

STEPHANIE BUDGE, Ph.D.
Curriculum Vitae

Department of Educational and Counseling Psychology
College of Education and Human Development, Room 327
University of Louisville
Louisville, KY 40292
slbudg01@louisville.edu

PROFESSIONAL EXPERIENCE

8/2011-Present **Assistant Professor**, Department of Educational and Counseling Psychology, University of Louisville

8/2010-8/2011 **Predoctoral Internship**, University of Minnesota

Completed an APA-accredited predoctoral internship at the University of Minnesota, Twin-Cities at the University Counseling and Consulting Services (UCCS).

EDUCATION

8/2006-8/2011 Doctor of Philosophy. University of Wisconsin-Madison. APA Accredited Counseling Psychology Program. Anticipated Graduation August 2011. Dissertation Title: *Distress in the transition process for transgender individuals: The role of loss, community, and coping*. Dissertation successfully defended in April, 2010. Minor: Psychological Assessment.

8/2004-5/2006 Master of Arts. University of Texas at Austin. Degree in Educational Psychology. Thesis Title: *Sexual pressure in gay, lesbian, and bisexual relationships*.

1/2003-12/2003 University of Utah, awarded Bachelor of Science degree. Major: Psychology.

9/2000-12/2002 Pace University, New York, New York, credits toward Bachelor of Science degree. Major: Psychology, Minor: Women's Studies.

RESEARCH GRANTS

6/2010 Charles J. Gelso Research Grant, \$2,000.

Awarded the 2010 APA Division 29 Charles J. Gelso Research Grant for psychotherapy research. Research conducted under this grant includes three separate meta-analyses regarding randomized control trials of personality disorder treatments: a) comparing bona-fide treatments to treatment as usual, b) comparing two bona-fide treatments to each other, and c) comparing the cost-effectiveness of treatments.

PEER-REVIEWED JOURNAL PUBLICATIONS

Solberg, V.S., **Budge, S.L.**, Phelps, A., Durham, J., Haakenson, K., & Timmons, J. (In Press). The perceived utility and value of Individualized Learning Plans: Parent, educator, and student perspectives. *The Counseling Psychologist*.

Solberg, V.S., **Budge, S.L.**, & Halverson, E. (In Press). Identifying the nature of career decision-making patterns and their impact on career, academic and social/emotional outcomes: A mixed-methods approach. *The Counseling Psychologist*.

Wampold, B.E., **Budge, S.L.**, Laska, K. M., Del Re, A.C., Baardseth, T.P., Fluckiger, C., Minumi, T., Kivlighan, M., & Gunn, W. (In Press). Evidence-based treatments for depression and anxiety versus treatment-as-usual: A met-analysis of direct comparisons. *Clinical Psychology Review*.

Valdez, C. R., Dvorscek, M., **Budge, S.L.**, & Esmond, S.L. (2011). Provider perspectives of Latino patients: Determinants of care and implications of treatment. *The Counseling Psychologist*, 39, 497-526.

Wampold, B.E., Benish, S.G., Imel, Z.E., Miller, S.D., Laska, K., Del Re, A.C., Baardseth, T.P., & **Budge, S.L.** (2010). What works in the treatment of PTSD? A response to Ehlers et al. *Clinical Psychology Review*, 30, 269-276.

Budge, S. L., Tebbe, E. N. & Howard, K. A. S. (2010). The work experiences of transgender individuals: Negotiating the transition and coping with barriers. *Journal of Counseling Psychology*, 57, 377-393.

Howard, K. A. S., **Budge, S. L.**, Gutierrez, B., Lemke, N. T., & Owen, A. D. (2010) Academic and career goals of high school youth: processes and challenges. *Journal of Career Development*, 57, 377-396.

Budge, S. L., Baardseth, T. P., Wampold, B. H., & Fluckiger, C. (2010). Researcher allegiance and supportive therapy: Pernicious affects on results of randomized clinical trials. *European Journal of Counselling and Psychotherapy*, 12, 23-39.

