

CARDSfit

Family Development and Community Awareness Month



If your clothes are on fire...

Stop, Drop and Roll

Have an emergency escape plan that the whole family knows!

Install smoke alarms in your home on every level and in every sleeping area!

- Test them once a month
- Replace the batteries at least twice a year
- Replace alarms every 10 years



Community Service
Community Service

If you are ever in a fire, it is important to get out fast and stay calm! Never hide or take time to gather your belongings.