Affecting School Success*. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.

Hardesty, P. H. (2002). *Evolutionary Psychology*. Presented in Panama City, Panama

Hardesty, P. H. & Cunningham, G. K. (2001). *Evolutionary Psychology*. Presented at the Annual conference of the Kentucky Psychological Association.

Hardesty, P. H. & Murray, J. S. (2001). *Social Factors Affecting School Success*. Presented at the 13<sup>th</sup> Annual National Dropout Prevention Network Conference, Orlando, FL.

Hardesty, P.H. (2001). Community mental health. Presented at the first National Conference on Mental Health, Belize City, Belize

Cunningham, N. J., Hardesty, P.H., Schoman, L. (2000). *Environmental and Individual Strategies to Promote the Psychological Health of Middle School Students*. Presented at the Annual Meeting of the American Counseling Association. Washington, D. C.

Cunningham, N.J., Hardesty, P.H., & Straub, B. (1993). *Bridge to Success: A successful drug-free transition from elementary to middle school*. Presented at the annual Southeast Regional Center for Drug-Free Schools and Communities conference, Nashville, TN.

Hardesty, P.H. (2001). Community mental health. Presented at the first National Conference on Mental Health, Belize City, Belize

Hardesty, P.H. (1994). *A structural view of prevention*. Presented at the Southeast Regional Center Conference, Atlanta, GA.

Hardesty, P.H. (1994). *Comparison of Duties Performed by Elementary, Middle & Secondary School Counselors*. Presented at the American School Counselor Association annual convention, Anaheim, CA.

Hardesty, P.H. (1994). *Prevention Programming for the Transition*. Presented at the American School Counselor Association annual convention, Anaheim, CA.

Hardesty, P.H. (1992). *The Role of Family Religiousness in the Lives of Adolescents*. Presented at the Family, Religion, and Education Interface: Assessing Adolescent/Young Adult Development convention, Provo, Utah.

Hardesty, P.H. (1992). *Custody Evaluation*, Paper presented at the Kentucky Law Update

'92, sponsored by the Kentucky Bar Association. Louisville, KY, 1992.

Hardesty, P.H. (1989). *Should Youth Work?* presented at the Kentucky Association for Counseling and Development state convention, Louisville, KY.

Hardesty, P.H. (1989). *The Effects of Summer Versus School-term Youth Employment: Longitudinal and Ecological Analysis*. Paper presented at Southern Illinois University, University of Rochester, and University of Louisville.

Hardesty, P. H. & Cunningham, G. K. (2001). *Evolutionary Psychology*. Presented at the Annual conference of the Kentucky Psychological Association.

Hardesty, P. H. & Cunningham, N. J. (2000). *Redesigning the America Middle School in Order to Prevent Dropouts and Provide Health and Development*. Presented at the 12th Annual National Dropout prevention Network Conference, Baltimore, MD.

Hardesty, P.H. & Hirsch, B. (1989). *The Ecological Implications of Summer Versus School-year Employment*. Presented at American Psychological Association national convention, New Orleans, LA.

Hardesty, P. H. & Murray, J. S. (2001). *Social Factors Affecting School Success*. Presented at the 13<sup>th</sup> Annual National Dropout Prevention Network Conference, Orlando, FL.

Sandhu, D. S. & Hardesty, P. H. (1994). *Counseling students for prejudice reduction*. American School Counselor Association annual convention, Anaheim, CA.

## **GRANT AWARDS**

Cunningham, N.J., Kolander, C., & Hardesty, P. H. (1990). *Project SUN: Schools united with neighborhoods for early prevention*. \$337,752, U.S. Department of Education. Goal: To create community school teams within 10 elementary school for the purpose of coordinating drug use prevention efforts.

Cunningham, N.J., Cunningham, G. K., & Hardesty, P.H. *Bridge to Success: A model program for a drug-free transition from elementary to middle school*. A continuation grant for an ongoing research project, U. S. Department of Education. Goal: To create an elementary to middle school transition program aimed at reducing drug use in the middle school.

Hardesty, P.H. (1989). *The social ecological meaning of early work experience among young adolescents*. \$3525, Research and Faculty Development Committee, School of Education, University of Louisville. Goal: To explore the family attitudes that help maintain the culture expectations regarding adolescent part-time work.

Hardesty, P.H. (1990). *Jefferson County High School Project*. \$3655, Research and Faculty

Development Committee, School of Education, University of Louisville. Goal: To examine the personal and family variables that affect student involvement in an alternative high school.

Hardesty, P.H. & Hays, K. (1992). *Counselor Conceptualization of Client Affect Questionnaire*. Research and Faculty Development Committee, School of Education, University of Louisville. Goal: To test the model of emotions in psychotherapy presented by Greenberg and Safran.

## **INVITED TRAININGS**

*Advanced Supervision*. Presented at the Kentucky Psychological Association National Convention, Louisville, 2000.

*Advanced Supervision*. Presented at the Kentucky Psychological Association National Convention, Louisville, 1999.

*Advanced Supervision*. Presented at the Kentucky Psychological Association National Convention, Louisville, 1998.

*Developmental Models of Supervision*, Presented at Appalachian Regional Hospital, Hazard, KY, 1998

*Counseling Techniques*. Presented at Beijing Normal University, China, 1997.

*Behavior Management for Nursing Home Patients*. Presented to Indian Creek Nursing Home, IN, 1997.

*Understanding the Personal Needs of Nursing Home Patients*. Presented to Rolling Hills Nursing Home, IN, 1997

*Understanding the Young Adolescent*. Presented at Kentucky Country Day school, Louisville, KY, 1993.

*High Level Wellness and Stress Reduction for Teachers*. Presented at North Bullit High School on two occasions, Bullit County, KY, 1993.

*Components of a Comprehensive Prevention Strategy*. Presented for a joint program of Project SUN and Jefferson County Public Schools, Louisville, KY, 1991.

*Counseling Skills for Dietetic Counselors*. Presented to the Louisville District Dietetic Association, Louisville, KY, 1991.

*Treating Adolescent Clients*. Presented at the Center for Women and Families, Louisville, KY,

1990.

### **PROFESSIONAL SERVICE ACTIVITIES**

- 1995 - present Board Member of the Louisville Psychoanalytic Institute.
- 1993 -1996 Examiner for the Kentucky Board of Examiners of Psychology.
- 1991 -1996 Volunteer Member of the advisory board for Futures, a desk book on post-secondary activities. Kentucky Council on Higher Education.
- 1992 -1996 Volunteer program evaluator for Kids in Court, a program sponsored by the Exploited Children's Help Organization.

### **AWARDS, MEMBERSHIPS, CERTIFICATES**

Mendy Award for 2005 and 1998, for outstanding person in sports clubs at U of L.  
National Registry of Health Service Providers in Psychology, 1992 -present  
Certificate of Merit, City of Louisville, KY, 1993  
Licensed Psychologist, State of Kentucky, 1990  
Licensed Psychologist, State of Indiana, 1994  
Who's Who in American Colleges, 1987  
University Fellow, Northwestern University, 1985-86  
American Psychological Association, 1985- present  
Kentucky Psychological Association, 1992 - present  
Society for Research on Adolescence, 1993 - present  
American Association for Counseling and Development, 1988 - 1991  
American College Personnel Association, 1988 - 1991  
Chicago Center for the Study of Groups and Organizations, charter member  
Kappa Delta Pi, honorary education society  
Sigma Pi Sigma, honorary physics society