Howard, K. A. S., **Budge, S. L.**, & McKay, K. M. (2010). Youth exposed to violence: The role of protective factors. *Journal of Community Psychology*, 38, 63-79.

Budge, S. L. (2006) Peer mentoring in post-secondary education: Implications for research and practice. *Journal of College Reading and Learning*, 37 (1), 71-85.

BOOK CHAPTERS

Budge, S.L. & Wampold, B.E. (In Press). The evolutionary process of the working alliance: A model of common factors and therapeutic outcomes.

PUBLICATIONS UNDER REVIEW

Budge, S. L., Katz-Wise, S. L., Tebbe, E., Howard, K.A.S., Schneider, C. L., & Rodriguez, A. *Transgender emotional and coping processes: Use of facilitative and avoidant coping throughout the gender transition.*

Katz-Wise, S. L., **Budge, S. L.**, & Schneider, C. L. *Transgender identity development: A qualitative investigation of gender transitioning.*

Katz-Wise, S.L., **Budge, S.L.**, & Hyde, J.S. *Objectified body consciousness and the mother adolescent relationship.*

MANUSCRIPTS IN PROGRESS

Budge, S. L. & Howard, K.H. *Mental health outcomes in the gender transition process: The roles of loss, community, and coping.*

Budge, S.L. & Howard, K.H. *How gender socialization affects gender queer individuals: The role of biological sex as a moderating variable for seeking social support and use of coping mechanisms.*

Budge, S. L. & Sherry, A. *Sexual conforming and pressure in lesbian, gay, and bisexual relationships: A mixed methods inquiry.*

Budge, S.L. & Wampold, B.E. *The relative efficacy of bona-fide psychological treatments for personality disorders: A meta-analysis of direct comparisons.*

Budge, S.L. & Wampold, B.E. *Evidence-based psychotherapies compared to treatment-as-usual for personality disorders: A meta-analysis of direct comparisons.*

Budge, S. L. *The current stance of social justice in vocational psychology: How far have we come?*

Tebbe, E. N., **Budge, S. L.**, & Fischer, A. *Conducting research with transgender populations: Ethical considerations and practical guidelines.*

Wampold, B.E. Laska, K.M., **Budge, S.L.**, Beardseth, T.P., & Del Re, A.C., *The cost effectiveness of psychotherapy research: A survey of developers of Evidence-Based Treatments.*

Solberg, V.S., **Budge, S.L.**, & Phelps, A.L. *Use of narrative analysis for high school students' career exploration processes: A Singapore Sample.*

MINOR PUBLICATIONS AND TECHNICAL REPORTS

Solberg, V. S., Gresham, S. L., & **Budge, S. L.** (2009, December). *ECDM validation study-II*. Center on Education and Work (CEW), University of Wisconsin – Madison. Submitted to Guidance Branch, Singapore Ministry of Education

Solberg, V. S., Gresham, S. G., **Budge, S. L.**, Phelps, A. L., Haakenson, K., & Durham, J. (2009, September). *NCWD/Youth research and demonstration project on Individualized Learning Plans*. Center on Education and Work (CEW), University of Wisconsin-Madison. Submitted to the National Collaborative on Workforce and Disability/Youth.

Solberg, V. S., Lindwall, J., **Budge, S. L.**, Schneider, C. L., Deloya, J., Halley, K., & Hatfield, P. (2009, August). *Report on the Mental Health Concerns among the Students in the Madison Metropolitan School District*. Center on Education and Work (CEW), University of Wisconsin – Madison. Submitted to the Madison Metropolitan School District.

Solberg, V. S., **Budge, S. L.**, Phelps, L. A. (2009, August). *Phase II Portal: Focus Group Discussion*. Center on Education and Work (CEW), University of Wisconsin – Madison. Submitted to Guidance Branch, Singapore Ministry of Education

Valdez, C. R., & **Budge, S. L.** (2008). *Program evaluation of "It's Time! Adults Addressing Youth and Teen Depression."* InHealth Wisconsin, Milwaukee, WI.

