

STAR D QIDS-C₁₆ ANSWER SHEET

 update

QC
Patient ID Date / /

MM

DD

YYYY

Level Week in level **5. Mood (Sad):**

- 0 Does not feel sad.
- 1 Feels sad less than half the time.
- 2 Feels sad more than half the time.
- 3 Feels intensely sad virtually all of the time.

Rate either 6 or 7 (not both)**6. Appetite (Decreased):**

- 0 No change from usual appetite.
- 1 Eats somewhat less often and/or lesser amounts than usual.
- 2 Eats much less than usual and only with personal effort.
- 3 Eats rarely within a 24-hour period, and only with extreme personal effort or with persuasion by others.

- OR -**7. Appetite(Increased):**

- 0 No change from usual appetite.
- 1 More frequently feels a need to eat than usual.
- 2 Regularly eats more often and/or greater amounts than usual.
- 3 Feels driven to overeat at and between meals.

Rate either 8 or 9 (not both)**8. Weight (Decrease) Within the Last Two Weeks:**

- 0 Has experienced no weight change.
- 1 Feels as if some slight weight loss has occurred.
- 2 Has lost 2 pounds or more.
- 3 Has lost 5 pounds or more.

- OR -**9. Weight (Increase) Within the Last Two Weeks:**

- 0 Has experienced no weight change.
- 1 Feels as if some slight weight gain has occurred.
- 2 Has gained 2 pounds or more.
- 3 Has gained 5 pounds or more.

Enter the highest score on any 1 of the 4 appetite/weight change items (6-9 above):

 0 1 2 3

+ item 5 = page total

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Week in level

15. Psychomotor Slowing:

- 0 Normal speed of thinking, gesturing, and speaking.
- 1 Patient notes slowed thinking, and voice modulation is reduced.
- 2 Takes several seconds to respond to most questions; reports slowed thinking.
- 3 Is largely unresponsive to most questions without strong encouragement.

16. Psychomotor Agitation:

- 0 No increased speed or disorganization in thinking or gesturing.
- 1 Fidgets, wrings hands, and shifts positions often.
- 2 Describes impulse to move about and displays motor restlessness.
- 3 Unable to stay seated. Paces about with or without permission.

Enter the highest score of either of the 2 psychomotor items (15 or 16 above):

- 0
- 1
- 2
- 3

= page total

17. QIDS-C₁₆ = sum of page totals (range: 0-27)