Sexually Transmitted Infection: Prevention, Evaluation and Treatment

Sexually Transmitted Infections (STIs, also called STDs-sexually transmitted diseases) are infections that are passed from one person to another by sexual or close bodily contact (including oral and genital without intercourse.) STIs can cause both short and long-term harm, including fertility problems, cancer and AIDS. STIs do not always show symptoms. Anyone having sexual, oral, genital contact is at risk and should get tested. *Early diagnosis and treatment offers the best chance for curing and/or managing the disease and preventing spread to others.

*CDC recommends that everyone age 13-65 should be tested annually for HIV which is now considered a chronic condition. More information at: <u>http://www.cdc.gov/hiv/topics/testing</u>

On-Campus Options

- Cardinal Station Center 852-6479
- Health Science Campus 852-6446
- Testing available for all STI's, including HIV during regular clinic hours. *Call for appointment and pricing information for specific tests.*
- Free HIV and Syphilis Testing & Counseling is available each Wednesday from 11 a.m. 1 p.m. in the Health Promotion office in the Student Services Annex Building on Belknap Campus. More info at: <u>louisville.edu/campushealth/files/free-hiv-syphilis-testing/</u>

Other services include:

- Free condoms in waiting rooms. Non-latex and female condoms available upon request.
- **HPV Vaccine (Gardasil)** available by prescription. Check with your insurance plan re: coverage for vaccine. If not covered, ask us for information about how to get Gardasil FREE from Merck Pharmaceutical Assistance Program. Call to schedule your appointments to receive three injections over 6 months.
- **Pap Testing**. Call for appointment. You may discuss STI concerns and birth control options with a Sexual Health Advisor or your Provider.
- Emergency Contraception (EC, Plan B) available during regular hours. Call for same-day appointment OR purchase "just in case." When you receive EC, discuss with your Provider or Health Educator a plan for STI testing and birth control options.
- Sexual Health Advisors provide free, confidential assistance with making decisions about all your sexual health questions, including: intimate relationships, what to expect in pap exam, birth control, EC, STI's. Call to make an appointment (852-5429).

Off-Campus Options

Specialty Clinic - Metro Louisville Public Health and Wellness:

Telephone: (502) 574-6699 850 Barret Avenue, suite 301 web: <u>http://www.louisvilleky.gov/Health/Clinics/SpecialtyClinic.htm</u>

Test, diagnose and treat sexually transmitted diseases including: syphilis, gonorrhea, chlamydia, genital warts, and HIV. HIV blood testing available. Patients are seen for STI exams and HIV testing on a walk-in basis. **First come-first served**. Early arrival means you'll be more likely to be seen. Free condoms.

Planned Parenthood of Louisville:

Telephone: (502) 584-2471 1025 S. 2nd Street web: Provides testing and treatment for chlamydia, gonorrhea, genital warts, and herpes. HIV testing NOT available. Birth control, condoms and EC are available. *Call to schedule an appointment. Ask about fee and payment options or visit website.*

Family Health Centers and Park DuValle Health Center

If you are an established patient, you may access STI testing, counseling and free condoms at:

- Iroquois Family Health Center, (502) 366-4747
- East Broadway Family Health Center, (502) 593-1981
- Park Duvalle Health Center, (502) 584-2992

More Resources for Testing and Information

- Louisville Metro Department of Public Health and Wellness HIV Prevention Services (502)574-5600
- Volunteers of America STOP Program. Free OraQuick HIV testing. Call for an appointment: (502) 574-5373. Web: <u>http://www.louisvilleky.gov/Health/hivprevention.htm</u>
- <u>www.friendtofriend.org</u>
- www.hivtest.org
- <u>www.whospositive.org</u>
- <u>www.stopthespreadonline.org</u>
- <u>www.cdc.gov/nip/vaccine/hpv/hpv-faqs.htm</u> HPV Information
- <u>www.cdcnpin.org</u> CDC National Prevention Information Network: information on ALL STIs
- CDC National Phone Hotline 1-800-342-AIDS or En Espanol? 1-800-344-SIDA
 Open 24-hours, 7 days a week, this hotline is answered by trained counselors who provide information on sexually transmitted diseases (STDs), such as chlamydia, gonorrhea, HPV/genital warts, herpes, and HIV/AIDS, and referrals to local clinics.