Lin, M. & **Budge, S.** (2007). Exploring the impact of race and class on the First Year in Counseling Psychology 115. *Our First Year Experience*, 2, 3-4.

PROFESSIONAL PRESENTATIONS

Budge, S.L. & Katz-Wise, S.L. (2011, November). *Transgender emotional and coping*

processes: Facilitative and avoidant coping throughout the gender transition. Paper to be presented at the Annual Meeting for the Society for the Scientific Study of Sexuality, Houston, Texas.

Budge, S.L. & Howard, K.H. (2011, August). *Gender socialization and gender queer individuals: The impact of assigned sex on coping and mental health concerns.* Paper to be presented at the Annual Meeting for the American Psychological Association, Washington, D.C.

Tebbe, E.L., **Budge, S.L.**, & Fischer, A. (2011, March). *Transforming the research Goliath: Reflections on research with transgender communities.* Roundtable to be presented at the Bi-Annual Meeting of the Association for Women in Psychology, Philadelphia, Pennsylvania.

Budge, S.L., Lee, S., & Monahan-Rial, V. (2011, February). *Bridging institutional gaps: Utilizing transgender-affirmative therapy with college students.* Workshop presented at the Annual Meeting for the Big 10 College Counseling Center Conference, Minneapolis, Minnesota.

Lee, J., **Budge, S.L.**, Wilson, J.L., & Roper, J.M. (2011, February). *The Korean Conundrum: Managing stigma in the recruitment of group counseling members.* Workshop presented at the Annual Meeting for the Big 10 College Counseling Center Conference, Minneapolis, Minnesota.

Budge, S.L. & Howard, K.A.S. (2010, August). *Coping, social support, and well-being in the transition process for transgender individuals.* Paper presented at the Annual Meeting for the American Psychological Association, San Diego, California.

Baardseth, T.P., **Budge, S.L.**, & Wampold, B.E. (2010, August). *Allegiance and psychotherapy research: The effectiveness of supportive therapy as a control.* Poster presented at the Annual Meeting for the American Psychological Association, San Diego, California.

Solberg, V.S., Gresham, S.L., **Budge, S.L.**, & Phelps, A.L. (2010, August). *Impact of Learning Experiences on Students With Disabilities Career Development.* Poster presented at the Annual Meeting for the American Psychological Association, San Diego, California.

Katz-Wise, S.L., **Budge, S.L.**, & Hyde, J.S. (2010, August). *Individuation or identification? Objectified body consciousness.* Poster to be presented at the Annual Meeting for the American Psychological Association, San Diego, California.

Solberg, V.S., Gresham, S.L., **Budge, S.L.**, & Phelps, A.L. (2010, August). *Impact of Exposure to Quality Learning Experiences on Career Development.* Paper

presented at the Annual Meeting for the American Psychological Association, San Diego, California.

Budge, S.L. & Fluckiger, C. (2010, June). *Comparison of Evidence-Based-Treatments versus Treatment as Usual: A meta-analysis*. Paper presented at the Annual Meeting for the Society for Psychotherapy Research, Asilomar, California.

Budge, S.L. & Howard, K.A.S. (2010, April). *Career decision-making in the transgender population: The role of barriers and discrimination*. Paper presented at the Annual Meeting for the American Educational Research Association, Denver, Colorado.

Budge, S.L., Solberg, V.S., Phelps, L.A., Haakenson, K., & Durham, J. (2010, April). *Promising practices for implementing Individualized Learning Plans: Perspectives of teachers, parents, and students*. Paper presented at the Annual Meeting for the American Educational Research Association, Denver, Colorado.

Solberg, V.S., Gresham, S.L., Phelps, L.A., & **Budge, S.L.** (2010, April). *Identifying decision-making patterns and its impact on career development and workforce readiness*. Paper presented at the Annual Meeting for the American Educational Research Association, Denver, Colorado.

Katz-Wise, S.L., **Budge, S.L.**, & Hyde, J.S. (2010, March). *Objectified body consciousness and the mother-adolescent relationship*. Poster presented at the Biennial Meeting for the Society for Research on Adolescence, Philadelphia, Pennsylvania.

Budge, S.L. & Katz-Wise, S.L. (2010, February). *Transition to adulthood: Developmental steps for transgender individuals*. Workshop presented at the Conference on Transgender and Gender Variant Youth, Madison, Wisconsin.

Budge, S.L. (2009, October). *Individualized Learning Plans: Parent, student, and educator focus groups*. Paper presented at the Fall Institute for the National Collaborative on Workforce and Disability/Youth, Charleston, South Carolina.

Budge, S. L., Tebbe, E. N., Katz-Wise, S. L., Schneider, C. L., & Howard, K. A. S. (2009, August). *Workplace transitions: Work experiences and the impact of transgender identity*. Paper presented at the Annual Meeting of the American Psychological Association, Toronto, Ontario, Canada.

Katz-Wise, S. L., **Budge, S. L.**, & Schneider, C. L. (2009, August). *Navigating the gender binary: A qualitative study of transgender identity development*. Paper presented at the Annual Meeting of the American Psychological Association, Toronto, Ontario, Canada.

Nelson, M. L., Thompson, M. N., Huffman, K. L., & **Budge, S. L.** (2009, August).

Development and further validation of the social class identity dissonance scale.
Paper presented at the Annual Meeting of the American Psychological Association, Toronto, Ontario, Canada.

Dvorscek, M., **Budge, S. L.**, Bluemner, J. L., & Valdez, C. R. (2009, August). *Health care provider perspectives on Latino patients with depression.* Poster presented at the Annual Meeting of the American Psychological Association, Toronto, Ontario, Canada.

Neumaier, E. R., **Budge, S. L.**, Bohlig, A. J., Doolin, E. M., & Nelson, M. L. (2009, August). *I feel masculine but they think I'm feminine: Toward measuring experienced gender role.* Poster presented at the Annual Meeting of the American Psychological Association during the Division 17 Social Hour, Toronto, Ontario, Canada.

Doolin, E. M., Graham, S. R., Hoyt, W. T., **Budge, S. L.**, & Bohlig, A. J. (2009, January). *Out and about in the South: Defining lesbian communities.* Poster presented at the National Multicultural Conference and Summit, New Orleans, LA.

Budge, S. L., Tebbe, E. N. & Howard, K. A. S. (2009, January) *Transgender individuals' work experiences: Perceived barriers, discrimination, and self Efficacy.* Paper presented at the Annual Meeting of the Career Conference, Madison, WI.

Howard, K. A. S., **Budge, S. L.**, Jones, J., & Higgins, K. (2009, January). *Future plans of urban youth: A qualitative analysis of influences, barriers, & coping strategies.* Paper presented at the Annual Meeting of the Career Conference, Madison, WI.

Budge, S. L., Schneider, C., Rodriguez, A., Katz-Wise, S., Tebbe, E., & Valdez, C. (2008, August). *The emotional roller coaster: Transgender experiences of positive and negative emotions.* Poster presented at the Annual Meeting of the American Psychological Association, Boston, MA.

Nelson, M. L., Huffman, K. & **Budge, S. L.**, (2008, August). *Initial validation of the Social Class Identity Dissonance Scale.* Poster presented at the Annual Meeting of the American Psychological Association, Boston, MA.

Budge, S. L., Schneider, C., Rodriguez, A., & Howard, K. A. S. (2008, January) *What about the "T"?: Career counseling with transgender populations.* Paper presented at the Annual Meeting of the Career Conference, Madison, WI.

Howard, K. A. S., McKay, K. M., & **Budge, S. L.** (2007, August) *Adolescents' use of SOC strategies: The interaction with low-income and high violence contexts.* Poster presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.

Budge, S. L. & Sherry, A. (2007, August) *The influence of gender role on sexual compliance: A preliminary investigation of LGB relationships*. Poster presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.

Howard, K. A. S., Solberg, V. S., & **Budge, S. L.** (2007, August). *Designing culturally responsive school counseling career development programming for youth*. Paper presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.

Howard, K. A. S., Jones, J. E., **Budge, S.**, Gutierrez, B., Lemke, N., Owen, A., & Higgins, K. (2007, April). *Academic and Career Goals of High School Youth: Processes and Challenges*. Paper presented at the Annual Meeting of the American Educational Research Association, Chicago, IL.

RESEARCH BRIEFINGS

National

Budge, S.L., & Solberg, V.S., (2010, March) *Career exploration and the use of career narrative data for high school students' career exploration processes: A United States Sample*. Research briefing presented at the Department of Labor, Washington, D.C.

Budge, S.L., Solberg, V.S., & Phelps., A.L. (2010, March) *Individualized Learning Plans within a community-oriented approach: The usefulness of focus group data with parents, teachers, and students*. Research briefing presented at the Department of Labor, Washington, D.C.

International

Budge, S.L., & Solberg, V.S., (2010, February) *A three-tiered approach to analyze the career decision making processes using focus group data with Singaporean parents, students, and staff*. Research briefing presented at the Ministry of Education, Singapore.

Budge, S.L., & Solberg, V.S., (2010, February) *Use of narrative analysis for high school students' career exploration processes: A Singapore Sample*. Research briefing presented at the Ministry of Education, Singapore.

EDITORIAL RESPONSIBILITIES

Editorial Board: Psychotherapy

Ad Hoc Reviewer: Journal of Counseling Psychology

Ad Hoc Reviewer: Feminism and Psychology

Ad Hoc Reviewer: Routledge Publishers

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

American Psychological Association (APA)

Society of Counseling Psychology (Division 17)

Society for the Psychology of Women (Division 35)

Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues (Division 44)

Minnesota Psychological Association (MPA)

Society for the Psychological Study of Social Issues (SPSSI)

TEACHING AND INSTRUCTION

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| 1/2010-5/2010 | Co-Instructor, Adult Personality Assessment, University of Wisconsin—Madison. |
| 1/2009-5/2009 | Teaching Assistant, Interviewing Skills, University of Wisconsin—Madison. |
| 6/2008-7/2009 | Teaching Assistant, Research Methods, University of Wisconsin—Madison |
| 8/2006-5/2007 | Teaching Assistant, First Year Experience, University of Wisconsin—Madison. |
| 8/2005-12/2005 | Teaching Assistant, Introduction to Psychology, University of Texas at Austin. |
| 9/2001-12/2002 | Debate Coach, Cobble Hill High School, New York Urban Debate League (NYUDL). |

WORKSHOPS/TRAININGS PROVIDED

- 10/2011 Will provide a training on stress and anxiety to LGBTQ students for the Center for Health Promotion and Prevention Science at the University of Louisville
- 8/2010-8/2011 GLBTA office liaison from the University Counseling and Consulting Services at the University of Minnesota-Twin Cities.
- 4/2011 Facilitated a 3-hour training to counseling psychology students at the University of Minnesota on how to work clinically with LGBTQ populations
- 1/2011 Provided a 2-hour long training to the psychological staff at the University Counseling and Consulting Services regarding how to conduct trans-positive therapy with transgender clients.
- 10/2010 Facilitated a 2-hour social justice training based on the film "Diagnosing Difference," regarding DSM-IV diagnoses of Gender Identity Disorder.
- 10/2010 Facilitated a 1 ½ hour training for a Career Counseling course at the University of Minnesota-Twin Cities on how to work with transgender individuals in career counseling.
- 9/2010 Facilitated a 2-hour training on conducting intake interviews for first year PhD practicum students at the University Counseling and Consulting Services at the University of Minnesota-Twin Cities.
- 3/2010 Facilitator of an inservice training for pre-doctoral interns completing their internship at the Wisconsin Internship Consortium.
- 11/2008 Co-facilitator for Diversity Dialogues, Madison, Wisconsin.
- 11/2008 Co-Facilitator for LGBT Brownbag for the department of counseling psychology at the University of Wisconsin-Madison
- 11/2008 Guest Speaker for LGBT Support Group, Counseling and Consultation Services, University of Wisconsin-Madison,

AWARDS

- 7/2010 Society for Counseling Psychology--Division 17 LGBT Outstanding Graduate Student Award for community contributions with the LGBT population during my doctoral program.
- 7/2010 Society for Vocational Psychology/ACT Graduate Student Research Award, \$500.00 for career research regarding transgender individuals.
- 6/2010 Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues—Division 44: Transgender Research Award, \$500.00 for dissertation research.
- 2/2010 John W. M. Rothney Memorial Research Award, \$150.00.
- 8/2009 Outstanding Student Poster Award, APA Convention 2009.
- 8/2011 APA Student Travel Award, \$300.00.
8/2010
8/2009
8/2008

CONFERENCES ORGANIZED

- 8/2010-2/2011 Co-Coordinator for the Big 10 College Counseling Center Conference, Minneapolis, Minnesota. Chair: Glenn Hirsch, Ph.D.

Responsibilities: Attended weekly meetings for a planning committee to coordinate a conference regarding issues related to college counseling centers and counseling college students. Provided ideas for funding and programming. Provided support with logistics of the conference, such as setting up rooms and directing attendees to programming.

- 9/2009-2/2010 Co-Coordinator for the Transgender and Gender Non-Conforming Youth Conference, Madison, Wisconsin, Chair: Jeannette Deloya, LCSW.

Responsibilities: Attended eight meetings for a planning committee to coordinate a conference about the concerns of transgender youth. Helped develop an agenda for the conference, planned speakers, coordinated a budget, and decided on special topics for the conference. Introduced the keynote speaker at the conference and provided project management during the day of the conference.

CLINICAL EXPERIENCES

5/2008-7/2010

Counseling Psychology Training Clinic, University of Wisconsin, Madison, Supervisor: Teresa Bear, Ph.D.

Responsibilities: Providing individual, group, and couples therapy to adults and children referred from the community, typically low-income or homeless individuals. Providing supervision to two first-year doctoral students seeing clients at the clinic. Participating in live observation and staffings at the end of each clinic day. Receiving one hour of individual supervision per week as well as one hour of supervision of supervision per week. Planned, recruited, developed, and co-facilitated a manualized 12-week interpersonal psychotherapy group for transgender individuals with depression. Conducted learning disability assessments to college students using the Wechsler Adult Intelligence Scale, 4th Edition (WAIS, IV), Wechsler Memory Scale, 3rd Edition (WMS—III), and the Wide Range Achievement Test, 3rd Edition (WRAT). Conducted gifted assessments on children using the Wechsler Intelligence Scale for Children, 4th Edition (WISC-IV) and the WRAT. Supervised doctoral students completing these assessments as part of their practicum experience.

9/2008-5/2009

Mendota Mental Health Institute, Adolescent Male Treatment Unit Supervisor: Dawn Laurent, Psy.D.

Responsibilities: Conducted intakes and provided individual, group, and family therapy for male adolescents on an inpatient unit at a psychiatric hospital. Individual therapy included conducting interpersonal, feminist, and cognitive-behavioral interventions, typically lasting 2 weeks to 12 weeks. Group therapy consisted of co-facilitating three groups: team-building, art therapy, and a community group; because of the inpatient setting, these groups lasted for the duration of the practicum, but typically included seven to fourteen clients per group. Family therapy consisted of meeting with the families one or two times while the client was on the inpatient unit, typically addressing the client's presenting concern and how the family could support the adolescent through the time of crisis. Completed 25 test batteries, each of which included a cognitive assessment (e.g., WISC-IV, WASI), personality assessments (e.g. MMPI-A, PIY), symptom inventories (e.g., BDI, BIA), projective tests (e.g., TAT, sentence completion, House-Tree-Person), behavioral observations, clinical interviews, parental interviews, and interviews with milieu staff. Received weekly individual supervision.

8/2007-5/2008

Counseling and Consultation Services, University Health Services, University of Wisconsin-Madison, Individual Supervisor: Melissa Roffman, Ph.D., Group Supervisors: Dennis Christopherson, Psy.D., Amanda Ngola, LCSW

Responsibilities: Provided individual therapy for undergraduate and graduate students. Focused on developing an interpersonal feminist orientation with clients as well as specializing with clients who identified as gay, lesbian, bisexual, or transgender. Received individual supervision twice weekly for one hour as well as group supervision once weekly. Participated in a weekly in-service training that included topics such as case conceptualization within our theoretical orientations, eating disorders,

psychopharmacology, sexual assault, alcohol or other drug abuse issues, amongst other topics.

6/2007-8/2007

Assessment Practicum, Department of Psychology,
Supervisor: Helen Orvaschel, Ph.D.

Responsibilities: Conducted 100 diagnostic semi-structured interviews using the Kiddie-Schedule for Affective Disorders and Schizophrenia for School Aged Children (K-SADS), 50 of which were with 15-year-old adolescent boys and girls and the other 50 were conducted with mothers and fathers of the adolescents. The K-SADS would take approximately 20 minutes to administer to individuals who were not experiencing any psychological distress or symptomatology; for adolescents who were experiencing symptoms/distress, the interviews would last approximately 40-90 minutes. The diagnostic interviews were conducted as part of a research project for the Wisconsin Study of Families and Work.

8/2006-8/2008

Center for Tobacco Research and Intervention, University of
Wisconsin-Madison, Supervisor: Doug Jorenby, Ph.D.

Responsibilities: Conducted 230 diagnostic interviews using the World Mental Health Composite Diagnostic Interview (CIDI). The CIDI takes a minimum of 45 minutes to conduct and can take up to 6 hours to complete. It was given to adults who were participating in a three-year double blind research trial for individuals who were interested in smoking cessation. Provided weekly cognitive-behavioral group therapy for 43 weeks for individuals who were in the process of quitting smoking. Received weekly individual supervision.

PROVISION OF PSYCHOTHERAPY SUPERVISION

8/2010-5/2011

University Counseling and Consulting Services, University of
Minnesota, Supervisor: Sarra Beckham-Chasnoff

Responsibilities: Providing weekly supervision to two second-year doctoral students providing weekly individual therapy to clients at UCCS. Supervision involves watching live therapy sessions, reviewing the DVD's of the therapy sessions, discussing case conceptualization and professional development. Provided weekly supervision to four second-year doctoral students in a group format. Received weekly supervision of supervision.

8/2009-8/2010

Counseling and Psychological Training Center, University of
Wisconsin-Madison, Supervisor: Nicolle Levy, Ph.D.

Responsibilities: Providing weekly supervision to two first-year doctoral students providing weekly individual therapy to clients at the CPTC. Supervision involves

watching live therapy sessions, reviewing the DVD's of the therapy sessions, discussing case conceptualization and professional development. Received weekly supervision of supervision.

1/2009-12/2009

Counseling Psychology Supervision Practicum, University of Wisconsin-Madison, Supervisor: Teresa Bear, Ph.D.

Responsibilities: Provided weekly individual supervision to two first year master's students during the Spring 2009 semester. Watched their sessions weekly on a DVD as well as engaged in live supervision through a one-way mirror. Received weekly two-hour supervision of supervision. In the Fall 2009 semester, provided five supervision sessions to two individuals in their first semester in the master's program. This included live supervision and reviewing their DVDs during the individual supervision process.